



2025 Senior Camp Family Handbook

FOR CURRENT GRADES 8 – 9



Directors

Carolyn and Jed Dorfman

Contact Camp

Sept. 1 – May 31: 914-948-9151

June 1 – Aug. 31: 603-764-5521

cww@campwalt.com

campwalt.com

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Summer 2025 Calendar

Date	Action/Event
Thursday, May 1	All Forms Must Be Submitted
Wednesday, June 25	First Day of Camp
Saturday, July 19	Visiting Day
Sunday, August 10	Last Day of Camp



Required Forms

Forms will be available in CampInTouch in February. At that time, we will send you an email detailing how to complete the forms.



Camper Biography

The Camper Biography is most important to us and is reviewed by Jed and Carolyn as well as your child's counselors and Unit Leader. It enables us to know as much as possible about each camper before they arrive at camp and helps us to provide each child with the best possible summer. Please include any information that you think would be important to ensure your child's success and happiness at camp.

We do not keep the biographies from year to year because children and circumstances change. Please complete this form each year so we have the most updated information on your child.

Transportation Form

Please fill out the transportation form for your camper's travel to and from camp.

Health Forms

The required health forms include:

- Camper Health History form
- Camper Medical form
- Immunization and Parent Authorization/Medical Insurance Card forms

Behavior Contract

We ask that parents sit down with their senior camper and review each piece of the Senior Camp Behavior Contract (see page 28). While all of the values and rules of CWW still apply in Senior Camp, we believe it is appropriate to review and lay out these rules with older campers.

Camper Travel To & From Camp

Please fill out the online transportation form for your camper's travel to and from camp **by May 1**.

Charter Buses

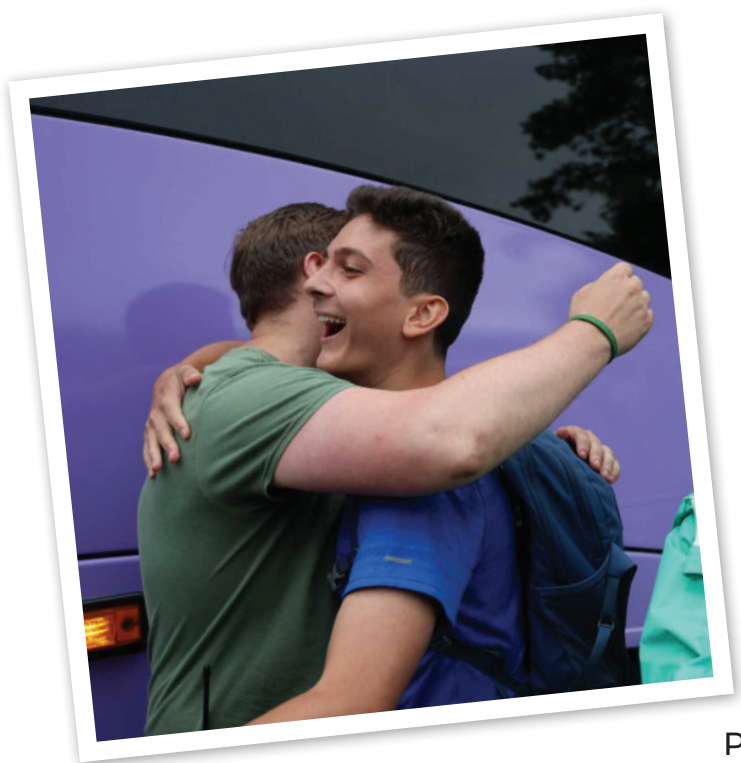
Campers travel to and from camp on chartered coach buses. There is no additional transportation charge. Buses leave from:

- New York: The Centre at Purchase, Manhattanville Road, Purchase, NY
- Connecticut: McDonald's in Fairfield, CT on Route 195
- Massachusetts: McDonald's in Lexington, MA on Route 128 Northbound

You will receive the departure schedule in June. Experienced counselors and leadership staff ride the buses to make the trip fun, introduce new campers, play games and prepare everyone for a comfortable arrival at camp.

Camper Pick-Up

If you would like to pick up your child on Sunday, August 10, please plan on arriving between 9:45 – 10:30 a.m. Our charter buses will block entry to camp until 9:30 a.m. We do not have adequate supervision available for children after 10:30 a.m.



Air Travel



We offer chaperoned flights from Southern Florida, Los Angeles, CA, the DC Metro area and Austin, TX.

For campers flying on chaperoned flights:

Atlas Travel will be coordinating our chaperoned flights. Please complete our transportation form located in CampInTouch and contact Tara Vaz at 508-488-1196 or tara.vaz@atlastravel.com. These flights must be purchased through Atlas Travel.

For campers flying on non-chaperoned flights:

If your child is arriving/departing to/from a location not mentioned, reserve flights scheduled to arrive at Logan Airport in Boston, MA or Manchester Regional Airport in Manchester, NH on **June 25 between 1 – 3 p.m.** and that depart Logan or Manchester on **August 10 between 2 – 4 p.m.**

CWW representatives will greet arriving campers at the airport and escort them to the airport for their departing flights. Please check with our office before any flight reservations are made.

Because of space limitations, the logistics involved and airport regulations, we require that duffels be shipped directly to and from camp. Only a small travel bag or backpack can be taken on the camp airport shuttle vans. Bags must be shipped to and from camp using R&B Camp Baggage or Ship Camps.

Baggage Information



All duffels must be shipped to and from camp regardless of whether your camper is flying to camp or arriving on our buses and must be delivered to camp prior to camper arrival.

R&B Camp Baggage

603-536-2197 | info@rbcampbaggage.com
rbcampbaggage.com

R&B Camp Baggage will ship our campers' duffels to and from camp. They have consistently provided Walt Whitman families with prompt, efficient and courteous service. Please note the following regarding R&B:

- Please register and pay online at rbcampbaggage.com
- To qualify for early registration, and to be assured of service, you must enroll prior to May 1.
- Baggage tags and instructions will be sent soon after you sign-up. You will receive your final pickup date and time confirmation around June 1 through R&B's portal. Pickup dates by area will be posted on the R&B website.

Ship Camps

855-540-2267
customersupport@shipcamps.com
shipcamps.com/campwaltwhitman

For those families that cannot be serviced by R&B Baggage (primarily families west of the Mississippi), Ship Camps can help you get your camper's bags to/from camp this summer. They have a deep discount with all of the major shipping companies such as FedEx and UPS.

Baggage Transportation By Bus Not Available Departure Day

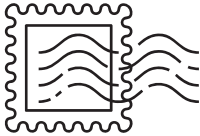
PLEASE NOTE: For the return trip home on Sunday, August 10, we **will not accept** requests to transport baggage under the bus so that it can be available sooner for post-camp travel. Space under the bus is limited and it is impractical to load luggage while preparing for camper departure. Please plan ahead.



Correspondence To & From Camp

Mail to Camp

Camper mail should be addressed to:



Camper Name (Cabin Number*)
Camp Walt Whitman
1000 Cape Moonshine Road
Piermont, NH 03779

*Cabin number will be sent to families on the first day of camp.

Remember, just as parents look forward to getting letters, campers eagerly await their mail. It is especially important that campers receive mail in the first few days of camp.



Mail Home

While campers love receiving letters, they often “forget” or are “too busy” to write home. This is especially true of our oldest campers. We will remind our campers that this is a responsibility they have to their parents and will do our very best to have them write home during the summer. Mail will usually take 3 to 4 days to reach you from camp.

E-Mail

Our e-mail system provides parents the opportunity to send electronic mail to their child. As you might imagine, the volume of email we receive is enormous. While emails are great, campers love receiving “real mail”.

Daily Updates

To keep you posted with all that’s going on at camp, we will regularly update our website, **campwalt.com** and the Campanion app. Updates will include the Walt Street Journal (our daily newspaper) and announcements of special events, trips, and photos.

Telephone Procedure



Telephone calls are not necessary or encouraged. Letters are the best way to communicate. Campers look forward to receiving them each day and reread them often. However, to accommodate campers and parents who need to touch base by phone, we ask you to adhere to the following procedures:

- 1. Phone Calls:** In order to allow the most flexibility within their schedules, senior campers will be scheduled for (3) weekend time periods prior to the start of camp to conduct their phone calls. These calls will be scheduled in 90-minute blocks. Please expect the call sometime within that 90-minute window, not at a specific time. You will receive further information with exact dates and timing in late Spring.
- 2. Time Limit:** All phone calls are limited to 10 minutes. While there is often lots to say, we must be considerate of other campers and parents who are eager to speak with each other.
- 3. Frequency of Calls:** Campers and parents can speak up to 3 times over the 7 weeks of camp. More frequent telephone contact would disrupt campers and their summer experience.
- 4. Emergencies or Special Situations:** If an emergency or special situation necessitates an immediate call, please call and speak with our Summer Office Manager, or if after office hours, leave a message. After 9 p.m., our lines are answered by voicemail and will be checked regularly until midnight by the Senior On Duty. Please do not call after 9 p.m. unless there is a true emergency.
- 5. Birthday Phone Calls:** If your camper has a birthday during the summer, please call our office in advance to set up a special birthday phone call.
- 6. Calls on Trips:** Campers are not allowed to call from pay phones or staff cell phones when on trips outside of camp unless it is an emergency.

‘No Package’ Policy

Of course, if there are any essential items that your child requires, you can email our Summer Office Manager, Bonnie Reeder (bonnie@campwalt.com), to let her know what the items are and when we should expect them. Any item that arrives other than a standard letter will be opened in our mailroom and only those items that have been pre-approved will be delivered to our campers. Any item that arrives without prior approval from our Office Manager will be held in our mailroom until Visiting Day or until the last day of camp.

Birthday Packages: Birthdays at camp are very special and we do allow birthday packages to be sent. Please address this package to: “Your Child’s Name” Attn: Summer Office Manager —Birthday and also email Bonnie (bonnie@campwalt.com) to alert her to its arrival.

Please note that **no food can be sent** and all packages will be opened to ensure this is followed. For this reason, we ask that you **do not wrap** any items. As a reminder, “bunk gifts” sent to each bunkmate are not allowed.

Electronics Policy

Electronic Games

Campers are prohibited from bringing electronic games to camp.

Cell Phones

Cell phones are not permitted at camp. We do not have cell service at camp so cell phones do not provide a reliable means of communication for campers and parents. Our policy regarding cell phones extends to trips out of camp. This is primarily a security concern for us as we do not want campers telling people outside of our camp community where they are and where they are going to be. We ask for your help in enforcing our camp cell phone policy.



Electronic Fans

Large box fans which plug into a wall outlet are not permitted.

Electric Toothbrushes

We do not recommend sending these and cannot be responsible if lost.

iPods And Other Music Playing Devices

We understand that many campers like to listen to music during the summer and want to make sure they can do so. At the same time, we feel it is essential to the camp experience that campers are not utilizing electronic devices at camp to play games, watch videos, chat with other devices, access social media, or spend time online. Therefore, we continue to have a strict policy about what is permitted and what is not permitted for campers to bring to camp. Any device that is equipped with a Wi-Fi connection, data connection, or has video playing capability is NOT allowed at camp. Here's what's permitted:

For families who utilize downloaded music:

- If you have previously purchased an iPod Shuffle or Nano without a video screen (or if you can still find one online), these are still great for camp.
- Alternatively, we suggest you consider buying a non-Apple MP3 player. This is a relatively inexpensive option and there are many devices available online.

For families who use Spotify or Amazon Music:

There are two products we recommend, both of which allow campers access to their Spotify and Amazon music playlist without an internet connection:

- **Mighty Vibe:** a small, screenless, music device that is water resistant and drop resistant.
- **Campfire Player:** a slightly more expensive device that was designed just for summer camp. This device has a small screen to help campers find their song or playlist, but the device has no apps, games, videos, social media, etc.

Both are great options. The only caveat is that due to music licensing, both will only store music for 30 days unless it is reconnected with your Spotify or Prime account. Therefore, we will open up our WiFi for parental use on visiting day so that this can be accommodated.



Health Information

We are fortunate to have a capable medical staff including a doctor, six nurses, one athletic trainer, and a health care assistant. They all work hard to provide excellent camper and staff medical care and to be responsive to parent inquiries and concerns.



Our sick call hours are from **8 – 9:30 a.m.** and then again from **6 – 7:30 p.m.** If a camper is feeling unwell, they should visit the Health Center during these hours so they can be seen by our doctor. Since our Health Center building is open 24/7, campers can also be seen at other times if necessary.

Communication about Health Issues

Serving our very active campers and staff is hard work. We understand the importance of keeping you informed about health issues affecting your child. Our medical staff follows the guidelines below and responds to you as quickly as time allows:

1. We generally will not contact you if your child is seen in the Health Center for routine problems, i.e. minor skin abrasions, headache, cold, etc.
2. If your child is put on antibiotics or kept in the Health Center overnight, a member of our staff will call you. The phone numbers you provide on your child's Health History Form will be used to contact you.
3. If your child has a medical emergency, we will contact you immediately by phone.

Required Health Forms

Please understand that we cannot permit a child to participate in activities unless we have received completed health forms, including a current health history and physician's examination on file at camp. This helps us to ensure the best quality health care and is for the well-being of your child.

☐ Camper Health History Form

Parents must complete and submit the online Health History form **by May 1**. The information required is essential to meeting the possible medical needs of your child. We are required to have this form updated and signed (electronically) every year.

☐ Camper Medical Form

This PDF form must be printed to be completed, signed by your child's physician, and then uploaded to CamplnTouch. The annual physical examination form generated by your pediatrician's office is also acceptable. Documentation of a physical exam performed after August 11, 2024 is required. **There is no need to send in an outdated form; if your child's check-up is late Spring, you may submit the paperwork after the visit to the doctor.**

☐ Immunization Form

This form must be printed, completed and then uploaded to CamplnTouch. Alternatively, we can also accept the immunization history form provided by your pediatrician's office.

☐ Parent Authorization & Insurance Card

This form must be printed, signed, and uploaded to CamplnTouch in order to authorize emergency treatment to your child. Copies of the front and back of your insurance card(s) should be attached. **Please remember to sign and date this form.**

Medical Charges

The camp tuition covers all standard medical services provided in camp. All medical bills from providers outside of camp will be sent directly to you by the provider to be paid by you or your health insurer.

Medications

Prescription and Non-Prescription Medications

In order to ensure that our medical staff administers all medication sent to camp in the safest, most efficient manner, we are again working with **CampMeds** to prepackage all camper medications. This helps to ensure that every camper gets the correct medication and dosage at the right time on the correct day.

All daily medications in pill form, whether prescription or over-the-counter, must go through CampMeds. Additional and more detailed information will be sent in a separate mailing soon. If a camper requires prescription medication from a pharmacy during the summer, the charge will be made to your medical insurance carrier. You will be billed for any deductibles greater than \$10.

If your child uses an inhaler or EpiPen, please send two; one for us to keep in the Health Center and one to go out on trips.
Over-the-Counter Medications

Our Health Center stocks basic over-the-counter antibiotics and drugs. The following is a partial list of items we stock in the Health Center. Please **do not send** any of these items with your camper:

- **First Aid:** Ace wraps or any type of band-aids, Bacitracin and/or any type of antibiotic ointment
- **Pain Medications/Muscle Relief/Anti-Nausea:** Ibuprofen and Acetaminophen (pills and liquid), Aleve, Midol, Mineral Ice, Dramamine
- **Cough/Cold:** Sudafed, Robitussin, Robitussin DM, Delsym, Cough drops, Chloraseptic, non-pseudo nasal decongestant
- **Allergy:** Claritin, Zyrtec, Benadryl (pills and liquid)
- **Creams/Lotions/Sprays:** Benadryl, Lotrimin Ultra, Calamine, Caladryl, Hydrocortisone 1%, Gold Bond, Athlete's Foot Cream and Spray, Aloe Gel Sunburn Cream.
- **GI Health:** Tums, Mylanta, Chewable Imodium, Lactaid, Fiber Pills, Metamucil
- **Eyes/Ears/Nose:** Visine, Clear Eyes, swimmer's ear drops, wax removal ear drops, saline spray
- **Asthma Medications:** Albuterol solution and nebulizer



Other Medical Concerns

Lyme Disease

All of us who live in the Northeast have a heightened concern and awareness of Lyme disease and other tick born illnesses. Our doctors and nurses are trained and educated on the symptoms, tests and medications for these diseases. We will contact you immediately should your child present any symptoms.

Head Lice

Head lice have reappeared over the past few years in schools and camps across the U.S. Self contained communities like camps are especially vulnerable and must be vigilant to control this problem. To combat lice, members of our staff trained by Lice Mamas LLC, headquartered in New York City, will check all campers on the first night of camp.

If any positive cases of lice are found, campers will be treated on-site. For campers who arrive with lice, the camper's parent will be billed \$250 for this treatment. We will begin treatment immediately so that campers can stay in their cabin on the first night of camp. During the last week of camp, all campers will be checked prior to departure day.. Any camper found to have lice will be treated at the camp's expense.

We are committed to doing all we can to keep lice out of our community. We encourage you to have your child checked for head lice by a school nurse or pediatrician prior to camp. If any sign of head lice is found, arrange for appropriate and immediate treatment well BEFORE your child leaves for camp and let us know that such treatment has taken place.

Eyeglasses

If your child wears eyeglasses, we strongly suggest that you send an extra pair to the Health Center where we will keep them until the end of the summer. The extra pair can be used if your child's glasses are lost or broken. If the extra pair is not needed, we will return them to your child on packing day.

Orthodonture

For campers arriving at camp with removable orthodontic appliances such as retainers or Invisalign, please discuss with your child the importance of properly caring for these products, especially if they must be removed when eating. While staff will do their best to provide campers with reminders, campers are responsible for the safekeeping of these items.

Supplemental Protein Snacks (Optional)

At CWW, we serve three meals plus three snacks each day. For almost all of our campers, this is more than enough. For campers who have medical reasons to supplement our standard meals and snacks with additional protein options, we are no longer accepting individualized snacks to be stored in our Health Center; instead these campers can participate in our Supplemental Protein Snacks program:



Campers signed up for the program will be offered one of the snacks listed below daily (if desired). For a camper to partake in this option, the cost is **\$300** and the Supplemental Protein Snack form needs to be completed in CamplnTouch by **May 1**.

We provide the following supplements through this program:

No Nuts Protein Bars (also Gluten Free)
Chocolate Chip, Blueberry and Vanilla,
Lemon Creme or Chocolate Caramel Mocha

Ensure Protein Shake
Chocolate, Vanilla or Strawberry

Boost Protein Shake
Chocolate, Vanilla or Strawberry

Owyn Protein Shake (also Plant based)
Chocolate or Vanilla

Clothing & Gear Packing List



Packing your teen for camp is quite a task. Space is limited—**please do not overpack!** Limit the number and variety of items your camper is bringing to camp. The list below includes items needed for daily camp life as well as hiking, biking, day and bus trips outside of CWW. Do not send expensive or sentimental items to camp as we cannot be responsible for their loss.

Clothing

- ☐ 2 CWW forest green tees (ordered through The Camp Spot)
- ☐ 1 pair hiking boots—please break in beforehand
- ☐ 1 water-repellant rain jacket
- ☐ 8 – 10 pairs shorts (at least 6 pairs athletic)
- ☐ 3 long-sleeved T-shirts
- ☐ 2 sweat shirts
- ☐ 1 fleece
- ☐ 10 T-shirts
- ☐ 2 “climate control” T-shirts (not cotton, i.e. Under Armour, Gore-tex, synthetic, breathable) for hiking
- ☐ 2 – 3 pairs long pants
- ☐ 2 – 3 pairs pajamas
- ☐ 12 pair underwear
- ☐ 12 pairs athletic socks (1 pair of hiking socks)
- ☐ 3 – 4 bathing suits*
- ☐ 2 pairs padded cycling shorts (required for bike trips)**

Toilet Articles

(label clearly with full name)

- ☐ Comb
- ☐ Brush
- ☐ Shampoo
- ☐ Conditioner
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Dental floss
- ☐ Liquid body soap
- ☐ Insect repellent
- ☐ Sunscreen
- ☐ Deodorant (older campers)

Other

- ☐ 1 pair slides/crocs for beach or pool only
- ☐ 2 pair sneakers
- ☐ 2 hats with brim
- ☐ 6 standard size thin/quick dry towels
- ☐ 4 washcloths
- ☐ 1 shower caddy
- ☐ 1 comforter or 3 cot-sized blankets
- ☐ 1 pillow with 2 pillowcases
- ☐ 4 twin or cot size sheets (2 flat & 2 fitted)
- ☐ 1 sleeping bag
- ☐ 1 flashlight or headlamp
- ☐ 1 liter water bottle
- ☐ 1 daypack
- ☐ 1 Crazy Creek chair
- ☐ Pre-addressed stamped envelopes

Sports Equipment

(label clearly with full name)

- ☐ Shin guards (suggested)
- ☐ Tennis racket (add full name on handle and cover)
- ☐ Soccer cleats (optional)
- ☐ Boys: protective cup (optional)
- ☐ Softball/Baseball glove (suggested)
- ☐ Swim goggles (optional)
- ☐ Lacrosse Stick (optional)
- ☐ Lacrosse Pads and Helmet (optional)
- ☐ 1 pair gloves: fingerless, padded riding gloves (suggested for bike trips)**

Optional

(Label clearly with full name on all optional items)

- ☐ Camera
- ☐ Fishing rod
- ☐ Books
- ☐ Musical instrument
- ☐ Sunglasses

*Bathing Suits

For girls: Bikinis are not allowed in camp.

However, one privilege of our senior campers is that we do allow them to wear bikinis, if they wish, on off-camp trips. For some campers, this will mean packing 1 or 2 bikinis in addition to their one-piece suits.



**Bike Trips

The following Items ARE provided for bike trips if necessary:



- Helmet: S.N.E.L.L. and/OR A.N.S.I. approved
- Rear rack
- Two water bottles and bottle cages
- Bike lock and cable
- Handlebar bag (for maps, camera, snacks, etc.)
- Spare tube(s) and patch kit

Purchasing Camp Clothing

The Camp Spot

To make camp clothes purchasing more convenient, The Camp Spot's full Camp Walt Whitman catalog can be accessed by going to **thecampspot.com**. From this page, in addition to accessing the clothing catalog, families can set up an appointment, order a Fit Kit (a convenient way to try on different sizes of clothing before placing your final order), print the packing list, or just start shopping. Please keep in mind that purchase of the listed clothing from The Camp Spot is strictly optional except for the two CWW forest green T shirts which are required and will be worn for intercamp sports and for trips out of camp.

Allow at least 3 weeks for fulfillment of your orders. **ORDER EARLY TO ENSURE ON-TIME DELIVERY.**

Name Tapes and Labels

All clothing and possessions, including sports and camping equipment and footwear, must be labeled with the camper's first and last name. Labeling clothes and personal items with initials or first names is not sufficient as many campers share initials and have the same first name. We recommend the following options:

- The Camp Spot: **thecampspot.com**
Our official camp supplier, also sells name tapes.
- Label Daddy: **labeldaddy.com/CWW**
Not only is their quality excellent, 25% of your purchase will be donated to Project Morry.

Our senior campers misplace clothing and equipment more than anyone. While the quality of Label Daddy is great, sometimes the labels fall off during the summer. If you are sending something of great importance to your child, please use a Sharpie (permanent ink) to label their full name.



Prohibited Items

Each camper is provided a cubby to store his/her belongings. Please do not send extra storage containers, including drawer units or under bed containers, as there is no space for these. We appreciate your understanding. Also, please do not send or allow your camper to bring a pocket knife or any weapons to camp.

Bedding

We offer summer rental of one pillow, two pillowcases, four sheets, three blankets (70% wool, 30% fiber), and four towels. If you would like to rent bedding, the rental fee is \$50. Please complete and return the online rental form. Note: most campers prefer to bring their own bedding as it is often a comfort from home.

Laundry

Laundry will be washed weekly in laundry bags provided by camp. Please remember, laundry is done by a commercial laundry service and expensive/fancy clothes are not appropriate or necessary for camp, nor can the laundry service be held responsible for them.

Camping Equipment

Hiking Boots

Hiking boots are required for all campers. They provide necessary ankle support and comfort. They can be purchased from any good outdoor equipment store and should be sized while wearing wool or dryfit socks. Recommended are boots with good ankle support, not the low fitting style.



Camping Gear

All campers hike one day per week and have the opportunity to choose to participate in 3-5 day hiking and biking trips which will require this gear. All campers will need at least one liter water bottle. They also should have at least two T-shirts made of synthetic material (such as used for sports wear—NOT cotton), a good quality rain jacket (NOT a poncho) preferably made of Gore-Tex or equivalent, and thick over-the-ankle hiking socks. A daypack (ex. school backpack) is also required. Mess kits are required for older campers.



Sleeping Bags and Sleeping Mats

We highly recommend that all campers bring a sleeping bag to camp. Even if your child does not participate on a traverse or bike trip, sleeping bags will be needed on their bus trip to Maine or Canada. While camp will provide campers in need with a sleeping bag, please note that these are communal sleeping bags that logistically cannot be cleaned after every usage.



Senior campers who anticipate participating in any of our overnight trips require a good quality sleeping bag that can go down to 30°F or below and pack to a small size. Closed-cell or inflatable (Therm-a-Rest) sleeping mats are also useful for older campers.

Frame Packs

Senior campers require a frame pack in order to participate in our overnight hiking program. Camp will provide a frame pack to any child who needs one. While our packs are high quality, many campers prefer to bring their own because of the increased comfort. The benefit to purchasing your own is that it can be individually fitted to your child's body and can grow with them over time. See our top picks below.



Our Recommendations

Daypacks

- Option 1: Utilize your child's school backpack
- Option 2: Osprey Daylite or Daylite Plus Daypack: \$66 (amazon.com)

Sleeping Bags

- Marmot Trestles 30°F: \$127 (amazon.com)
- Marmot Trestles 15°F: \$138 (amazon.com)

Frame Packs

- Teton Sports Ultralight backpack - Sports Hiker 3700 or Sports Mountain Adventurer 4000: \$78 – \$120 (amazon.com)
- Osprey Ace 50, Osprey Talon 40 or 44 or Osprey Kestral 38 or 48: \$150 – \$220 (osprey.com)

High quality, durable, adjustable pack for campers who will have longer term use.

Sleeping Mats

- Therm-a-Rest Prolite Plus Sleeping Pad: \$115 (backcountry.com)
- Therm-a-Rest Z Lite Sol Sleeping Pad: \$50 (amazon.com)

Mess Kit

- GSI Outdoors Cascadian 1-Person Table Set \$18 (amazon.com)

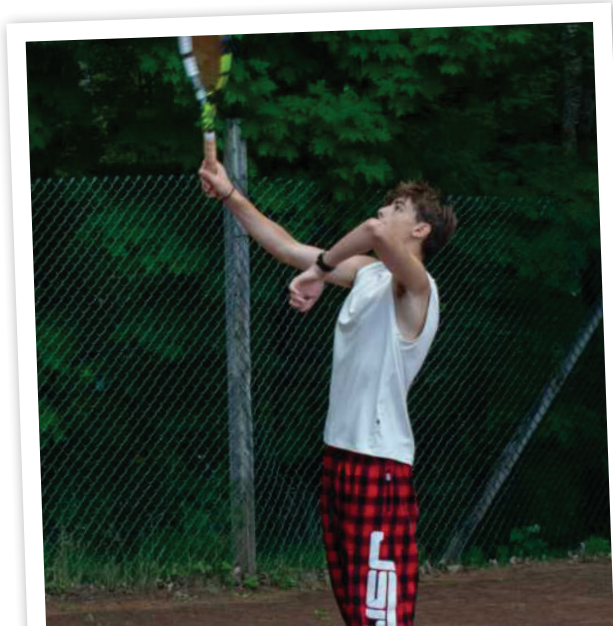
Optional Programs

Intensive Tennis

For campers who love tennis, we offer a special intensive tennis option. This program provides private and small group instruction. Participation is limited to truly committed tennis enthusiasts. Campers receive ten extra lessons over the course of the summer. For senior campers, this requires that they wake up one hour early (7 a.m.) before breakfast. It is important that both parents and campers are aware of this time expectation before signing up. For campers who participate in multi-day hiking or biking trips throughout the summer, we can accommodate missed intensives at other time slots.

The total cost for this program is **\$400**. Enroll in this program online by selecting it on your forms dashboard.

NOTE: Program space is limited. Spots are reserved on a first enrollment basis up to the maximum number we can accommodate by age.



Intensive Tennis Program		
Camper	Additional lessons	Cost
Full session	10	\$400

Intensive Waterski

All campers will participate in our regular waterski program; however senior campers may receive extra instruction by participating in our waterski specialty. The waterski specialty includes four additional 3-hour sessions of waterskiing. These sessions will be given by our own instructors and take place on Newfound Lake at Camp Wicosuta, a 30 minute drive from camp.

The cost for this program is \$200 per camper. Please complete the form online and return it to us by May 1. There is a limited enrollment space of 45 campers, and after May 1, we cannot guarantee a place in this program. Campers will be enrolled on a first-come first-served basis.

Note: Campers who register for this program may occasionally find that special activities and trips conflict with their lessons. We do our best to reschedule missed lessons, but please understand that this is not always possible, and a refund cannot be made for time missed due to alternate group scheduling, camper selection of another activity, elective intercamp games or weather.



Intensive Waterski Program		
Camper	Additional 3-hour lessons	Cost
Full session	4	\$200

Horseback Riding

Available for full and first session campers

Riding is an optional off-camp activity for campers who are passionate about horseback riding. It is held bi-weekly from 4 – 7 p.m. Campers will have a late dinner and then rejoin their cabin at their evening activity that is already in progress.

Every rider must bring with them to camp a riding helmet and riding boots or sturdy shoes with hard heels. Hiking boots with treads or sneakers are not permissible. The fee for 7 week campers is **\$300** (4 sessions).

The enrollment and release form must be completed online, and payment sent to us before May 1 to secure a place in the riding program. Space is limited, and places are reserved on a first enrollment basis.



NOTE: Special activities and trips may conflict with this program. While we will do our best to reschedule missed riding time, this is not always possible, and a refund cannot be made for missed time due to alternate group scheduling, camper selection of another activity, elective intercamp games or weather.

Horseback Riding

Camper	Sessions	Cost
Full session	4	\$300



Academic Tutoring

Available for all campers

We offer tutoring to any camper needing academic support or requiring remediation in English or mathematics. In addition to remediation in basic skills, we also offer a program for campers who need to work on their study/ research skills or who simply need to do review

work in a subject area to strengthen and prepare for the coming academic year.

We have several certified teachers on our staff to offer this program, and it will be scheduled to minimize any interference with regular camp programming. Our tutors will

be happy to speak with your child's school directly if needed.

If you would like to enroll your child, this form will be available in CampInTouch in March. For questions, please contact Stephanie Herr at our Winter office at 914-948-9151.

Trips (Off Camp)

Experience has proven that the more senior campers participate in CWW's trip program, the more they get out of the senior camp experience. The Senior Camp trip program includes three pieces:

- Overnight backpacking traverses (3-5 days) that require enrollment prior to camp.
- Overnight bike trips (4-5 days) that require enrollment prior to camp.
- The 5-day bus trips at the end of the summer to Maine or Canada.



Hiking

While our hiking and camping program has always been a major component of CWW, in Senior Camp, teens have the opportunity to take this program to another level and have more choices and opportunities than anyone else in camp. There are two types of hiking experiences in Senior Camp: day hikes and multi-day traverses.

Day Hikes

The Senior Camp Hike Day is every Tuesday. However, campers choose their hike in advance (on Saturday the week before) and generally pick between 2 – 3 different offerings. There are always choices that are less rigorous and choices that are more challenging. This allows the program to meet the campers where they are in regard to their interest in challenging themselves. While campers can choose which hike they would like to do and how much they would like to challenge themselves, hiking continues to be a required and integral piece to the CWW program for every camper.



Multi-Day Traverses

In addition to the weekly day hikes, the Senior Camp program offers 3 and 5 day optional traverses. Campers sign up for traverses prior to camp. Please review the options with your teen and sign up for the trip of their choice by completing the form in CamplnTouch. **Note: Each trip description lists its difficulty rating. A+ is the hardest with C being the easiest trip offered.**

Five-Day Traverses Available to Both First and Second Years:



Pemigewasset Watershed

A stunning 50+ mile traverse in the heart of the White Mountains. Day one is from Lincoln Woods on the Kankamagus Highway up to Mt. Liberty and Mt. Flume, and down to Liberty Springs campsite. Day two takes you over Franconia Ridge with its 360° views to Garfield. Day three to South Twin along the Appalachian Trail to Guyot Campsite. Day four is across to Zealand and into the Pemigewasset Wilderness to make a back-country campsite under the towering dome of Carrigan Mountain. Day five is up the Desolation Trail to Carrigan itself, then down to the road at Sawyers' River.

Destination: Pemigewasset		
Elevation Gain	Duration	Difficulty
15,710'	5 days	A

Mahoosuc Traverse

A two-state traverse! The first day takes you from Gorham to the beautiful Dream Lake and along the Mahoosuc Trail to Gentian Pond. The group will then follow the little known wilderness up in the Mahoosuc Range to Carlo Col on day two, and then day three to Gooseye Pond and Full Gose Campsite. Day four takes you through Mahoosuc Notch—perhaps the most difficult stretch of the 2,200 mile long Appalachian Trail—to Speck Pond. Day five the group moves on to Old Speck and finishes the traverse in beautiful Maine!

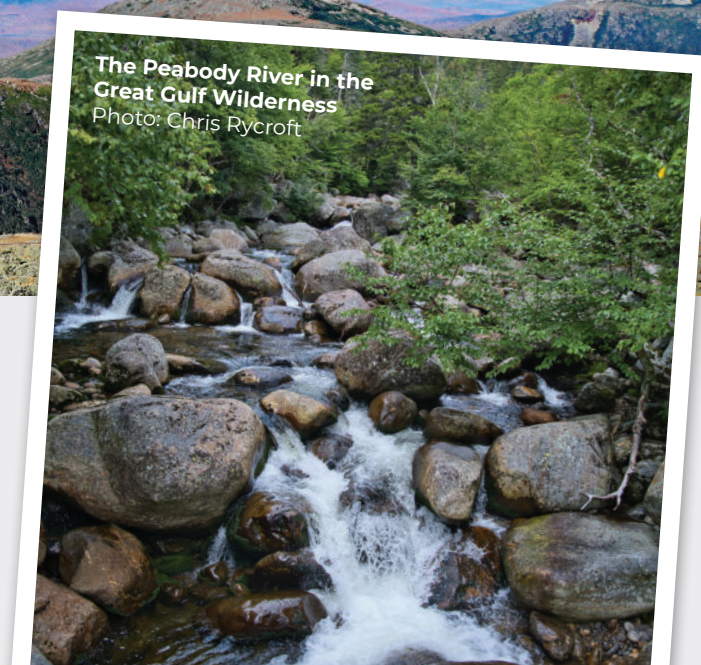
Destination: Mahoosuc Range		
Elevation Gain	Duration	Difficulty
12,430'	5 days	A



The White Mountains
Photo: Dennis Jarvis

Presidentials Traverse

For those that would like a five-day challenge but with the ease of basecamping. Day one is a nice 4.6- mile trek into a wilderness base-campsite in the Great Gulf, under the towering ramparts of Washington, Jefferson, and Adams. The following three days are all without the frame pack. Day hike to Washington along the unforgettable head-wall, day hike Jefferson up the Six Husbands Trail where snow and ice can still be found in the caves on the way, and finally day hike Madison and Adams past Madison Hut. The last day is simply a reverse of the first.



The Peabody River in the
Great Gulf Wilderness
Photo: Chris Rycroft

Destination: Great Gulf Wilderness		
Elevation Gain	Duration	Difficulty
5,825'	5 days	B

Three-Day Traverses Available to Both First and Second Years:



Twins and Bond Traverse

Perhaps the best three-day traverse in the White Mountains. If you missed this in Upper Camp, consider it. Day one is tough-from Twin Brook up to the summit of North Twin for lunch, you'll have amazing views of Mt. Washington. After lunch you'll traverse along the ridge to South Twin, and down an easy three miles to Guyot campsite and its wonderful spring water. Day two takes you over Mt. Bond to the Bond Cliffs for lunch, and the view here cannot be described. Then down to the Pemigewasset Wilderness and Franconia Brook campsite. Day three is a lazy morning by the river and a stroll out to Lincoln Woods.

Destination: Pemigewasset

Elevation Gain	Duration	Difficulty
8,540'	3 days	B+

Isolation Traverse

This is a traverse designed by a group of campers many years ago. Day one is a nice four-mile climb to a base camp along the beautiful Rocky Branch River. Day two is a short jaunt to Mount Isolation and 360° views of the Dry River Wilderness and the southern Presidentials. Or if you're up for you, the group could go crazy and summit Mt. Washington itself, but that would make an eighteen-mile day. Day three is a simple reverse of day one.

Destination: Mt. Isolation

Elevation Gain	Duration	Difficulty
3,240'	3 days	C+

Franconia Ridge

A really nice, somewhat challenging and very rewarding traverse. Essentially the first three days of the Franconia to Washington traverse, day one the group treks to the Liberty Springs campsite (2 miles) with an optional sunset trip to Mt. Liberty. Day two is an early start then across the legendary Franconia Ridge with 360° views all the way to Garfield campsite. Optional sunset (or sunrise on day three) to Garfield. Day three is an easy 4-5 miles down to Garfield Brook.

Franconia Ridge
Photo: Keith Burgie



Destination: Lincoln, Lafayette

Elevation Gain	Duration	Difficulty
4,280'	3 days	B



Franconia Ridge to Mt. Washington

An amazing traverse along the spine of the White Mountains. Day one is a short trek to the Liberty Springs campsite (2 miles) with an optional trip to Mt. Liberty where hikers can stare into the distance at their destination—Mt. Washington—40+ miles away. Day two is an early start across the legendary Franconia Ridge with 360° views all the way to Garfield campsite. Day three is a tough trek to the top of South Twin up a vertical mile to amazing views and then a relatively flat three miles to Guyot campsite and its legendary spring water. Day four takes you over to Zealand campsite and the A-Z trail, down to Crawford Notch, then up two more foot-hurting miles to Mitzpah and Neuman campsite. The last day is across the Southern Presidentials and Lakes of the Clouds, to Mt. Washington for a much deserved lunch. Hikers descend via Tuckerman's trail and Pinkham Notch.

Destination: Mt. Washington		
Elevation Gain	Duration	Difficulty
17,280'	5 days	A

AT Challenge

This is only for the super fit. Head out of camp at dawn day one, and see how far you can get along the Appalachian Trail to Mt. Washington in five days. At over 90 miles this is serious and only a group of three to six can be considered.



Destination: Somewhere out there		
Elevation Gain	Duration	Difficulty
26,680'	5 days	A+++

End of Summer Culminating Hikes

Campers must complete a traverse and participate in every "hard option" day hike.

Mountain Madness

This hike which takes place during the last week of camp can be a child's only traverse of the summer or can be added as a second traverse as it is only one night. About 22 miles in total, you will begin your adventure camping out at Dolly Copp campground near Pinkham Notch. You'll wake up before sunrise and drive to Gorham which will be your starting point to hike up Moriah and the Carters (South Carter, Middle Carter, Carter Dome). You'll descend into Carter Notch, up again to the Wildcat Ridge, and down to Pinkham Notch and Ellis Falls before returning to camp for some much needed rest.

Destination: Carter Mountains		
Elevation Gain	Duration	Difficulty
7,000'	1 day, 1 night	Madness

Insanity *Available for Second Years*

This capstone hike which takes place during the last week of camp can be a child's only traverse of the summer or can be added as a second traverse as it is only one night. Camp out in Crawford Notch, up at 3 a.m., hiking at 4 a.m., along the Crawford Path and Gulfside Trail bagging every Presidential Mountain in one day. 24 miles, and the equivalent height gain of Everest from basecamp. They said it could not be done, that this is impossible, especially for kids. But we do it, every year. Training is required throughout the summer.

Destination: All the Presidentials		
Elevation Gain	Duration	Difficulty
10,000'	1 day, 1 night	Insane

Bike Trips



Bike Trips require payment in advance and parents must sign their camper up BEFORE camp starts. You can find this form on your forms dashboard in your CampInTouch account.

For our senior campers, we offer the opportunity to participate in 5 or 6 day biking trips. Due to concerns for camper safety, only those campers who are strong bikers can participate.



Bike Maine: From Camp to the Sea

Campers finishing 8th grade

This trip from camp to the Maine Seacoast provides an opportunity for first year seniors to experience this exciting sport through rolling hills and backcountry roads. Mileage: 25 to 35 miles a day. Flat, moderate rolling hills with a few tough climbs. The cost of this trip is **\$500**.

Day 1: Monday morning and afternoon meet with trip leaders for a bike workshop, trip prep and local practice rides.

Day 2: Meredith: Get an early start for a great ride into Plymouth where the group can stop for a snack at the town bakery. Continue Southeast along the Pemigawasset River down to Ashland for a picnic lunch, then ride the final distance to Meredith and the campground.

Day 3: Wolfeboro: It is a fantastic ride—although a little hilly—to the shores of Lake Winnepesaukee at Weir's Beach. Play in the water, explore the pier, and then catch the ferry "Mt. Washington" across the lake to Wolfeboro. Cycle the last six miles to the Wolfeboro Campground.

Day 4: Sanford: This will prove to be your most challenging day as you pedal along the rolling hills that take the group across the border into Maine! You'll love riding on scenic route 109 to your destination east of Sanford.

Day 5: Wells Beach: From the moment you hop on your bike you can smell the salt air as you approach your final destination: WELLS BEACH. Plunge into the ocean and play in the surf before you board the CWW van and head back to camp in time for dinner.

Destination: Wells Beach, Maine Seacoast

Mileage per day	Duration	Cost
25 – 35	5 days	\$500

Bike Trips



Bike Vermont: From Camp to Burlington

Campers finishing 9th grade

Travel through the scenic back roads of Vermont passing through Montpelier, Stowe and on to Burlington. For the second year senior camper who wants a new and different challenge. Mileage: 25 to 35 miles a day. Moderate to hilly, with a challenging climb over Smuggler's Notch outside of Stowe. The cost of this trip is **\$500**.

Day 1: Sunday morning and afternoon you'll meet with trip leaders for a bike workshop, trip prep and local practice rides.

Day 2: Groton: Depart CWW and begin your journey West across the Connecticut River. Get ready to climb out of the lush river valley and cycle past Vermont's famous dairy farms toward our campground in Groton State Forest.

Day 3: Montpelier: After breakfasting on the delicacies of one of Vermont's classic country stores, you'll take an easy cruise along Rt. 302 to Montpelier. Believe it or not, this cute little town—with a population smaller than some apartment buildings in New York City—is the capitol of Vermont.

Day 4: Stowe: You'll love the flat valley terrain during the first half of the day up to Waterbury Center. After a feeding frenzy and tour at Ben & Jerry's Ice Cream Factory, we'll be ready for the climb to our campground at the base of Mt. Mansfield. Take a thrilling ride down the alpine slide or a quick jaunt over to the Von Trapp Family Lodge —founded by the same singing family from the movie Sound of Music.

Day 5: Underhill: The sense of accomplishment is overwhelming as you conquer the big climb up Smuggler's Notch and savor the long descent to the quiet town of Underhill. The campground is perfect for Ultimate Frisbee and other group games and has a pond for fast relief from the sun.

Day 6: Burlington: Complete your triumphant entry into Burlington where you will celebrate with a noontime feast, leaving time to explore this vibrant city. Return to CWW and share the memories of your journey.

Destination: Burlington, Vermont

Mileage per day	Duration	Cost
25 – 40	6 days	\$500

Bus Trips



Maine Seacoast Bus Tour

Campers finishing 8th grade

The total cost for this trip is **\$925** and will appear on your spring tuition statement. This includes all meals, lodging, admission fees and transportation by deluxe coach bus.

Day 1: First year Senior Campers and staff will depart camp by deluxe coach bus on Monday morning, July 28, for five days of fun enjoying the Maine Seacoast. The first stop is Bangor, ME where we set up camp in Bangor/Holden. Campers will then depart for Bar Harbor where they can explore the town before going to dinner.

Day 2: We head to Acadia National Park for a beautiful afternoon playing in the Atlantic Ocean at Sandy Beach. We will make a stop at Cadillac Mountain to enjoy the beautiful views of Acadia National Park. This is followed by a fun night of entertainment at the Great Maine Lumberjack Show.

Day 3: Wednesday morning we head to Thomas Point Beach Campground. We'll enjoy a day at Funtown Splashtown Water Park in Portland and then will spend the evening playing mini golf at Pirate's Cove.

Day 4: Campers will spend the morning at the Freeport Outlets before exploring downtown Portland. The day is highlighted by an unforgettable guided excursion into Casco Bay on lobster fishing boats! Campers have the opportunity to haul up traps or sit back and relax as we cruise near picturesque lighthouses, historic civil war forts and the "seal rocks". After the boat excursion campers explore downtown Portland again and get their fill of fresh, local sea-fare (and plenty of other options as well).

Day 5: On the final day of the trip, campers will enjoy the beach and the carnival rides at Old Orchard Beach where a panoramic view of the coast can be seen from the top of the Ferris wheel. Then it's back to camp to share the experience with everyone at our Monday meeting.

Destination: Old Orchard Beach, Maine Seacoast

Duration	Cost
5 days	\$925

Bus Trips



IMPORTANT! Passports Required:

All second year Senior Campers will be **required to bring their passports to camp** with them this summer.

We will store their passports in our camp safe and provide them to our Senior Camp Director for the trip. Each camper will have their passport returned to them on the last day of camp. Campers without passports will not be able to make this trip to Canada.



Montreal/Quebec City Bus Tour

Campers finishing 9th grade

The total cost of this trip is \$1,000 and will appear on your spring tuition statement. This includes all meals, lodging (two nights at a campsite and two nights at a hotel), tour guides, admissions fees, and transportation by deluxe coach bus. From all of the past trips to Canada, we know that this trip will be a wonderful experience for our campers culminating a terrific last summer at CWW before many of them become Walt Whitman CITs in 2026.

Days 1-2: On Monday morning, July 28, our second year Senior Campers will depart on an exciting five day trip to Canada. The first two days will be spent in historic Quebec City where campers will explore the sights and sounds of the oldest city in Canada. Campers will explore this historic walled city and discover all that makes it so special, including an evening ghost tour of the city; learning about the history of the city's founding days and the ghosts that the locals claim still roam the streets today. Campers and staff will camp at a beautiful campsite just outside the city limits while visiting Quebec City.

Day 3: On Wednesday morning, campers will pack up camp and head to Montreal, stopping for some wet and wild fun at Valcartier Water Park. Afterwards, campers will check into our hotel in Montreal before spending an evening dining in Old Montreal and exploring the cobblestone streets of this beautiful city.

Day 4: Thursday, our second year Senior Campers and staff will spend the morning in downtown Montreal, where they can visit the quaint shops and outdoor cafes, spend time at the Montreal Museum of Fine Arts, or relax in the park before heading to LaRonde Amusement park for an evening of rollercoaster riding and a spectacular fireworks show!

Day 5: On Friday, campers and staff will travel back to camp with lots of wonderful experiences and memories to share with our entire camp at our Monday Morning Camp Meeting.

Destination: Montreal, Quebec, Canada

Duration	Cost
5 days	\$1,000

Visiting Day: Saturday, July 19

Visiting Day starts at 10 a.m. on Saturday and ends at 4 p.m. Please understand that with the exception of second year senior campers, it is firm camp policy that campers may not leave the campgrounds during Visiting Day.

We try to make Visiting Day a relaxed family time together. We do not believe in “putting on a show” for parents but rather want our families to simply experience camp and enjoy being together.

Saturday morning is spent visiting, touring camp and meeting counselors and friends. After a buffet lunch on the front lawn, the afternoon offers the opportunity to participate in activities throughout camp together. Parents depart at 4 p.m.

No dogs allowed in camp on Visiting Day. We appreciate your understanding.

Parking

Our gates open for parking on Visiting Day at 9 a.m. All cars will be parked on the upper baseball field between 9 – 10 a.m. with only handicapped parking accessible in the main part of camp. Coffee and snacks are served between 9 – 10 a.m., at which time all parents will be permitted to walk the 2/10 mile into the center of camp. Since everyone will be parked in the same area no matter when they arrive—and permitted into camp at the same time—there is no need to rush to camp “to get an early place in line.”

Food

Because we know campers like to have parents bring favorite treats to camp and we do not want to police visitors, we do not have a policy which limits what parents bring in.

Unfortunately, many parents go to excess, often at the request of their child, and bring with them large amounts of candy, junk food, drinks and even “exotica” like pizza, Chinese food and bagels and lox. The unfortunate result is that



many campers wind up with stomachaches, resulting in an overworked nursing staff seeing campers at all hours of the night. We urge you to **limit what you bring into camp**. All food is removed from senior camp cabins within 24 hours of your departure. We do this out of concern for the health of our campers and camp community. As a reminder, camp is a nut-free community; please keep this in mind when bringing food into camp. *Second year senior camp families who take their camper out of camp on Visiting Day—these guidelines also apply to purchasing items at stores outside of camp. Please limit what you allow your camper to purchase and return with.*

Second Year Senior Campers

Second year senior campers—who have finished the ninth grade—**may leave camp with their parents on Saturday afternoon of Visiting Day at 1 p.m. and must return to camp by 10 p.m.**

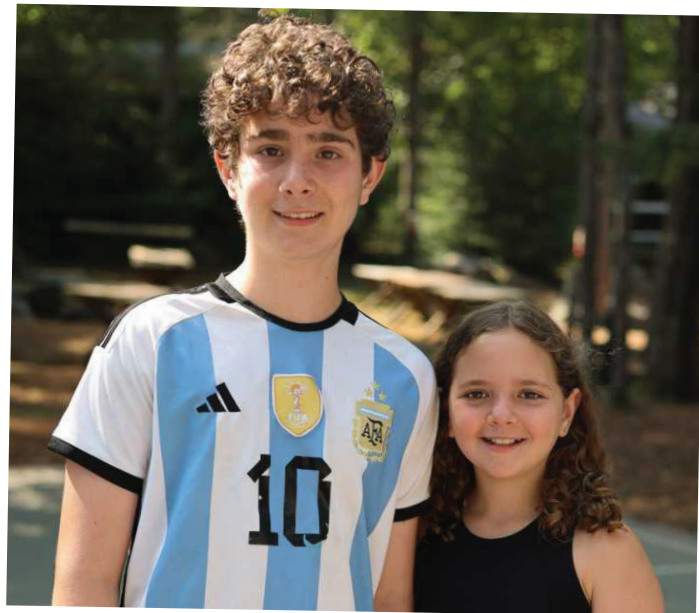
Before leaving, they must sign-out with the Senior Camp Director and sign-in at the office upon their return. This is a special privilege for second years only—younger siblings may not accompany their senior camper sibling out of camp. For families who prefer not to make a return drive to camp, we provide transportation for campers from Hanover back to camp. Our vans will depart Hanover at 9:15 p.m. from the CVS parking lot.

Annual CWW Sibling Sleepover

Friday night before Visiting Day, brothers and sisters entering 2nd, 3rd, or 4th grades in September 2025 are invited to sleep over at camp. They will enjoy a specially planned evening with lots of games and fun and will be able to spend some time with their sibling.

Because of space limitations and concerns for safety and supervision, we are sorry that we cannot invite former campers or siblings older than 4th grade to sleep over.

If your child would like to stay over with us, please complete the sibling sleepover form online by May 1.



Camper Bank

Campers have little or no use for money at camp. **When campers are on trips, camp pays all expenses including lodging, meals, excursions, snacks, etc.** However, given that senior campers have a number of trips outside of camp to go shopping or purchase souvenirs, we believe a reasonable perspective should be kept on camper spending away from camp. Therefore, we have built a “camper bank” payment into your invoice. All families will be invoiced the same amount of “camper bank,” and we will distribute this money to campers while they are on their trips. When not on trips, this money will be held in our safe. Any unused money will be returned to the child on the final day of camp.



Please avoid giving credit cards or cash directly to your child. We find often this is lost either on trips or at camp which causes stress. The amount allocated for each camper in their “camper bank” is sufficient as all trips costs are covered by camp.

The charge for senior campers is \$300 and is broken down as follows:

Canada or Maine Seacoast Trips: \$200

Although all expenses are paid on the five day Maine Seacoast and Quebec City/Montreal trips, campers like to have “extra” spending money for mementos; \$200 is more than enough.

Hanover: \$40

The Hanover trip to visit Dartmouth College is a trip all senior campers enjoy at the end of the summer.

Biking: \$60

Campers participating in five day bike trips like to have some “extra” spending money as well.

Other Important Information

How the Senior Camp Schedule Works

The Senior Camp schedule is entirely elective, meaning that campers have choice over their entire day! On Saturdays, campers receive a form where they view all of the activities available each activity period for each day of the upcoming week. Campers will rank and choose 4 activities in advance of each “regular” camp day. Generally, there are 3–4 activity offerings each period. Campers rank their preferences and get their first or second choice for each period. There are three 50-minute activities in the morning and two 50-minute activities in the afternoon. The daily elective is offered at 11:10 a.m. and chosen each day to allow flexibility. Activities start at 10:10 a.m. and end at 5 p.m.

Unless they are injured or sick, senior campers are expected to cooperate, participate and fully engage in all activities.



How Cabin Assignments Work

Each “cabin” has 10–14 campers. While there are designated cabins in Senior Camp, all girls live in one large building called “The Taj” and all boys live in one large building called “The Quad”. We mix first and second year senior campers together in cabins to provide the opportunity to meet and make new friends as well as to build one big cohesive Senior Camp group.

We ask all campers to complete the “Senior Camp Bunk Request” form found on the forms dashboard by May 15. On this form, each camper can request up to three other campers they would like to be in a cabin with. While we do our best to make everyone happy, we can only ensure that each camper will get at least one person whom they request.

Second Year Seniors know that this system works great. First Year Seniors, from years of experience, we can assure you that you’ll be glad we did this. Remember, all of the cabins are attached and even if you are not in the same cabin as a friend to sleep, you will see each other all the time, eat together and can choose to do your activities together.

Senior Camp Behavior Contract

On the last page of this handbook is a copy of our Senior Camp Behavior Contract. This form is **required** to be reviewed and signed prior to camp by both the camper and one parent or guardian and can be found in CampInTouch.



Hotel Recommendations



We suggest making your reservations as soon as possible. You can find hotel recommendations below. Many families also stay at local AirBnBs.

Hanover, NH

(40 minutes to camp)

Six South St Hotel
603-643-0600
sixsouth.com

Hanover Inn
603-643-4300
hanoverinn.com

Holderness, NH

(approx. 60 minutes to camp)

Manor on Golden Pond
800-545-2141 / 603-968-3348
manorongoldenpond.com

Lebanon, NH

(45 minutes to camp)

Courtyard by Marriott
888-236-2427 / 603-643-5600
marriott.com/hotels

Residence Inn by Marriott
603-643-4511
marriott.com/hotels

Lyme, NH

(25 minutes to camp)

Home on the Connecticut
888-353-4440 / 603-353-4444
homeontheconnect.com

The Lyme Inn
603-795-4824
thelymeinn.com

Norwich, VT

(40 minutes to camp)

Norwich Inn
802-649-1143
norwichinn.com

Pike, NH

(14 minutes to camp)
The Innstead Mountain Getaway
603-728-9674
theinnsteadgetaway.com

Plymouth, NH

(35 minutes to camp)

Federal House Inn
866-536-4644 / 603-536-4644
federalhouseinnnh.com

The Common Man Inn & Spa
866-THE-CMAN / 603-536-2200
thecmaninnplymouth.com

Fairfield Inn & Suites by
Marriott Plymouth
603-536-0100
marriott.com/hotels/travel/jlcipl-
fairfield-inn-and-suites-
plymouth-white-mountains

West Lebanon, NH

(45 minutes to camp)

Fireside Inn & Suites
877-258-5900 / 603-298-5900
firesideinnwestlebanon.com

Sunset Motor Inn
603-298-8721
sunsetinnnh.com

White River Junction, VT

(40 minutes to camp)

Comfort Inn
802-295-3051
choicehotels.com

White River Inn and Suites
802-295-3015
whiteriverinnandsuites.com

Holiday Inn Express
802-299-2700
hiexpress.com

Hampton Inn
802-296-2800
hilton.com

Super 8 Motel
802-295-7577
wyndhamhotels.com/super-8/
white-river-junction-vermont/
super-8-white-river-junction/
overview



Restaurant Recommendations

Bradford, VT

Colatina Exit
802-222-9008
colatinaexit.com

Hanover, NH

Pine Restaurant, Hanover Inn
603-646-8000
pineathanoverinn.com

Molly's
603-643-2570
mollysrestaurant.com

Lou's Restaurant & Bakery
603-643-3321
lousrestaurant.com

Salt Hill Pub
603-676-7855
salthillpub.com

Lebanon/ West Lebanon, NH

Three Tomatoes Trattoria
603-448-1711
threetomatoestrattoria.com

Weathervane
603-298-7805
weathervaneseafoods.com

Jesse's Steakhouse Seafood
and Tavern
603-643-4111
jesses.com

Lyme, NH

Stella's Italian Kitchen
and Market
603-795-4302
stellaslyme.com

Ariana's Restaurant
603-353-4405
arianasrestaurant.com

Orford, NH

Peyton Place
603-353-9100
peytonplacrestaurant.com

Plymouth, NH

Lucky Dog Tavern and Grill
603-536-2260
luckydogtavernandgrill.com

Foster's Boiler Room at
The Common Man Inn
603-536-2764
thecman.com

My CWW Visiting Day Plan

Friday, July 18	Saturday, July 19	Sunday, July 20
Stay:	Stay:	Stay:
Eat:	Eat:	Eat:

Senior Camp Behavior Contract

As a Senior Camper at Camp Walt Whitman I will take responsibility for my actions and adhere to these policies of camp. This contract applies to my behavior both in and out of camp:

- 1. POSSESSION OF ALCOHOL, TOBACCO AND DRUG SUBSTANCES OR PARAPHERNALIA:** While in or out of camp, possession, distribution or use of alcohol, tobacco (cigarettes, e-cigarettes, Juules, vaporizers of any kind, chewing tobacco, etc.), drugs and/or drug paraphernalia, is prohibited. We have a 'ZERO TOLERANCE POLICY' on this issue. Visual observation need not be necessary for immediate dismissal if there is enough evidence to corroborate that these risk taking behaviors have occurred. Additionally, senior campers may not bring locked cases, lockboxes and/or locked containers to camp.

first day of camp and devices containing prohibited items will be confiscated for the remainder of the summer and will be returned on camper departure day. In the instance of a camper being in possession of a device that is not permitted, the camper will be removed from all camp activities for 4 nights. The camper in violation will go to the health center directly from dinner, where he/ she will spend the evening. The camper will re-join the group at breakfast, missing out on all cabin time and evening activities for four consecutive nights.
- 2. ELECTRONIC DEVICES:** Cell phones and any electronic device with Internet capability are prohibited. Acceptable iPod models for Senior Campers include shuffle, Nano, and classic. Senior Campers are allowed the privilege of having these iPods at camp (only those without internet capability), as long as they contain only music, and all movies, games, photos, videos, and TV shows have been removed from the device prior to arriving at camp. All iPods will be checked by staff on the
- 3. PERSONAL RELATIONSHIPS:** In regard to interpersonal relationships, on or off camp, we expect campers to refrain from inappropriate public displays of affection and/or sexual behavior. Additionally, campers are not allowed to visit the bunk, hotel room, tent or other living quarter of the opposite gender while in camp or out of camp, without the permission of the Senior Camp leadership staff.
- 4. RESPECTING OTHERS:** The structure of the Senior Camp cabins are such that many people are living together under the same roof. Campers will refrain from causing bodily
- harm to others. Pushing, kicking, hitting, fighting or any form of physical or emotional abuse are not acceptable and will not be tolerated. In addition, campers agree to respect the property of other campers, staff members, and camp. Therefore, stealing from others, property damage, and vandalism are prohibited.
- 5. PARTICIPATION:** Campers are expected to fully participate in all scheduled senior camp activities. Campers will cooperate and engage in all scheduled activities and treat specialists with respect.
- 6. PROHIBITED ITEMS:** In addition to the above mentioned items (see items 1 & 2) the following items are prohibited to bring to camp or purchase while on a trip outside of camp. Fireworks, stink bombs, smoke bombs, knives, guns, weapons of any kind, tasers or laser pointers. Acknowledgement of Contract We recognize that these guidelines are for the protection and benefit of all in the Senior Camp community. Our signatures below indicate that we have read and accept the guidelines. We do understand that any breach of these guidelines will lead to the stated consequences up to and including immediate dismissal from Camp Walt Whitman.

Acknowledgement of Contract

We recognize that these guidelines are for the protection and benefit of all in the Senior Camp community. Our signatures below indicate that we have read and accept the guidelines. We do understand that any breach of these guidelines will lead to the stated consequences up to and including immediate dismissal from Camp Walt Whitman.

Senior Camper Signature _____

Senior Camper Printed Name _____

Parent/Guardian Signature _____

Date _____





Directors

Carolyn and Jed Dorfman

Winter

September 1 — May 31
Camp Walt Whitman
4 New King Street, Suite 130
White Plains, NY 10604
Phone: 914-948-9151 | 800-657-8282
campwalt.com | cww@campwalt.com

Summer

June 1 — August 31
Camp Walt Whitman
1000 Cape Moonshine Road,
Piermont, NH 03779
Phone: 603-764-5521 | 800-657-8282
campwalt.com | cww@campwalt.com