



2025 Family Handbook

FOR CURRENT GRADES 1 – 7



Directors

Carolyn and Jed Dorfman

Contact Camp

Sept. 1 – May 31: 914-948-9151

June 1 – Aug. 31: 603-764-5521

cww@campwalt.com

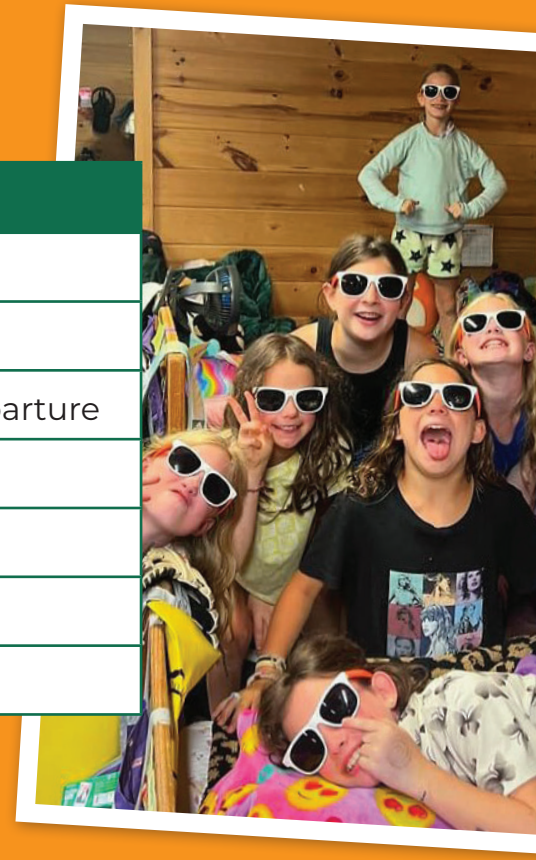
campwalt.com

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Summer 2025 Calendar

Date	Action/Event
Thursday, May 1	All Forms Must Be Submitted
Wednesday, June 25	First Day of Camp
Saturday, July 19	Visiting Day/First Session Camper Departure
Sunday, July 20	Second Session Camper Arrival
Sunday, July 20	Pioneer Camp - Session 1
Sunday, July 27	Pioneer Camp - Session 2
Sunday, August 10	Last Day of Camp



Required Forms

Forms will be available in CampInTouch in February. At that time, we will send you an email detailing how to complete the forms.



Camper Biography

The Camper Biography is most important to us and is reviewed by Jed and Carolyn as well as your child's counselors and Unit Leader. It enables us to know as much as possible about each camper before he/she arrives at camp and helps us to provide each child with the best possible summer. Please include any information that you think would be important to ensure your child's success and happiness at camp.

We do not keep the biographies from year to year because children and circumstances change. We ask that you complete this form each year as we want the most updated information on your child.

We have two camper biography forms, one to be completed by the camper(s) and one to be completed by the parent(s). **Please submit both forms by May 1.**

Transportation Form

Please fill out the transportation form for your camper's travel to and from camp.

Health Forms

The required health forms include:

- Camper Health History form
- Camper Medical form
- Immunization and Parent Authorization/Medical Insurance Card forms

Camper Travel To & From Camp

Please fill out the online transportation form for your camper's travel to and from camp **by May 1**.

Charter Buses

Campers travel to and from camp on chartered coach buses. There is no additional transportation charge. Buses leave from:

- New York: The Centre at Purchase, Manhattanville Road, Purchase, NY
- Connecticut: McDonald's in Fairfield, CT on Route 195
- Massachusetts: McDonald's in Lexington, MA on Route 128 Northbound

You will receive the departure schedule in June. Experienced counselors and leadership staff ride the buses to make the trip fun, introduce new campers, play games and prepare everyone for a comfortable arrival at camp.

First Session Campers

Parents should plan on taking home their child on **Saturday, July 19** between 2 – 4 p.m.

Second Session Campers

On **Sunday, July 20**, our bus will depart from Purchase, NY at 9 a.m. for camp. Transportation will also be provided from the CVS parking lot in Hanover, NH at 9:30 a.m. Alternatively, parents who would like to drop off their camper at camp may do so between 10:30 – 11:30 a.m.

Camper Pick-Up

If you would like to pick up your child on **Sunday, August 10**, please plan on arriving between 9:45 – 10:30 a.m. Our charter buses will block entry to camp until 9:30 a.m. We do not have adequate supervision available for children after 10:30 a.m.

Air Travel



We offer chaperoned flights from Southern Florida, Los Angeles, CA, the DC Metro area and Austin, TX.

For campers flying on chaperoned flights:

Atlas Travel will be coordinating our chaperoned flights. Please complete our transportation form located in CampInTouch and contact Tara Vaz at 508-488-1196 or tara.vaz@atlastravel.com. These flights must be purchased through Atlas Travel.

For campers flying on non-chaperoned flights:

If your child is arriving/departing to/from a location not mentioned, reserve flights scheduled to arrive at Logan Airport in Boston, MA or Manchester Regional Airport in Manchester, NH on **June 25 between 1 – 3 p.m.** and that depart Logan or Manchester on **August 10 between 2 – 4 p.m.**

CWW representatives will greet arriving campers at the airport and escort them to the airport for their departing flights. Please check with our office before any flight reservations are made.

Because of space limitations, the logistics involved and airport regulations, we require that duffels be shipped directly to and from camp. Only a small travel bag or backpack can be taken on the camp airport shuttle vans. Bags must be shipped to and from camp using R&B Camp Baggage or Ship Camps.

Baggage Information



All duffels must be shipped to and from camp regardless of whether your camper is flying to camp or arriving on our buses and must be delivered to camp prior to camper arrival.

R&B Camp Baggage

603-536-2197 | info@rbcampbaggage.com
rbcampbaggage.com

R&B Camp Baggage will ship our campers' duffels to and from camp. They have consistently provided Walt Whitman families with prompt, efficient and courteous service. Please note the following regarding R&B:

- Please register and pay online at rbcampbaggage.com
- To qualify for early registration, and to be assured of service, you must enroll prior to May 1.
- Baggage tags and instructions will be sent soon after you sign-up. You will receive your final pickup date and time confirmation around June 1 through R&B's portal. Pickup dates by area will be posted on the R&B website.

Ship Camps

855-540-2267
customersupport@shipcamps.com
shipcamps.com/campwaltwhitman

For those families that cannot be serviced by R&B Baggage (primarily families west of the Mississippi), Ship Camps can help you get your camper's bags to/from camp this summer. They have a deep discount with all of the major shipping companies such as FedEx and UPS.



First Session Campers:

Parents will need to take duffels home with them when they pick up their campers on Saturday, July 19 or arrange to have them shipped home by R&B or Ship Camps.

Second Session Campers:

Parents dropping off their child at camp on Sunday, July 20 (drop-off is between 10:30 – 11:30 a.m.) or utilizing our bus service to camp from Purchase, NY will need to send their child's duffels to and from camp via R&B or Ship Camps. This can be done on their websites.

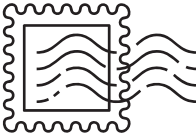
Baggage Transportation By Bus Not Available Departure Day

PLEASE NOTE: For the return trip home on Sunday, August 10, we **will not accept** requests to transport baggage under the bus so that it can be available sooner for post-camp travel. Space under the bus is limited and it is impractical to load luggage while preparing for camper departure. Please plan ahead.

Correspondence To & From Camp

Mail to Camp

Camper mail should be addressed to:



Camper Name (Cabin Number*)
Camp Walt Whitman
1000 Cape Moonshine Road
Piermont, NH 03779

*Cabin number will be sent to families on the first day of camp

Remember, just as parents look forward to getting letters, campers eagerly await their mail. It is especially important that campers receive mail in the first few days of camp.



You'll get frequent updates and photos from camp, all summer long.

Mail Home

We recommend sending younger campers to camp with a supply of pre-addressed stamped envelopes. Mail will usually take 3 – 4 days to reach you from camp.

E-Mail

Our e-mail system provides parents the opportunity to send electronic mail to their child. As you might imagine, the volume of email we receive is enormous. While emails are great, campers love receiving “real mail”.

Daily Updates

To keep you posted with all that's going on at camp, we will regularly update our website, **campwalt.com** and the Companion app. Updates will include the Walt Street Journal (our daily newspaper) and announcements of special events, trips, and photos.

Telephone Procedure



Telephone calls are not necessary or encouraged. Letters are the best way to communicate. Campers look forward to receiving them each day and reread them often. However, to accommodate campers and parents who need to touch base by phone, we ask you to adhere to the following procedures:

- 1. Calls:** By July 1, the phone schedule (day/time) for each cabin will be emailed to you.
- 2. Time Limit:** All calls are limited to ten minutes. While there is often lots to say and tell, everyone must be considerate of other campers and parents who are eager to speak with each other. An active, fully scheduled camp day simply does not leave lots of time for talking on the telephone.
- 3. Frequency of Calls:** Campers and parents can speak up to:
 - 3 times for Full session campers
 - 2 times for First session campers
 - 1 time for Second session campers
- 4. Emergencies or Special Situations:** If an emergency or special situation necessitates an immediate call, please call and speak with our Summer Office Manager, or if after office hours, leave a message. After 9 p.m., our lines are answered by voicemail and will be checked regularly until midnight by the Senior OD. Please do not call after 9 p.m. unless there is a true emergency.
- 5. Birthday Phone Calls:** If your child has a birthday during the summer, please call our office in advance to set up a special birthday phone call.



‘No Package’ Policy

Of course, if there are any essential items that your child requires, you can email our Summer Office Manager, Bonnie Reeder (bonnie@campwalt.com), to let her know what the items are and when we should expect them. Any item that arrives other than a standard letter will be opened in our mailroom and only those items that have been pre-approved will be delivered to our campers. Any item that arrives without prior approval from our Office Manager will be held in our mailroom until Visiting Day or until the last day of camp.

Birthday Packages: Birthdays at camp are very special and we do allow birthday packages to be sent. Please address this package to: “Your Child’s Name” Attn: Summer Office Manager—Birthday and also email Bonnie (bonnie@campwalt.com) to alert her to its arrival.

Please note that **no food can be sent** and all packages will be opened to ensure this is followed. For this reason, we ask that you **do not wrap** any items. As a reminder, “bunk gifts” sent to each bunkmate are not allowed.

Electronics Policy

Electronic Games

Campers are prohibited from bringing electronic games to camp.

Cell Phones

Cell phones are not permitted at camp. We do not have cell service at camp so cell phones do not provide a reliable means of communication for campers and parents. Our policy regarding cell phones extends to trips out of camp. This is primarily a security concern for us as we do not want campers telling people outside of our camp community where they are and where they are going to be. We ask for your help in enforcing our camp cell phone policy.



Electronic Fans

Large box fans which plug into a wall outlet are not permitted.

Electric Toothbrushes

We do not recommend sending these and cannot be responsible if lost.

iPods And Other Music Playing Devices

We understand that many campers like to listen to music during the summer and want to make sure they can do so. At the same time, we feel it is essential to the camp experience that campers are not utilizing electronic devices at camp to play games, watch videos, chat with other devices, access social media, or spend time online. Therefore, we continue to have a strict policy about what is permitted and what is not permitted for campers to bring to camp. Any device that is equipped with a Wi-Fi connection, data connection, or has video playing capability is NOT allowed at camp. Here's what's permitted:

For families who utilize downloaded music:

- If you have previously purchased an iPod Shuffle or Nano without a video screen (or if you can still find one online), these are still great for camp.
- Alternatively, we suggest you consider buying a non-Apple MP3 player. This is a relatively inexpensive option and there are many devices available online.

For families who use Spotify or Amazon Music:

There are two products we recommend, both of which allow campers access to their Spotify and Amazon music playlist without an internet connection:

- **Mighty Vibe:** a small, screenless, music device that is water resistant and drop resistant.
- **Campfire Player:** a slightly more expensive device that was designed just for summer camp. This device has a small screen to help campers find their song or playlist, but the device has no apps, games, videos, social media, etc.

Both are great options. The only caveat is that due to music licensing, both will only store music for 30 days unless it is reconnected with your Spotify or Prime account. Therefore, we will open up our WiFi for parental use on visiting day so that this can be accommodated.



Health Information

We are fortunate to have a capable medical staff including a doctor, six nurses, one athletic trainer, and a health care assistant. They all work hard to provide excellent camper and staff medical care and to be responsive to parent inquiries and concerns.



Our sick call hours are from **8 – 9:30 a.m.** and then again from **6 – 7:30 p.m.** If a camper is feeling unwell, they should visit the Health Center during these hours so they can be seen by our doctor. Since our Health Center building is open 24/7, campers can also be seen at other times if necessary.

Communication about Health Issues

Serving our very active campers and staff is hard work. We understand the importance of keeping you informed about health issues affecting your child. Our medical staff follows the guidelines below and responds to you as quickly as time allows:

1. We generally will not contact you if your child is seen in the Health Center for routine problems, i.e. minor skin abrasions, headache, cold, etc.
2. If your child is put on antibiotics or kept in the Health Center overnight, a member of our staff will call you. The phone numbers you provide on your child's Health History Form will be used to contact you.
3. If your child has a medical emergency, we will contact you immediately by phone.

Required Health Forms

Please understand that we cannot permit a child to participate in activities unless we have received completed health forms, including a current health history and physician's examination on file at camp. This helps us to ensure the best quality health care and is for the well-being of your child.

☐ Camper Health History Form

Parents must complete and submit the online Health History form **by May 1**. The information required is essential to meeting the possible medical needs of your child. We are required to have this form updated and signed (electronically) every year.

☐ Camper Medical Form

This PDF form must be printed to be completed, signed by your child's physician, and then uploaded to CamplnTouch. The annual physical examination form generated by your pediatrician's office is also acceptable. Documentation of a physical exam performed after August 11, 2024 is required. **There is no need to send in an outdated form; if your child's check-up is late Spring, you may submit the paperwork after the visit to the doctor.**

☐ Immunization Form

This form must be printed, completed and then uploaded to CamplnTouch. Alternatively, we can also accept the immunization history form provided by your pediatrician's office.

☐ Parent Authorization & Insurance Card

This form must be printed, signed, and uploaded to CamplnTouch in order to authorize emergency treatment to your child. Copies of the front and back of your insurance card(s) should be attached. **Please remember to sign and date this form.**

Medical Charges

The camp tuition covers all standard medical services provided in camp. All medical bills from providers outside of camp will be sent directly to you by the provider to be paid by you or your health insurer.

Medications

Prescription and Non-Prescription Medications

In order to ensure that our medical staff administers all medication sent to camp in the safest, most efficient manner, we are again working with **CampMeds** to prepackage all camper medications. This helps to ensure that every camper gets the correct medication and dosage at the right time on the correct day.

All daily medications in pill form, whether prescription or over-the-counter, must go through CampMeds. Additional and more detailed information will be sent in a separate mailing soon. If a camper requires prescription medication from a pharmacy during the summer, the charge will be made to your medical insurance carrier. You will be billed for any deductibles greater than \$10.

If your child uses an inhaler or EpiPen, please send two; one for us to keep in the Health Center and one to go out on trips.

Over-the-Counter Medications

Our Health Center stocks basic over-the-counter antibiotics and drugs. The following is a partial list of items we stock in the Health Center.

Please **do not send** any of these items with your camper:

- **First Aid:** Ace wraps or any type of band-aids, Bacitracin and/or any type of antibiotic ointment
- **Pain Medications/Muscle Relief/Anti-Nausea:** Ibuprofen and Acetaminophen (pills and liquid), Aleve, Midol, Mineral Ice, Dramamine
- **Cough/Cold:** Sudafed, Robitussin, Robitussin DM, Delsym, Cough drops, Chloraseptic, non-pseudo nasal decongestant
- **Allergy:** Claritin, Zyrtec, Benadryl (pills and liquid)
- **Creams/Lotions/Sprays:** Benadryl, Lotrimin Ultra, Calamine, Caladryl, Hydrocortisone 1%, Gold Bond, Athlete's Foot Cream and Spray, Aloe Gel Sunburn Cream.
- **GI Health:** Tums, Mylanta, Chewable Imodium, Lactaid, Fiber Pills, Metamucil
- **Eyes/Ears/Nose:** Visine, Clear Eyes, swimmer's ear drops, wax removal ear drops, saline spray
- **Asthma Medications:** Albuterol solution and nebulizer



Other Medical Concerns

Lyme Disease

All of us who live in the Northeast have a heightened concern and awareness of Lyme disease and other tick born illnesses. Our doctors and nurses are trained and educated on the symptoms, tests and medications for these diseases. We will contact you immediately should your child present any symptoms.

Head Lice

Head lice have reappeared over the past few years in schools and camps across the U.S. Self contained communities like camps are especially vulnerable and must be vigilant to control this problem. To combat lice, members of our staff trained by Lice Mamas LLC, headquartered in New York City, will check all campers on the first night of camp.

If any positive cases of lice are found, campers will be treated on-site. For campers who arrive with lice, the camper's parent will be billed \$250 for this treatment. We will begin treatment immediately so that campers can stay in their cabin on the first night of camp. During the last week of camp, all campers will be checked prior to departure day. Any camper found to have lice will be treated at the camp's expense.

We are committed to doing all we can to keep lice out of our community. We encourage you to have your child checked for head lice by a school nurse or pediatrician prior to camp. If any sign of head lice is found, arrange for appropriate and immediate treatment well BEFORE your child leaves for camp and let us know that such treatment has taken place.

Eyeglasses

If your child wears eyeglasses, we strongly suggest that you send an extra pair to the Health Center where we will keep them until the end of the summer. The extra pair can be used if your child's glasses are lost or broken. If the extra pair is not needed, we will return them to your child on packing day.

Orthodonture

For campers arriving at camp with removable orthodontic appliances such as retainers or Invisalign, please discuss with your child the importance of properly caring for these products, especially if they must be removed when eating. While staff will do their best to provide campers with reminders, campers are responsible for the safekeeping of these items.

Supplemental Protein Snacks (Optional)

At CWW, we serve three meals plus three snacks each day. For almost all of our campers, this is more than enough. For campers who have medical reasons to supplement our standard meals and snacks with additional protein options, we are no longer accepting individualized snacks to be stored in our Health Center; instead these campers can participate in our Supplemental Protein Snacks program:



Campers signed up for the program will be offered one of the snacks listed below daily (if desired). For a camper to partake in this option, the cost is **\$300** and the Supplemental Protein Snack form needs to be completed in CamplnTouch by **May 1**.

We provide the following supplements through this program:

No Nuts Protein Bars (also Gluten Free)
Chocolate Chip, Blueberry and Vanilla,
Lemon Creme or Chocolate Caramel Mocha

Ensure Protein Shake
Chocolate, Vanilla or Strawberry

Boost Protein Shake
Chocolate, Vanilla or Strawberry

Owyn Protein Shake (also Plant based)
Chocolate or Vanilla

Clothing & Gear Packing List



Below is a detailed list of the clothing and equipment needed at camp based on a once a week laundry service. We supply a laundry bag to every camper. Do not send expensive or sentimental items to camp as we cannot be responsible for their loss. **Please do not overpack!** Campers do not need more than what's recommended and storage space is limited.

Clothing

- ☐ 2 CWW forest green tees (ordered through The Camp Spot)
- ☐ 1 pair hiking boots—please break in beforehand
- ☐ 1 water-repellant rain jacket
- ☐ 8 – 10 pairs shorts (at least 6 pairs athletic)
- ☐ 3 long-sleeved T-shirts
- ☐ 2 sweat shirts
- ☐ 1 fleece
- ☐ 10 T-shirts
- ☐ 2 “climate control” T-shirts (not cotton, i.e. Under Armour, Gore-Tex, synthetic, breathable) for hiking
- ☐ 2 – 3 pairs long pants
- ☐ 2 – 3 pairs pajamas
- ☐ 12 pair underwear
- ☐ 12 pairs athletic socks (1 pair of hiking socks)
- ☐ 3 – 4 bathing suits*

Toilet Articles

(label clearly with full name)

- ☐ Comb
- ☐ Brush
- ☐ Shampoo
- ☐ Conditioner
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Dental floss
- ☐ Liquid body soap
- ☐ Insect repellent
- ☐ Sunscreen
- ☐ Deodorant (older campers)

Other

- ☐ 1 pair slides/crocs for beach or pool only
- ☐ 2 pair sneakers
- ☐ 2 hats with brim
- ☐ 20 pre-addressed stamped envelopes (campers under 10)
- ☐ 6 standard size thin/quick dry towels
- ☐ 4 washcloths
- ☐ 1 shower caddy
- ☐ 1 comforter or 3 cot-sized blankets
- ☐ 1 pillow with 2 pillowcases
- ☐ 4 twin or cot size sheets (2 flat & 2 fitted)
- ☐ 1 sleeping bag
- ☐ 1 flashlight
- ☐ 1 liter water bottle
- ☐ 1 daypack
- ☐ 1 Crazy Creek chair

Sports Equipment

(label clearly with full name)

- ☐ Shin guards (suggested)
- ☐ Tennis racket (label clearly with full name on handle and cover)
- ☐ Soccer cleats (optional)
- ☐ Boys: protective cup (optional)
- ☐ Softball/Baseball glove (suggested)
- ☐ Swim goggles (optional)
- ☐ Lacrosse Stick (optional)
- ☐ Lacrosse Pads and Helmet (optional)

Optional

(Label clearly with full name on all optional items)

- ☐ Camera
- ☐ Fishing rod
- ☐ Books
- ☐ Musical instrument
- ☐ Sunglasses

*Bathing Suits

For girls: We only allow one-piece or tankini style bathing suits and they must cover their mid section. Cut-outs or monokinis will not be allowed.



For boys: We do not allow speedo bathing suits.

Appropriate Camp Clothing

When packing for camp, remember that the clothing your campers wear throughout the day should be clothes that are intended to be worn for sports and other active programming. Please do not send any dressy or inappropriate clothing to camp which include: crop top shirts (shirt MUST cover the midriff), open side tank tops or clothing that can't be sent to our commercial laundry service.

Purchasing Camp Clothing

The Camp Spot

To make camp clothes purchasing more convenient, The Camp Spot's full Camp Walt Whitman catalog can be accessed by going to **thecampspot.com**. From this page, in addition to accessing the clothing catalog, families can set up an appointment, order a Fit Kit (a convenient way to try on different sizes of clothing before placing your final order), print the packing list, or just start shopping. Please keep in mind that purchase of the listed clothing from The Camp Spot is strictly optional except for the two CWW forest green T shirts which are required and will be worn for intercamp sports and for trips out of camp.

Allow at least 3 weeks for fulfillment of your orders. **ORDER EARLY TO ENSURE ON-TIME DELIVERY.**

Name Tapes and Labels

All clothing and possessions, including sports and camping equipment and footwear, must be labeled with the camper's first and last name. Labeling clothes and personal items with initials or first names is not sufficient as many campers share initials and have the same first name. We recommend the following options:

- The Camp Spot: **thecampspot.com**
Our official camp supplier, also sells name tapes.
- Label Daddy: **labeldaddy.com/CWW**
Not only is their quality excellent, 25% of your purchase will be donated to Project Morry.

Campers misplace clothing and equipment. Please be sure that everything is labeled (either sewn, iron-on, indelible pen, stamp, or sticker) with camper's full name.



Prohibited Items

Each camper is provided with a cubby to store his/her belongings. Please do not send extra storage containers, including drawer units or under bed containers, as there is no space for these. We appreciate your understanding. Also, please do not send or allow your camper to bring a pocket knife or any weapons to camp.

Bedding

We offer summer rental of one pillow, two pillowcases, four sheets, three blankets (70% wool, 30% fiber), and four towels. If you would like to rent bedding, the rental fee is \$50. Please complete and return the online rental form. Note: most campers prefer to bring their own bedding as it is often a comfort from home.

Laundry

Laundry will be washed weekly in laundry bags provided by camp. Please remember, laundry is done by a commercial laundry service and expensive/fancy clothes are not appropriate or necessary for camp, nor can the laundry service be held responsible for them.

Camping Equipment

Hiking Boots

Hiking boots are required for all campers. They provide necessary ankle support and comfort. They can be purchased from any good outdoor equipment store and should be sized while wearing wool or dryfit socks. Recommended are boots with good ankle support, not the low fitting style.



Camping Gear

All campers hike or are on a trip one day per week. All campers will need at least one liter water bottle. They also should have at least two T-shirts made of synthetic material (such as used for sports wear-NOT cotton), a waterproof jacket, and thick over-the-ankle hiking socks. A daypack (ex. school backpack) is also required.



Campers who have completed 6th or 7th grade have the opportunity to take part in a multi-day camping/hiking expedition. Those participants also require, in addition to the equipment listed on the next page, a good quality rain jacket (NOT a poncho) preferably made of Gore-Tex or equivalent, rain pants, fleece and two pairs of hiking socks. Mess kits are not required for campers who have not yet completed 6th grade, but are required for older campers.

Sleeping Bags and Sleeping Mats

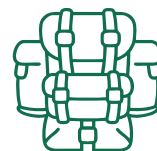
We highly recommend that all campers bring a sleeping bag to camp as every age group will participate in at least one overnight campout. It is a worthwhile investment to purchase a quality sleeping bag as it can last for a lifetime. While camp will provide campers in need with a sleeping bag, please note that these are communal sleeping bags that logistically cannot be cleaned after every usage.



Campers who have not yet completed 6th grade need only a summer rated bag, but older campers participating in an overnight expedition require a good quality sleeping bag that can go down to 30°F or below and pack to a small size. Closed-cell or inflatable (Therm-a-Rest) sleeping mats are also useful for older campers.

Frame Packs

Campers who have finished 6th and 7th grades require a frame pack in order to participate in our overnight hiking program. Camp will provide a frame pack to any child who needs one. While our packs are high quality, many campers prefer to bring their own because of the increased comfort. The benefit to purchasing your own is that it can be fitted to your child's body and can grow with them over time. See our top picks on the next page.



Equipment Recommendations



Daypacks

- Option 1: Utilize your child's school backpack
- Option 2: Osprey Daylite or Daylite Plus Daypack: \$66 (amazon.com)

Sleeping Bags

- Marmot Trestles 30°F: \$127 (amazon.com)
- Marmot Trestles 15°F: \$138 (amazon.com)

Frame Packs

- Teton Sports Ultralight backpack - Sports Hiker 3700 or Sports Mountain Adventurer 4000: \$78 – \$120 (amazon.com)
- Osprey Ace 50, Osprey Talon 40 or 44 or Osprey Kestral 38 or 48: \$150 – \$220 (osprey.com)

High quality, durable, adjustable pack suitable for campers who will have longer term use.

Sleeping Mats

- Therm-a-Rest Prolite Plus Sleeping Pad: \$115 (backcountry.com)
- Therm-a-Rest Z Lite Sol Sleeping Pad: \$50 (amazon.com)

Mess Kit

- GSI Outdoors Cascadian 1-Person Table Set \$18 (amazon.com)

Hiking and camping equipment required for your child's age group. Contact us with any questions.

EQUIPMENT ITEM	GRADE COMPLETED JUNE 2025					
	2	3	4	5	6	7
1 1-Liter Water Bottle	●	●	●	●	●	●
1 Climate Control Fabric T-Shirt	●	●	●	●		
2 Climate Control Fabric T-Shirts					●	●
1 Water-Resistant Hooded Jacket (Not Poncho)	●	●	●	●	●	●
2 Pairs Over-the-Ankle Hiking Socks	●	●	●	●	●	●
1 Day Pack (e.g: School Back Pack)	●	●	●	●	●	●
1 Pair Over-the-Ankle Hiking Boots			●	●	●	●
1 Pair Hiking Boots/ Shoes	●	●				
1 Pair Rain Pants					●	●
1 Fleece	●	●	●	●	●	●
1 Warm Hat	●	●	●	●	●	●
Sleeping Bag	●	●	●	●	●	●
Frame Pack					●	●
Mess Kit					●	●
Sleeping Mat					●	●

Optional Programs

Intensive Tennis

Available for full, first and second session campers

For campers who love tennis, we offer a special intensive tennis option. This program provides private and small group instruction. Participation in the program is limited to truly committed tennis enthusiasts. Full session campers receive an additional 10 lessons and first/second session campers will receive an additional 5 lessons. For campers finishing grades 2 and 5, these will occur at rest hour. For campers finishing grades 6 and 7, these will occur before breakfast.

The total cost is **\$400** for full session campers and **\$200** for first/second session campers. Enroll in this program online by selecting it on your forms dashboard.

NOTE: Program space is limited. Spots are reserved on a first enrollment basis up to the maximum number we can accommodate by age.



Intensive Tennis Program		
Camper	Additional lessons	Cost
Full session	10	\$400
First or second session	5	\$200

Intensive Waterski

Available for full and first session campers

All campers participate in our regular waterski program; however campers finishing grades 4 – 7 may receive extra instruction in our waterski intensive program. This includes four additional 3-hour sessions of waterskiing for full session campers and two additional 3-hour lessons for first session campers. Lessons will be given by Camp Walt Whitman's own instructors and take place on Newfound Lake at Camp Wicosuta, a 30 minute drive from camp.

The cost is **\$200** for full session campers and **\$150** for first session campers. **Please complete the form online and return it to us by May 1.** There is a limited enrollment space of 45 campers, and after May 1, we cannot guarantee a place in this program.

NOTE: Special activities and trips may conflict with this program. While we will do our best to reschedule missed waterski time, this is not always possible, and a refund cannot be made for missed time due to alternate group scheduling, camper selection of another activity, elective intercamp games or weather.



Intensive Waterski Program		
Camper	Additional 3-hour lessons	Cost
Full session	4	\$200
First session	2	\$150

Horseback Riding

Available for full and first session campers

Riding is an optional off-camp activity for campers who are passionate about horseback riding. It is held bi-weekly from 4 – 7 p.m. Campers will have a late dinner and then rejoin their cabin at their evening activity that is already in progress. Our experience has been that campers—particularly younger and new ones—prefer to participate in their group’s scheduled activities rather than leave for horseback riding. We will not insist that a child ride but can only offer the opportunity.

Every rider must bring with them to camp a riding helmet and riding boots or sturdy shoes with hard heels. Hiking boots with treads or sneakers are not permissible. The fee for 7 week campers is **\$300** (4 sessions) and the fee for first Session campers is **\$150** (2 sessions).

The enrollment and release form must be completed online, and payment sent to us before May 1 to secure a place in the riding program. Space is limited, and places are reserved on a first enrollment basis.



NOTE: Special activities and trips may conflict with this program. While we will do our best to reschedule missed riding time, this is not always possible, and a refund cannot be made for missed time due to alternate group scheduling, camper selection of another activity, elective intercamp games or weather.

Horseback Riding		
Camper	Sessions	Cost
Full session	4	\$300
First session	2	\$150



Academic Tutoring

Available for all campers

We offer tutoring to any camper needing academic support or requiring remediation in English or mathematics. In addition to remediation in basic skills, we also offer a program for campers who need to work on their study/ research skills or who simply need to do review

work in a subject area to strengthen and prepare for the coming academic year.

We have several certified teachers on our staff to offer this program, and it will be scheduled to minimize any interference with regular camp programming. Our tutors will

be happy to speak with your child’s school directly if needed.

If you would like to enroll your child, this form will be available in CampInTouch in March. For questions, please contact Stephanie Herr at our Winter office at 914-948-9151.

Trips (Off Camp)

Baker River

Campers finishing 2nd and 3rd grade

Once a summer, our youngest campers get to spend a night and a day with their own cabin group at our Baker River Campsite, 10 miles from camp. It is a wonderful location where the water runs clean and cold over a rib of white granite rock that forms a beautiful clear pool. Campers arrive late afternoon and spend the evening eating a fabulous dinner, listening to stories and eating marshmallows around a campfire. The next day they have breakfast, explore the upper reaches of the river, have lunch and come back to camp mid-afternoon after a stop at Moose Scoops ice cream. A great time for all!

Special Excursions

Campers finishing 2nd through 5th grade

Special excursions are exciting overnight trips that take place during the second half of camp and are a true highlight of each camper's summer. All special excursions involve an outdoor experience along with a visit to a unique, local attraction. Outdoor experiences from past trips have included nature walks along beautiful North Country landscapes, exploring cascades to see the wonder of natural rock slides and a chance to play in picturesque waterfalls.

Some of the attractions our campers have visited include splashing around at the waterpark, incomparable views from the gondola as they scale a mountain and museum exhibits chock full of science and history. All trips include camping out at scenic sites complete with a campfire and s'mores under the beautiful New Hampshire stars.



White Water Rafting

Campers finishing 6th grade

On July 22, campers will travel by deluxe coach bus to Massachusetts and begin their adventure by visiting the Naismith Memorial Basketball Hall of Fame. This interactive basketball museum is a fun experience for everyone. After a night of campfires and s'mores at their campsite, they will leave the next morning for an amazing day of rafting on the Deerfield River enjoying class II and class III rapids. Friday morning they will depart for camp, but not before spending several hours at Killington's Summer Adventure Center which features an alpine slide, a dual zip line, a high ropes course, a trampoline jump, and more.

To make this trip the best and safest possible, we are using Zoar Adventure, who is known for their professionalism and safety. Zoar provides specially equipped white water rafts, wet suits, all necessary equipment and an experienced guide (along with one of our CWW staff members in every raft).

The total cost of this trip is \$700. This fee will appear on your Spring tuition statement. This includes meals, guides, equipment, and transportation on coach buses. In the spring, we will send you additional information from Zoar Adventure. *If you do not want your child to go on this trip, they will be able to remain at camp and participate in regular activities.*

White Water Rafting

Camper	Cost
Campers finishing 6 th grade	\$700

Lake Placid Adventure Days
Campers finishing 7th grade by this summer

Day 1

Children will depart CWW on July 22 by deluxe coach bus and arrive early afternoon at our campsite in the heart of Lake Placid. Campers will enjoy the afternoon and evening exploring this beautiful and historic village with their counselors, including the opportunity to tour the Olympic Museum.



Day 2

Campers will head to Whiteface Mountain where they may participate in mountain top yoga, enjoy a highly rated disc golf course, play in a Fun Zone park, and enjoy an Airbag jump. After lunch, campers will head to the Olympic Junior Complex where they will have the opportunity to pilot a training luge down a paved course, receive a hockey shot clinic (don't forget Lake Placid was home to The Miracle on Ice in 1980), and participate in a paintball biathlon. This will all be followed by a guided tour of the jumping complex, including a glass elevator trip to the top of the 120 meter ski jumping tower.

Day 3

Campers will head to Lake Placid's famous Olympic Bobsled track. Here, all campers get to experience the excitement of this Olympic sport as they enjoy a real bobsled ride accompanied by a professional driver and brakeman on every sled. Afterwards, campers will return to camp with what we are sure will be wonderful stories!

The cost for this program is \$750. This fee will appear on your spring tuition statement. This includes admission fees, instructional fees, equipment rental, transportation, and meals and snacks each day.

Lake Placid Adventure Days	
Camper	Cost
Campers finishing 7 th grade	\$750

Camper Bank

Campers have little or no use for money at camp. When campers are on trips, camp pays all expenses including snacks, etc. **Campers finishing 2nd through 4th grades have absolutely no use for money during their time at camp.**



Campers finishing 5th through 7th grades do like to have some “extra” money to take with them on their special trips. We believe a reasonable perspective should be kept on camper spending away from camp. Therefore, we have built a “camper bank” payment into your invoice and will distribute this money to campers while they are on their trips. When not on trips, this money will be held in our safe. Any unused money will be returned to the child on the final day of camp. Please do not send any additional money with your camper.

Charges will appear as follows:

Campers finishing 5th grade:

Full and Second Session: \$30

Fifth graders have the opportunity to visit the Ben & Jerry's Ice Cream Factory. Campers like to buy mementos; \$30 is more than enough as CWW pays for those fabulous ice cream sundaes.

Campers finishing 6th grade:

Full and Second Session: \$65

First Session: \$20

White Water Rafting is an exciting adventure and campers often like to buy a T-shirt or sweatshirt as a memento.

Campers finishing 7th grade:

Full and Second Session: \$80

First Session: \$20

Lake Placid Adventure Days offer limited opportunities to spend money and \$80 for mementos is more than enough.

Visiting Day: Saturday, July 19

Visiting Day starts at 10 a.m. on Saturday and ends at 4 p.m. Please understand that with the exception of second year senior campers, it is firm camp policy that campers may not leave the campgrounds during Visiting Day.

We try to make Visiting Day a relaxed family time together. We do not believe in “putting on a show” for parents but rather want our camp families to simply experience camp and enjoy being together.

Saturday morning is spent visiting, touring camp and meeting counselors and friends. After a buffet lunch on the front lawn, the afternoon offers the opportunity to participate in activities throughout camp together. Parents depart at 4 p.m.

No dogs allowed in camp on Visiting Day. We appreciate your understanding.

Parking

Our gates open for parking on Visiting Day at 9 a.m. All cars will be parked on the upper baseball field between 9 – 10 a.m. with only handicapped parking accessible in the main part of camp. Coffee and snacks are served between 9 – 10 a.m., at which time all parents

will be permitted to walk the 2/10 mile into the center of camp. Since everyone will be parked in the same area no matter when they arrive—and permitted into camp at the same time—there is no need to rush to camp “to get an early place in line.”

Food

Because we know campers like to have parents bring favorite treats to camp and we do not want to police visitors, we do not have a policy which limits what parents bring in.

Unfortunately, many parents go to excess, often at the request of their child, and bring with them large amounts of candy, junk food, drinks and even “exotica” like pizza, Chinese food and bagels and lox. The unfortunate result is that many campers wind up with stomachaches, resulting in an overworked nursing staff seeing campers at all hours of the night. Please **limit what you bring into camp**. All food is removed from cabins Saturday evening. We do this out of concern for the health of our campers and camp community.

As a reminder, camp is a nut-free community; please keep this in mind when bringing food into camp.



Annual CWW Sibling Sleepover

Friday night before Visiting Day, brothers and sisters entering 2nd, 3rd, or 4th grades in September 2025 are invited to sleep over at camp. They will enjoy a specially planned evening with lots of games and fun and will be able to spend some time with their sibling.

Because of space limitations and concerns for safety and supervision, we are sorry that we cannot invite former campers or siblings older than 4th grade to sleep over. **If your child would like to stay over with us, please complete the sibling sleepover form online by May 1.**

Hotel Recommendations



We suggest making your reservations as soon as possible. You can find hotel recommendations below. Many families also stay at local AirBnBs.

Hanover, NH

(40 minutes to camp)

Six South St Hotel
603-643-0600
sixsouth.com

Hanover Inn
603-643-4300
hanoverinn.com

Holderness, NH

(approx. 60 minutes to camp)

Manor on Golden Pond
800-545-2141 / 603-968-3348
manorongoldenpond.com

Lebanon, NH

(45 minutes to camp)

Courtyard by Marriott
888-236-2427 / 603-643-5600
marriott.com/hotels

Residence Inn by Marriott
603-643-4511
marriott.com/hotels

Lyme, NH

(25 minutes to camp)

Home on the Connecticut
888-353-4440 / 603-353-4444
homeontheconnect.com

The Lyme Inn
603-795-4824
thelymeinn.com

Norwich, VT

(40 minutes to camp)

Norwich Inn
802-649-1143
norwichinn.com

Pike, NH

(14 minutes to camp)
The Innstead Mountain Getaway
603-728-9674
theinnsteadgetaway.com

Plymouth, NH

(35 minutes to camp)

Federal House Inn
866-536-4644 / 603-536-4644
federalhouseinnnh.com

The Common Man Inn & Spa
866-THE-CMAN / 603-536-2200
thecmaninnplymouth.com

Fairfield Inn & Suites by
Marriott Plymouth
603-536-0100
marriott.com/hotels/travel/jlcipl-
fairfield-inn-and-suites-
plymouth-white-mountains

West Lebanon, NH

(45 minutes to camp)

Fireside Inn & Suites
877-258-5900 / 603-298-5900
firesideinnwestlebanon.com

Sunset Motor Inn
603-298-8721
sunsetinnnh.com

White River Junction, VT

(40 minutes to camp)

Comfort Inn
802-295-3051
choicehotels.com

White River Inn and Suites
802-295-3015
whiteriverinnandsuites.com

Holiday Inn Express
802-299-2700
hiexpress.com

Hampton Inn
802-296-2800
hilton.com

Super 8 Motel
802-295-7577
wyndhamhotels.com/super-8/
white-river-junction-vermont/
super-8-white-river-junction/
overview



Restaurant Recommendations



Bradford, VT

Colatina Exit
802-222-9008
colatinaexit.com

Hanover, NH

Pine Restaurant, Hanover Inn
603-646-8000
pineathanoverinn.com

Molly's
603-643-2570
mollysrestaurant.com

Lou's Restaurant & Bakery
603-643-3321
lousrestaurant.com

Salt Hill Pub
603-676-7855
salthillpub.com

Lebanon/ West Lebanon, NH

Three Tomatoes Trattoria
603-448-1711
threetomatoestrattoria.com

Weathervane
603-298-7805
weathervaneseafoods.com

Jesse's Steakhouse Seafood
and Tavern
603-643-4111
jesses.com

Lyme, NH

Stella's Italian Kitchen
and Market
603-795-4302
stellaslyme.com

Ariana's Restaurant
603-353-4405
arianasrestaurant.com

Orford, NH

Peyton Place
603-353-9100
peytonplacrestaurant.com

Plymouth, NH

Lucky Dog Tavern and Grill
603-536-2260
luckydogtavernandgrill.com

Foster's Boiler Room at
The Common Man Inn
603-536-2764
thecman.com

My CWW Visiting Day Plan

Friday, July 18	Saturday, July 19	Sunday, July 20
Stay:	Stay:	Stay:
Eat:	Eat:	Eat:



Directors

Carolyn and Jed Dorfman

Winter

September 1 — May 31
Camp Walt Whitman
4 New King Street, Suite 130
White Plains, NY 10604
Phone: 914-948-9151 | 800-657-8282
campwalt.com | cww@campwalt.com

Summer

June 1 — August 31
Camp Walt Whitman
1000 Cape Moonshine Road,
Piermont, NH 03779
Phone: 603-764-5521 | 800-657-8282
campwalt.com | cww@campwalt.com