

CAMP  
**WALT WHITMAN**  
EST. 1948



**2021**  
**Family Handbook**



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# SUMMER 2021 CALENDAR



<b>Saturday, May 1</b> .....	All forms must be submitted
<b>Saturday, June 26</b> .....	Camper Arrival Day
<b>Saturday, July 24</b> .....	Visiting Day
<b>Sunday, July 25</b> .....	Second Session Campers Arrive
<b>Sunday, July 25 – Saturday, July 31</b> .....	Pioneer Camp – Session 1
<b>Sunday, August 1 – Saturday, August 7</b> .....	Pioneer Camp – Session 2
<b>Saturday, August 14</b> .....	Last day of camp
<b>Monday, August 16 – Friday, August 20</b> .....	Family Camp

## REQUIRED FORMS



Forms will be available in CampInTouch in March. At that time, we will send you an email detailing how to complete the forms.

### CAMPER BIOGRAPHY

The Camper Biography is most important to us and is reviewed by Jed and Carolyn as well as your child's counselors and Unit Leader. It enables us to know as much as possible about each camper before he/she arrives at camp and helps us to provide each child with the best possible summer. Please include any information that you think would be important to ensure your child's success and happiness at camp.

**We do not keep the biographies from year to year because children and circumstances change. We ask that you complete this form each year as we want the most updated information on your child.**

*We have two camper biography forms, one to be completed by the camper(s) and one to be completed by the parent(s). PLEASE SUBMIT BOTH FORMS BY MAY 1.*

### TRANSPORTATION FORM

Please fill out the transportation form for your camper's travel to and from camp.

### HEALTH FORMS

The various required health forms include Camper Health History, Camper Medical, Immunization and Parent Authorization/Medical Insurance Card forms.



# CAMPER TRAVEL TO AND FROM CAMP

**\*\* We have yet to decide how transportation will work for Summer 2021. The below information is how we operated before COVID. Please check our website for the most up-to-date information by going to: [www.campwalt.com/handbooks/camper-travel](http://www.campwalt.com/handbooks/camper-travel) \*\***

Please fill out the online transportation form for your camper's travel to and from camp by **May 1st**.

## CHARTERED BUSES

Campers travel to and from camp on chartered coach buses. There is no additional transportation charge. Buses leave from:

- New York – The Centre at Purchase, Manhattanville Road, Purchase, NY
- Connecticut – McDonald's in Fairfield, CT on I95
- Massachusetts – McDonald's in Lexington, MA on Route 128 Northbound



You will receive the departure schedule in early June. Experienced counselors and leadership staff ride the buses to make the trip fun, introduce new campers, play games and prepare everyone for a comfortable arrival at camp.

### **FIRST SESSION CAMPERS:**

Parents should plan on taking home their child on Saturday, July 24 between 2:00 and 4:00pm.

### **SECOND SESSION CAMPERS:**

On Sunday, July 25, our bus will depart from Purchase, NY at 9:00am for camp. Transportation will also be provided from the CVS parking lot in Hanover, NH at 9:30am. Alternatively, parents who would like to drop off their camper at camp may do so between 10:30 and 11:00am.

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## CAMPER PICK-UP

If you would like to pick up your child on Saturday, August 14, please plan on arriving between 9:45 and 10:30am. Our charter buses will block entry to camp until 9:30am. We do not have adequate supervision available for children after 10:30am.



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## AIR TRAVEL

We offer chaperoned flights from Southern Florida and Los Angeles, California. We will notify you by early March if we are able to provide chaperoned flights this summer and, if so, which flights our chaperones will be on



Campers traveling by air to and from places other than Florida and California should reserve flights that are scheduled to arrive at Logan Airport in Boston or Manchester Regional Airport in Manchester, NH on **June 26** between 1:00 and 3:00pm and that depart Logan or Manchester on **August 14** between 2:00 and 4:00pm. Walt Whitman representatives will greet arriving campers at the airport and escort them to the airport for their departing flights. **Please check with our office before any flight reservations are made.**

Because of space limitations, the logistics involved and airport regulations, we require that duffels be shipped directly to and from camp. Only a small travel bag or pack frame can be accommodated on the vans that we use to take campers between the airport and camp. Bags must be shipped to and from camp using R&B Shipping, our shipping provider.



# BAGGAGE INFORMATION



## R&B CAMP BAGGAGE

**603-536-2197, [www.rbcampbaggage.com](http://www.rbcampbaggage.com)**

R&B Camp Baggage will again ship our campers' duffels to and from camp. Through a partnership with FedEx, R&B serves the entire United States. R&B has consistently provided Walt Whitman families with prompt, efficient and courteous service. Please note the following regarding R&B:

- Please register and pay online at <http://www.rbcampbaggage.com>
- To qualify for early registration, and to be assured of service, you must enroll prior to May 1st.
- Baggage tags and instructions will be sent in late May. You will receive your final pickup date and time confirmation on June 1st via e-mail. Pickup dates by area will be posted on the R&B website.
- Ten days prior to the end of camp, R&B will notify you by e-mail of your baggage return date. Baggage tags for return delivery will be sent to the camp.

### **FIRST SESSION CAMPERS:**

Parents will need to take the duffels with them when they pick up their campers on Saturday, July 24 or arrange to have them shipped home by R&B.

### **SECOND SESSION CAMPERS:**

Parents dropping off their child on Sunday, July 25 (drop-off is between 10:30 and 11:00am) may bring their camper's duffels with them or send them to camp by R&B. Parents utilizing our bus service to camp on Sunday, July 25 from Purchase, NY will need to send their child's duffels to and from camp via R&B. This can be done on R&B's website.

**Remember, all duffels must be shipped to and from camp regardless of whether your camper is flying to camp or arriving on our chartered buses. Duffels cannot be taken on our buses.**

# CORRESPONDENCE TO AND FROM CAMP

## MAIL TO CAMP

*After June 15, please send all mail to:*

Camp Walt Whitman  
1000 Cape Moonshine Road  
Piermont, New Hampshire 03779



## ***Camper Mail Should Be Addressed to:***

<div data-bbox="1218 556 1331 661">A small icon of a postage stamp featuring the American flag.</div> <div data-bbox="782 676 1183 819">Camper Name (*Cabin Number) Camp Walt Whitman 1000 Cape Moonshine Road Piermont, NH 03779</div>
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***\* Cabin number will be sent to families at the start of camp***

Remember, just as parents look forward to getting letters, campers eagerly await their mail. It is especially important that campers receive mail in the first few days of camp.

## MAIL HOME

We recommend sending younger campers to camp with a supply of pre-addressed stamped envelopes. Mail will usually take 3 to 4 days to reach you from camp.

## E-MAIL

Our e-mail system provides parents the opportunity to send electronic mail to their child. As you might imagine, the volume of email we receive is enormous. While emails are great, campers also love receiving "real mail".

## REGULAR WEBSITE UPDATES

To keep you as current as possible with all that's going on at camp, we will regularly update our website. Website updates will include that day's Walt Street Journal (our daily newspaper), our blog, announcements of special events, trips, and pictures.



# TELEPHONE PROCEDURE



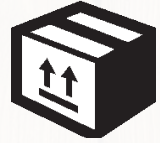
We know from experience that parent calls to children can often be difficult for both — happy campers can “fall apart” on hearing a parent’s voice, then go off to resume having fun with their friends, leaving parents worried and concerned. Nevertheless, we are not comfortable precluding campers from talking with parents by telephone.

Please don’t feel that telephone calls are necessary or encouraged. Letters are the best way to communicate. Campers look forward to receiving them each day and reread them often. However, to accommodate campers and parents who need to touch base by phone, we ask you to adhere to the following procedures:

1. **TIMING OF CALLS:** Campers and parents must wait until **Tuesday, July 6** before talking with each other. This will allow campers to acclimate to camp and to make the necessary separation from home.
2. **SCHEDULING CALLS:** Detailed information about how the online phone reservation system works will be emailed to you when it is ready to go live on **Friday, July 2**. We schedule phone calls in advance because we do not have a loudspeaker to page campers, and the times when campers are available for a phone call are limited. We cannot have parents “calling in” at scheduled phone times since the lines are usually in use, and we can not always ensure that the camper has arrived to receive a call. We appreciate your understanding of this policy. Last minute scheduling changes due to weather, intercamp commitments, etc. occasionally result in missed camper phone appointments. We appreciate your understanding and will do our very best to reschedule another call as soon as possible. We schedule calls for the second half of the summer after Visiting Day.
3. **CALL TIMES:** Campers who have finished grades 2 through 5 by this summer can be scheduled between 12:30pm and 1:15pm and 6:45pm and 7:15pm. Campers who have finished grades 6 and 7 by this summer can be scheduled between 1:30pm and 2:15pm and 6:00pm and 6:30pm. Camper will call at some point in the window you schedule your call. These times are convenient for most campers on most days
4. **TIME LIMIT:** **All calls are limited to ten minutes.** While there is often lots to say and tell, everyone must be considerate of other campers and parents who are eager to speak with each other. An active, fully scheduled camp day simply does not leave lots of time for talking on the telephone.
5. **FREQUENCY OF CALLS:** *Campers and parents can speak up to four times over the 7 weeks of camp, or two times for campers at camp for our 3 or 4 week sessions.* More frequent telephone contact would disrupt campers and their summer experience. In point of fact, most parents speak with their child no more than two or three times during the summer.
6. **EMERGENCIES OR SPECIAL SITUATIONS:** If an emergency or special situation necessitates an immediate call, please call and speak with our Summer Office Manager, or if after office hours, leave a message. After 9:00pm, our lines are answered by an answering machine and will be checked regularly until midnight by the Senior OD. Please do not call after 9:00pm unless there is a true emergency.
7. **BIRTHDAY PHONE CALLS:** If your child has a birthday during the summer, please call our office in advance to set up a special birthday phone call.



# PACKAGE POLICY



## WE HAVE A NO PACKAGE POLICY AT CWW.

Of course, if there are any essential items that your child requires, you can email our Summer Office Manager, Matt Jackowitz (matt@campwalt.com), to let him know what the items is and when we should expect it. Any item that arrives other than a standard letter will be opened in our mailroom and only those items that have been pre-approved will be delivered to our campers. Any item that arrives without prior approval from our Office Manager will be held in our mailroom until Visiting Day or until the last day of camp. Our goal is to eliminate campers receiving non-essential items in the mail to limit competition within the cabin and relieve parents of any pressure.

### **BIRTHDAY PACKAGES:**

Birthdays at camp are very special and we do allow birthday packages to be sent. Please address this package to: **"Your Child's Name" Att: Matt Jackowitz – Birthday** and also email Matt (matt@campwalt.com) to alert him to its arrival. Please note that no food can be sent and all packages will be opened to ensure this is followed. For this reason, we ask that you do not wrap any items. As a reminder, "bunk gifts" sent to each bunkmate are not allowed.

# ELECTRONICS POLICY



**ELECTRONIC GAMES:** Campers are prohibited from bringing hand held electronic games to camp.

**CELL PHONES:** Cell phones are not permitted at camp. We do not have cell service at camp so cell phones do not provide a reliable means of communication for campers and parents. Our policy regarding cell phones extends to trips out of camp. This is primarily a security concern for us as we do not want campers telling people outside of our camp community where they are and where they are going to be. We ask for your help in enforcing our camp cell phone policy.

**IPODS AND OTHER MUSIC PLAYING DEVICES:** We understand that many campers like to listen to music during the summer and want to make sure they are able to do so. At the same time, we feel it is essential to the camp experience that campers are not utilizing electronic devices at camp to play games, watch videos, chat with other devices, access social media, or spend time online. Therefore, we continue to have a strict policy about what is permitted and what is not permitted for campers to bring to camp. Any device that is equipped with a Wi-Fi connection, 3G/4G/5G data connection, or has video playing capability is NOT allowed at camp. Here's what's permitted:

### **For families who utilize downloaded music:**

- If you have previously purchased an iPod Shuffle or Nano without a video screen (or if you can still find one online), these are still great for camp.
- Alternatively, we suggest you consider buying a non-Apple MP3 player. This is a relatively inexpensive option and there are many devices available online.

### **For families who utilize Spotify or Amazon Music:**

- We recommend Mighty Vibe. With Mighty, campers can download their online playlists and listen to them throughout the summer without the need for an internet connection. The only caveat is that due to music licensing, Mighty will only store music for 30 days unless it is reconnected with your Spotify or Prime account. Therefore, we will open up our wifi for parental use on visiting day so that this can be accommodated.

**ELECTRONIC FANS:** Large box fans which plug into a wall outlet are not permitted.

**ELECTRIC TOOTHBRUSHES:** We do not recommend sending these and cannot be responsible if lost.



# HEALTH INFORMATION



***\*\* Information regarding Camp Walt Whitman's Summer 2021 COVID-19 protocols will be sent to families this Spring. Below is our standard health information that is unrelated to COVID-19. Please check our website for the most up-to-date information by going to: [www.campwalt.com/handbooks/covid-19-protocols](http://www.campwalt.com/handbooks/covid-19-protocols) \*\****

We are fortunate to have a capable medical staff including a full time resident doctor, six nurses, one athletic trainer, and a health care assistant. They all work hard to provide excellent camper and staff medical care and to be responsive to parent inquiries and concerns.

## COMMUNICATION ABOUT HEALTH ISSUES

Serving our very active campers and staff is hard work. We understand the importance of keeping you informed about health issues affecting your child. Our medical staff follows the guidelines below and responds to you as quickly as time allows:

1. We generally will not contact you if your child is seen in the Health Center for routine problems, i.e. minor skin abrasions, headache, cold, etc.
2. If your child is put on antibiotics or kept in the Health Center overnight, a member of our nursing staff will call you. **The phone numbers you provide on your child's Health Form will be used to contact you.**
3. If your child has a medical emergency, we will contact you immediately by phone.

## REQUIRED HEALTH FORMS

**Please understand that we cannot permit a child to participate in activities unless we have completed health forms, including a current health history and physician's examination on file at camp. This helps us to ensure the best quality health care and is for the well-being of your child.**

### **CAMPER HEALTH HISTORY FORM**

Parents must complete and submit the online Health History form by **May, 1**. The information required is essential to meeting the possible medical needs of your child. We are required to have this form updated and signed (electronically) every year.

### **CAMPER MEDICAL FORM**

This PDF form must be printed to be completed, signed by your child's physician, and then uploaded to CampInTouch. The annual physical examination form generated by your pediatrician's office is also acceptable. Documentation of a physical exam performed **after July 1, 2020** is required. **There is no need to send in an outdated form; if your child's check-up is late Spring, you may submit the paperwork after the visit to the doctor.**

### **IMMUNIZATION FORM**

This form must be printed and uploaded to CampInTouch. Alternatively, we can also accept the immunization history form provided by your pediatrician's office.





## **PARENT AUTHORIZATION & INSURANCE CARD**

This form must be printed, signed, and uploaded to CampInTouch in order to authorize emergency treatment to your child. Copies of the front and back of your insurance card(s) should be attached. Please remember to **SIGN THIS FORM**.

## **MEDICAL CHARGES**

The camp tuition covers all standard medical services provided in camp. All medical bills from providers outside of camp will be sent directly to you by the provider to be paid by you or your health insurer.

## **MEDICATIONS**

### **PRESCRIPTION AND NON-PRESCRIPTION MEDICATIONS**

In order to ensure that our medical staff administers all medication sent to camp in the safest, most efficient manner, we work with **CampMeds** to prepackage all camper medications. This helps to ensure that every camper gets the correct medication and dosage at the right time on the correct day.



- All **daily** medications in **pill form**, whether prescription or over-the-counter, must go through CampMeds.
- All medication that is taken **as needed** can be mailed to camp to Carolyn's attention. It should arrive between June 10 – June 20. This allows our healthcare staff enough time to prepare for your child's arrival.

Additional and more detailed information will be sent in a separate mailing in the Spring.

If a camper requires prescription medication from a pharmacy during the summer, the charge will be made to your medical insurance carrier. You will be billed for any deductibles greater than \$20.00.

**If your child uses an inhaler or epi-pen, please send two, one for us to keep in the Health Center and one packed to go out on trips.**

### **OVER-THE-COUNTER MEDICATIONS**

Our Health Center stocks basic over-the-counter antibiotics and drugs. The following is a partial list of items we stock in the Health Center. Please do not send any of these items with your camper:

- **FIRST AID:** Ace wraps or any type of band-aids, Bacitracin and/or any type of antibiotic ointment
- **PAIN MEDICATIONS/MUSCLE RELIEF/ ANTI-NAUSEA:** Ibuprofen and Acetaminophen (pills and liquid), Aleve, Midol, Mineral Ice, Dramamine
- **COUGH/COLD:** Sudafed, Robitussin, Robitussin DM, Delsym, Cough drops, Chlorospetic, non-pseudo nasal decongestant
- **ALLERGY:** Claritin, Zyrtec, Benadryl (pills and liquid)
- **CREAMS/LOTIONS/SPRAYS:** Benadryl, Lotrimin Ultra, Calamine, Caladryl, Hydrocortisone 1%, Gold Bond, Athlete's Foot Cream and Spray, Aloe Gel Sunburn Cream
- **GI HEALTH:** Tums, Mylanta, Chewable Imodium, Lactaid, Fiber Pills, Metamucil
- **EYES/EARS/NOSE:** Visine, Clear Eyes, swimmer's ear drops, wax removal ear drops, saline spray
- **ASTHMA MEDICATIONS:** Albuterol solution and nebulizer





## OTHER HEALTH CONCERNS

### LYME DISEASE

All of us who live in the Northeast have a heightened concern and awareness of Lyme disease. Our doctors and nurses are trained and educated on the symptoms, tests and medications for the disease. We will contact you immediately should your child present any symptoms.

### HEAD LICE

Head lice have reappeared over the past few years in schools and camps across the U.S. Self contained communities like camps are especially vulnerable and must be vigilant to control this problem. To combat head lice, we contract the services of an experienced company to check all campers on the first night of camp.

If any positive cases of lice are found, they will treat the camper on-site. For campers who arrive with lice, the camper's parent will be billed \$375 for this treatment. We will begin treatment immediately so that campers can stay in their cabins on the first night of camp. During the last week of camp, the lice company will return for a final inspection. Any camper found to have lice will be treated at the camp's expense.

**We are committed to doing all we can to keep lice out of our community. We encourage you to have your child checked for head lice by a school nurse or pediatrician prior to camp. If any sign of head lice is found, arrange for appropriate and immediate treatment well BEFORE your child leaves for camp and let us know that such treatment has taken place.**

### EYEGASSES

If your child wears eyeglasses, we strongly suggest that you send an extra pair to the Health Center where we will keep them until the end of the summer. The extra pair can be used if your child's glasses are lost or broken. If the extra pair is not needed, we will return them to your child on packing day.



# CLOTHING AND GEAR



## PACKING LIST

Below is a detailed list of the clothing and equipment needed at camp based on a once a week laundry service (out one day, back the next). We supply a color coded laundry bag to every camper. Please do not send items that are expensive or have sentimental value to camp as we cannot be responsible for their loss. **Please do not overpack! Campers do not need more than what's recommended and storage space is limited.**

### CLOTHING

- 10-12 washable face masks (these will be cleaned weekly with camper clothing) **(required)**
- 50 disposable face masks **(required)**
- 2 CWW forest green tees (ordered through The Camp Spot) **(required)**
- 1 pair hiking boots - please break in before camp **(required)**
- 1 water-repellant rain jacket **(required)**
- 8-10 pairs shorts (at least 6 pairs athletic)
- 3 long-sleeved t-shirts
- 2 sweat shirts
- 1 fleece
- 10 T-shirts
- 2 "climate control" T-shirts (not cotton, i.e. Under Armour, Gore-tex, synthetic, breathable) for hiking
- 2-3 pairs long pants
- 2-3 pairs pajamas
- 12 pair underwear
- 12 pairs athletic socks (1 pair of hiking socks)
- 3-4 bathing suits\*

### OTHER

- 1 pair flip flops/crocs for beach or pool only
- 2 pair sneakers
- 2 hats with brim
- 20 pre-addressed envelopes (campers under 10)
- 3 standard size towels
- 3 standard size beach towels
- 4 washcloths
- 1 shower caddy
- 1 wide-toothed comb (Girls)
- 1 comforter or 3 cot-sized blankets
- 1 pillow – 2 cases
- 4 twin or cot size sheets (2 flat & 2 fitted)
- 1 sleeping bag
- 1 flashlight
- 1 liter water bottle **(required)**
- 1 daypack
- 1 Crazy Creek chair **(suggested)**

### **\* FOR GIRLS: Bikinis are not allowed.**

*Tankinis are acceptable, but they cannot have a bikini bottom and must cover the mid-section. We recommend that girls wear one-piece bathing suits.*

### Toilet Articles:

(label clearly with full name)

Comb, brush, toothbrush, toothpaste, dental floss, deodorant (older campers), shampoo, conditioner, liquid body soap, insect repellent, sunscreen

### Sports Equipment:

(label clearly with full name)

- Shin guards **(required)**
- Tennis racket (label clearly with full name on handle **and** cover) **(required)**
- Soccer cleats **(suggested)**
- Boys: protective cup **(suggested)**
- Softball/Baseball glove **(suggested)**
- Swim goggles **(suggested)**
- Lacrosse Stick (optional)
- Lacrosse Pads and Helmet (optional)

### Optional:

(make sure to label clearly with full name on all optional possessions)

Camera, Books, Fishing rod, Musical instrument, Sunglasses



## PURCHASING CAMP CLOTHING - THE CAMP SPOT

To make camp clothes purchasing more convenient, The Camp Spot's full Camp Walt Whitman catalog can be accessed by going to [www.thecampspot.com](http://www.thecampspot.com) into your browser. From this page, in addition to accessing the clothing catalog, families can set up an appointment, order a Fit Kit (a convenient Covid friendly way to try on different sizes of clothing before placing your final order), print the packing list, or just start shopping. Please keep in mind that **purchase of the listed clothing from The Camp Spot is strictly optional except for the two CWW forest green T-shirts** which are required and will be worn for intercamp sports and for trips out of camp.

Allow three weeks for fulfillment of your orders. ORDER EARLY TO ENSURE ON-TIME DELIVERY.

## NAME TAPES AND LABELS

**Name Tapes and Labels:** All clothing and possessions, including sports and camping equipment and footwear, must be labeled with the **camper's first and last name**. Labeling clothes and personal items with initials or first names is not sufficient as many campers share initials and have the same first name. We recommend the following options:

- **The Camp Spot** - [www.thecampspot.com](http://www.thecampspot.com) - Our official camp supplier, also sells name tapes.
- **Label Daddy** - [www.labeldaddy.com](http://www.labeldaddy.com) - Not only is their quality excellent, but if you use the promotional code **projectmorry** which is set-up for Walt Whitman families, 25% of your purchase will be donated to Project Morry.

**Many campers have the same brand of rackets and gloves. Please label these appropriately and make sure to label both rackets and racket covers.**

**CAMPERS MISPLACE CLOTHING AND EQUIPMENT. PLEASE BE SURE THAT EVERYTHING IS LABELED (EITHER SEWN, IRON-ON, INDELIBLE PEN, STAMP, OR STICKER) WITH CAMPER'S FULL NAME.**

## PROHIBITED ITEMS

Each camper is provided with a cubby to store his/her belongings. Please do not send extra storage containers, including drawer units or under bed containers, as there is no space for these. Any storage containers sent to camp will be held for pickup on Visiting Day. We appreciate your understanding.

Also, please do not send or allow your camper to bring a pocketknife to camp. They are an unnecessary hazard and are prohibited.

## BEDDING

We offer summer rental of one pillow, two pillowcases, four sheets, three blankets (70% wool, 30% fiber), and four towels. If you would like to rent bedding, the rental fee is \$50.00. Please complete and return the online rental form. Please note that most campers prefer to bring their own bedding as it is often a comfort from home.

## LAUNDRY

Laundry will go out one morning and will be returned the next morning in individual color coded laundry bags provided by camp. Please remember, laundry is done by a commercial laundry service, and expensive/fancy clothes are not appropriate or necessary for camp, nor can the laundry service be held responsible for them.



# CAMPING EQUIPMENT

***\*\* Please note that we do not yet know to what extent we will be able to run our standard Outdoor Adventure Program this summer. Please DO NOT purchase any hiking equipment until you hear from us this Spring if it will be necessary. \*\****

**HIKING BOOTS:** Hiking boots are essential for all campers. They provide necessary ankle support and comfort. They can be purchased from any good outdoor equipment store and should be sized while wearing wool/dryfit socks. Recommended are boots with good ankle support, **not the low fitting style.**

**CAMPING GEAR:** All campers hike or are on a trip one day per week. All campers will need at least one 1-liter water bottle. They also should have at least two T-shirts made of synthetic material (such as used for sports wear-NOT cotton), a waterproof jacket, and thick over-the-ankle hiking socks. A daypack (ex. school backpack) is also required. Campers who have completed 6th grade have the opportunity to choose to take part in a multi- day camping/hiking expedition. Those participants also require, in addition to the equipment listed on the next page, a good quality rain jacket (NOT a poncho) preferably made of Gore-Tex or equivalent, rain pants, fleece and two pairs of hiking socks. Mess kits are not required for campers who have not yet completed 6th grade, but are required for older campers.

**SLEEPING BAGS AND SLEEPING MATS:** We highly recommend that all campers bring a sleeping bag to camp as every age group will participate in at least one overnight campout. It is a worthwhile investment to purchase a quality sleeping bag as it can last for a lifetime. While camp will provide campers in need with a sleeping bag, please note that these are communal sleeping bags that logistically cannot be cleaned after every usage.

Campers who have not yet completed 6th grade need only a summer rated bag, but older campers participating in an overnight expedition require a good quality sleeping bag that can go down to 30°F or below and pack to a small size. Closed-cell or inflatable (Therm-a-rest) sleeping mats are also a useful option for older campers.

**FRAME PACKS:** Campers who have finished 6th and 7th grades will require a frame pack at camp in order to participate in our overnight hiking program. Camp will provide a frame pack to any child who needs one. However, while the packs we provide are high quality, over the years many campers have preferred to bring their own personal frame pack because of the increased comfort. Should you want to purchase a frame pack for your child, you can find our recommended packs below. The benefit to purchasing your own frame pack is that it can be individually fit to your child's body and can grow with him/her over time.

## **EQUIPMENT RECOMMENDATIONS:**

### **DAYPACKS**

- Option 1: Utilize your child's school backpack
- Option 2: Osprey Daylite Daypack \$60 ([www.backcountry.com](http://www.backcountry.com) or [www.amazon.com](http://www.amazon.com))

### **SLEEPING BAGS**

- Marmot Nano Wave 40-Kids \$60 ([www.backcountry.com](http://www.backcountry.com))
- Marmot Trestles 30-Kids \$85 ([www.backcountry.com](http://www.backcountry.com))

### **FRAME PACKS**

- Teton Sports Ultralight backpack - Hiker 60 Liters or Outfitter 60+10L \$76-112 ([www.amazon.com](http://www.amazon.com))
- REI Co-op Tarn 65 Pack – Kids \$165 ([www.REI.com](http://www.REI.com))  
High quality, durable, adjustable pack suitable for campers who will have longer term use of frame pack.



# CAMPING EQUIPMENT *Continued*

## **SLEEPING MATS**

- Therm-a-rest Ridge Rest SOLite Sleeping Pad - Regular \$30 ([www.backcountry.com](http://www.backcountry.com))
- Therm-a-rest Z Lite Sleeping Pad \$40 ([www.backcountry.com](http://www.backcountry.com))

## **MESS KIT**

- GSI Outdoors Cascadian 1-Person Table Set \$15 ([www.REI.com](http://www.REI.com))

The chart below is designed to help you determine what hiking and camping equipment is required for your child's age group. Please contact us with any questions.

EQUIPMENT ITEM	GRADE COMPLETED JUNE 2021					
	2	3	4	5	6	7
1 1-Liter Water Bottle	•	•	•	•	•	•
1 Climate Control Fabric T-Shirt	•	•	•	•		
2 Climate Control Fabric T-Shirts					•	•
1 Water-Resistant Hooded Jacket (Not Poncho)	•	•	•	•	•	•
2 Pairs Over-the-Ankle Hiking Socks	•	•	•	•	•	•
1 Day Pack (e.g: School Back Pack)	•	•	•	•	•	•
1 Pair Over-the-Ankle Hiking Boots			•	•	•	•
1 Pair Hiking Boots / Shoes	•	•				
1 Pair Rain Pants					•	•
1 Fleece	•	•	•	•	•	•
1 Warm Hat					•	•
Sleeping Bag	•	•	•	•	•	•
Frame Pack					•	•
Mess Kit					•	•
Sleeping Mat					•	•





# OPTIONAL PROGRAMS

## INTENSIVE TENNIS



For over 20 summers, we have been privileged to have Dave Porter as our tennis director. Dave is currently the Head Tennis Coach at BYU after spending many years as the longtime head coach of the men's and women's tennis teams at Brigham Young University in Hawaii. He was also the former President of the United States Professional Tennis Association (USPTA).

He is a member of the USPTA High Performance Coaching Committee and, along with six others (including Billie Jean King, Chris Evert and Nick Bollettieri), helps to develop the curriculum for coaches of elite players in the United States. He regularly gives seminars and tennis clinics to coaches around the world and has published numerous articles on tennis related topics.

Dave's teams at BYU-Hawaii have won a total of 10 NCAA Division II Championships. Dave has been named Collegiate Coach of the Year five times and has spent a month in China each of the past five years coaching the Chinese National Team. In 2003, Dave became the only coach in NCAA history to lead men's and women's teams to consecutive NCAA championships.

To take full advantage of Dave's exceptional teaching ability, we offer a special intensive tennis option for our campers. The intensive tennis program provides private and small group instruction from Dave and several of his top instructors. Participation in the program is limited to truly committed camper tennis enthusiasts. Campers receive an extra two hours of instruction per week (twelve hours in all over the course of the summer). For campers finishing 2nd-5th grade, these lessons will occur at rest hour. For campers finishing 6th-9th grade, these lessons will be before breakfast. The total cost for this additional twelve hours of instruction is \$400 per camper. The fee for First or Second Session campers is \$200. You may enroll in this program online by selecting it on your forms dashboard. The form should be mailed to our office accompanied by a **check made out directly to Dave Porter.**

**PLEASE NOTE:** Since Dave can only accommodate a limited number of campers, places are reserved on a first enrollment basis up to the maximum number Dave can accommodate by age.

## WATERSKI SPECIALTY



***\*\* We are uncertain if we will be able to run this off-site program from Summer 2021. The details below provide the necessary information if we can run. We will let you know the status of this program in the Spring. \*\****

All of our campers will participate in our regular waterski program; however campers finishing grades 4 through 9 by this summer may receive extra instruction by participating in our waterski specialty. The waterski specialty includes four additional 3-hour sessions of waterskiing. These sessions will be given by Camp Walt Whitman's own instructors and take place on Newfound Lake at Camp Wicosuta, a 30 minute drive from camp.

The cost for this program is \$200 per camper. Please complete the form online and return it to us by **May 1**. There is a limited enrollment space of 45 campers, and after May 1, we cannot guarantee a place in this program. Campers will be enrolled on a first-come first-served basis.

Campers who register for the waterski specialty may occasionally find that special activities and trips conflict with their waterski specialty. We will do our very best to reschedule missed waterski time, but please understand that this is not always possible, and a refund cannot be made for waterski time missed due to alternate group scheduling, camper selection of another activity, elective intercamp games or weather.

**Because of the complexity involved with scheduling, this option is only available to 7 week campers.**



## INTENSIVE GOLF

Intensive Golf is for campers finishing grades 4 through 9 by this summer who are committed to developing their golf game. Campers will receive additional weekly instruction for a minimum of 6 hours of small group and individual instruction throughout the summer. If we determine that we can safely do so, intensive golfers will also participate in two trips to a local golf course. We will make this determination this Spring.



Because this program complements a very active day for all campers, we do not believe participation for younger campers (those finishing grades 2 or 3 by this summer) is appropriate. In addition, there is a limited enrollment of 16 and places will be filled on a first-come first-served basis. The cost for this program including lessons and greens fees is \$350 for 7 week campers (6 lessons) and \$200 for First or Second Session campers (3 lessons). **Please complete this form by May 1.**

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## HORSEBACK RIDING

***\*\* Unfortunately, do to the structure of this program and concerns about COVID – 19, we will not be offering horseback riding this summer. \*\****



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## ACADEMIC TUTORING

We offer tutoring to any camper needing academic support or requiring remediation in English or Mathematics. In addition to remediation in basic skills, we also offer a program for campers who need to work on their study/ research skills or who simply need to do review work in a subject area to strengthen and prepare for the coming academic year. We have several certified teachers on our staff to offer this program, and it will be scheduled to minimize any interference with regular camp programming. Our tutors will be happy to speak with your child's school directly if necessary. If you would like to enroll your child, this form will be available in CampInTouch in February. If you have any questions, please contact Stephanie Herr at our Winter office at (914) 948-9151.





# TRIPS



**\*\* We do not yet know what our trip program will look like for this summer. We will communicate our trip plans this Spring. You can find our most up-to-date information by going to: [www.campwalt.com/handbooks/trips](http://www.campwalt.com/handbooks/trips) \*\***

## OFF CAMP TRIPS

### **Baker River:**

*Campers finishing 2nd and 3rd grade by this summer*

Once a summer, our youngest campers get to spend a night and a day with their own cabin group at our Baker River Campsite, 10 miles from camp. It is a wonderful location where the water runs clean and cold over a rib of white granite rock that forms a beautiful clear pool. Campers arrive late afternoon and spend the evening eating a fabulous dinner, listening to stories and eating marshmallows around a campfire. The next day they have breakfast, explore the upper reaches of the river, have lunch and come back to camp mid-afternoon after a stop at Moose Scoops ice cream. A great time for all!

### **Special Excursions:**

*Campers finishing 2nd through 5th grade by this summer*

Special excursions are exciting overnight trips that take place during the second half of camp and are a true highlight of each camper's summer. All special excursions involve an outdoor experience along with a visit to a unique, local attraction. Outdoor experiences from past trips have included nature walks along beautiful North Country landscapes, exploring cascades to see the wonder of natural rock slides and a chance to play in picturesque waterfalls. Some of the attractions our campers have visited include splashing around at the waterpark, incomparable views from the gondola as they scale a mountain and museum exhibits chock full of science and history. All trips include camping out at scenic sites complete with a campfire and s'mores under the beautiful New Hampshire stars. No special excursion would be complete without finishing the adventure with one last stop for ice cream at Moose Scoops or the Ben and Jerry's Factory.

### **White Water Rafting:**

*Campers finishing 6th grade by this summer*

On Wednesday, July 28, campers will travel by deluxe coach bus to Massachusetts and begin their adventure at Jiminy Peak's Mountain Adventure Park. Here they will get to enjoy the park's Mountain Coaster, Alpine Super Slide, Zip Line, Giant Swing, Climbing Wall, and Bungy Trampoline. Campers will then spend the night at a local hotel before departing for an amazing day of rafting on the Deerfield River enjoying class II and class III rapids. Campers will return to camp late on Thursday evening.

To make this trip the best and safest possible, we are using Zoar Adventure, who is known for their professionalism and safety. Zoar provides specially equipped white water rafts, wet suits, all necessary equipment and an experienced guide (along with one of our CWW staff members in every raft).

The total cost of this trip is \$495. If we plan to run this trip, this fee will appear on your Spring tuition statement. This includes meals, hotel, guides, equipment, and transportation on coach buses. In the spring, we will send you additional information from Zoar Adventure. If, for any reason, you do not want your child to go on this trip, he or she will be able to remain at camp and participate in regular camp activities.



### **Lake Placid Adventure Days:**

*Campers finishing 7th grade by this summer*

- Day 1:** Children will depart CWW on deluxe coach bus and arrive early-afternoon at our campsite in the heart of Lake Placid. Campers will enjoy the afternoon and evening exploring this beautiful and historic village with their counselors, including the opportunity to tour the Olympic Museum.
- Day 2:** Campers will head to Whiteface Mountain where they will have options to participate in mountain top yoga, enjoy a highly rated disc golf course, participate in a Fun Zone park, and enjoy an Airbag jump. After lunch, campers will head to the Olympic Junior Complex where they will have the opportunity to pilot a training luge down a paved course, receive a hockey shot clinic (don't forget Lake Placid was home to The Miracle on Ice in 1980), and participate in a paintball biathlon. This will all be followed by a guided tour of the jumping complex, including a glass elevator trip to the top of the 120 meter ski jumping tower.
- Day 3:** Campers will head to Lake Placid's famous Olympic Bobsled track. Here, all campers get to experience the excitement of this Olympic sport as they enjoy a real bobsled ride accompanied by a professional driver and a professional brakeman on every sled. Afterwards, campers will return to camp with what we are sure will be wonderful stories!

The cost for this program is \$450. If we plan to run this trip, this fee will appear on your spring tuition statement. This includes admission fees, instructional fees, equipment rental, transportation, and meals and snacks each day.

## **CAMPER BANK**



***\*\* If we are able to run our off-camp trips referenced on the previous pages, campers finishing 5th grade and older will require camper bank (see below). We will communicate this information later this Spring. \*\****

Generally speaking, our campers have little or no use for money at camp. When campers are on trips, camp pays all expenses including snacks, etc.

**Campers finishing 2nd through 4th grades have absolutely no use for money during their time at camp.**

Campers finishing 5th through 7th grades do like to have some "extra" money to take with them on their special trips. We believe a reasonable perspective should be kept on camper spending away from camp. Therefore, we have built a "camper bank" payment into your invoice. All families in each age group will be invoiced the same amount of "camper bank," and we will distribute this money to campers while they are on their trips. When not on trips, this money will be held in our safe. Any unused money will be returned to the child on the final day of camp.

### **CHARGES WILL APPEAR AS FOLLOWS:**

➤ **CAMPERS FINISHING 5th GRADE: \$30**

*Fifth graders have the opportunity to visit the Ben & Jerry's Ice Cream Factory on return from one of their hikes. Campers like to buy mementos; \$30 is more than enough as CWW pays for those fabulous ice cream sundaes.*

➤ **CAMPERS FINISHING 6th GRADE: Full/Second Session - \$65 First Session - \$20**

*White Water Rafting is an exciting two day adventure and campers often like to buy a t-shirt or sweatshirt with Three Rivers Rafting's design.*

➤ **CAMPERS FINISHING 7th GRADE: Full/Second Session - \$65 First Session - \$20**

*Adventure Days offer limited opportunities to spend money and \$65 for mementos is more than enough.*



# VISITING DAY

## Saturday, July 24, 2021



***\*\* We do not yet know if we will be able to host a Visiting Day at camp this summer. Please check our website for the most up-to-date information by going to: [www.campwalt.com/handbooks/visiting-day](http://www.campwalt.com/handbooks/visiting-day). In the meantime, while we suggest booking a hotel room early, we encourage everyone to only book hotel rooms that are fully refundable. \*\****

Visiting Day starts at 10:00am on Saturday and ends at 4:00pm. Please understand that with the exception of second year senior campers, it is firm camp policy that campers may not leave the campgrounds during Visiting Day.

We try to make Visiting Day a relaxed family time together. We do not believe in "putting on a show" for parents but rather want our camp families to simply experience camp and enjoy being together.

Saturday morning is spent visiting, touring camp, meeting counselors and friends. After a buffet lunch on the front lawn, the afternoon offers the opportunity to participate in activities throughout camp together. Parents depart at 4:00pm.

**NO DOGS ALLOWED IN CAMP ON VISITING DAY – we appreciate your understanding.**

**PARKING:** Our gates will open for parking on Visiting Day at 9:00am. All cars will be parked on the upper baseball field between 9:00am and 10:00am with only handicapped parking accessible in the main part of camp. Coffee and snacks will be served between 9:00am and 10:00am, at which time all parents will be permitted to walk the 2/10 mile into the center of camp. Since everyone will be parked in the same general area no matter when they arrive, and everyone will be permitted into camp at the same time, there is no need to rush to camp "to get an early place in line."

**FOOD:** Because we know campers like to have parents bring favorite treats to camp and we do not want to police visitors, we do not have a policy which limits what parents bring in. Unfortunately, many parents go to excess, often at the request of their child, and bring with them large amounts of candy, junk food, drinks and even "exotica" like pizza, Chinese food and bagels and lox. For the most part, all of these items are served at camp, but parents still feel the need to provide their camper with even more. The unfortunate result of this excess is that many campers wind up with stomachaches, and we have an overworked nursing staff seeing campers at all hours of the night. We urge you to limit what you bring into camp. We also want you to know that **all food is removed from cabins immediately after you depart** despite camper pleas to the contrary. We do this out of concern for the health of our campers and the general good of our camp community. As a reminder, camp is a **nut free** community and we ask that you keep this in mind when bringing food into camp. We appreciate your understanding.



# HOTEL RECOMMENDATIONS



We suggest making your reservations as soon as possible but **please make sure the room is fully refundable.**

**Fairlee, VT** (30 minutes to camp)

Silver Maple Lodge and Cottages - 800-666-1946/802-333-4326; [www.silvermaplelodge.com](http://www.silvermaplelodge.com)

**Hanover, NH** (40 minutes to camp)

Element Hanover-Lebanon - 603-448-5000; [www.elementhanoverlebanon.com](http://www.elementhanoverlebanon.com)

Six South St Hotel - 603-643-0600; [www.sixsouth.com](http://www.sixsouth.com)

Hanover Inn - 603-643-4300; [www.hanoverinn.com](http://www.hanoverinn.com)

**Holderness, NH** (approx. 60 minutes to camp)

Manor on Golden Pond - 800-545-2141/603-968-3348; [www.manorongoldenpond.com](http://www.manorongoldenpond.com)

**Lebanon, NH** (45 minutes to camp)

Courtyard by Marriott - 888-236-2427/603-643-5600; [www.marriott.com/hotels](http://www.marriott.com/hotels)

Days Inn - 603-448-5070; [www.daysinn.com/lebanonnh](http://www.daysinn.com/lebanonnh)

Residence Inn by Marriott - 603-643-4511; [www.marriott.com/hotels](http://www.marriott.com/hotels)

**Lyme, NH** (25 minutes to camp)

Breakfast on the Connecticut - 888-353-4440 /603-353-4444; [www.breakfastontheconnect.com](http://www.breakfastontheconnect.com)

The Lyme Inn - 603-795-4824; [www.thelymeinn.com](http://www.thelymeinn.com)

**Norwich, VT** (40 minutes to camp)

Norwich Inn - 802-649-1143; [www.norwichinn.com](http://www.norwichinn.com)

**Plymouth, NH** (35 minutes to camp)

Federal House Inn - 866-536-4644/603-536-4644; [www.federalhouseinnnh.com](http://www.federalhouseinnnh.com)

The Common Man Inn & Spa - 866-THE-CMAN/603-536-2200; [www.thecmaninnplymouth.com](http://www.thecmaninnplymouth.com)

**West Lebanon, NH** (45 minutes to camp)

Fireside Inn & Suites - 877-258-5900/603-298-5900; [www.firesideinnwestlebanon.com](http://www.firesideinnwestlebanon.com)

Sunset Motor Inn - 603-298-8721; [www.sunsetinnnh.com](http://www.sunsetinnnh.com)

**White River Junction, VT** (40 minutes to camp)

Comfort Inn - 802-295-3051; [www.comfortinn.com](http://www.comfortinn.com)

White River Inn and Suites - 802-295-3015; [www.whiteriverinnandsuites.com](http://www.whiteriverinnandsuites.com)

Holiday Inn Express - 802-299-2700; [www.hiexpress.com](http://www.hiexpress.com)

Hampton Inn - 802-296-2800; [www.hamptoninn.com](http://www.hamptoninn.com)

Super 8 Motel - 802-295-7577; [www.super8.com/whiteriverjunction](http://www.super8.com/whiteriverjunction)

Hotel Coolidge - 802-295-3118/800-622-1124; [www.hotelcoolidge.com](http://www.hotelcoolidge.com)



# RESTAURANT RECOMMENDATIONS

## **Bradford, VT**

Colatina Exit - 802-222-9008; [www.colatinaexit.com](http://www.colatinaexit.com)

## **Hanover, NH**

Pine Restaurant, Hanover Inn - 603-646-8000; [www.pineathanoverinn.com](http://www.pineathanoverinn.com)

Molly's - 603-643-2570; [www.mollysrestaurant.com](http://www.mollysrestaurant.com)

Lou's Restaurant & Bakery - 603-643-3321; [www.lousrestaurant.com](http://www.lousrestaurant.com)

Salt Hill Pub - 603-676-7855; [www.salthillpub.com](http://www.salthillpub.com)

## **Lebanon/West Lebanon, NH**

Three Tomatoes Trattoria - 603-448-1711; [www.threetomatoestrattoria.com](http://www.threetomatoestrattoria.com)

Weathervane - 603-298-7805; [www.weathervaneseafoods.com](http://www.weathervaneseafoods.com)

## **Lyme, NH**

Stella's Italian Kitchen and Market - 603-795-4302; [www.stellaslyme.com](http://www.stellaslyme.com)

Ariana's Restaurant - 603-353-4405; [www.arianasrestaurant.com](http://www.arianasrestaurant.com)

## **Orford, NH**

Peyton Place - 603-353-9100; [www.peytonplacerestaurant.com](http://www.peytonplacerestaurant.com)

## **Plymouth, NH**

Lucky Dog Tavern and Grill - 603-536-2260; [www.luckydogtavernandgrill.com](http://www.luckydogtavernandgrill.com)

Italian Farm House - 603-536-4536; [www.thecman.com](http://www.thecman.com)

Foster's Boiler Room at The Common Man Inn - 603-536-2764; [www.thecman.com](http://www.thecman.com)





CAMP  
**WALT WHITMAN**  
EST. 1948

**DIRECTORS**

Carolyn and Jed Dorfman

**WINTER**

September 1 - May 31

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