

CAMP
WALT WHITMAN
EST. 1948



Parent Handbook
2019

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WALT WHITMAN
EST. 1948

Dear Walt Whitman Parents,

Welcome to Walt Whitman! We are thrilled that you are part of our camp family. Whether this is your child's first or ninth summer with us, we look forward to sharing a fun-filled season together. Each summer our campers enjoy making new friends, reuniting with old friends, and feeling accepted and free to be themselves.

We are sending this handbook to help you prepare for camp. It contains information on our policies and procedures, how to order Walt Whitman clothing, where to stay on Visiting Day and more! We update this handbook each year with important information. We encourage you to read through it and use it as the resource it is designed to be.

Walt Whitman is about community - from Monday meetings to campfires, to group instruction on the soccer field or in the woodshop, the sense of community is seen and felt throughout camp. We help boys and girls develop self-confidence in everything they do. Campers are encouraged to push themselves and try new things in order to grow and develop as people. We foster an atmosphere of respect where everyone is included and boys and girls are kind and respectful of themselves and each other. Our campers develop lifelong friendships that are based on values that have been inherent to Walt Whitman since it was founded by Jed's family over 70 years ago. All of these elements combine to make Walt Whitman a unique and special place where boys and girls come together to have the summer of their lives!

There are many ways that we try to strengthen the Walt Whitman community. We create an environment that encourages kindness, friendship, participation and acceptance by the entire camp community; and we send clear and congruent messages to our campers and their families. To accomplish our goals, we need the support of both campers and their parents. The easiest and most important way that you, as parents, can help to foster the Walt Whitman community is by adhering to our rules and policies and ensuring that your camper understands them as well.

As the summer approaches, we will send more detailed information about scheduling, medications, and more. Questions are sure to arise so plan to revisit this handbook as you prepare for the summer. Lots of valuable information is included. Please do not hesitate to contact us at any time with questions or concerns. We look forward to another wonderful summer at Walt Whitman.

Sincerely,

Carolyn & Jed

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SUMMER 2019 CALENDAR



Wednesday, May 1 ALL forms must be submitted
Wednesday, June 26 Camper Arrival Day
Saturday, July 20 Visiting Day
Sunday, July 21 Second Session Campers Arrive
Sunday, July 21 - Saturday, July 27 Pioneer Camp – Session 1
Sunday, July 28 – Saturday, August 3 Pioneer Camp – Session 2
Wednesday, August 14 Last day of camp
Saturday, August 17 – Wednesday, August 21 Family Camp

REQUIRED FORMS



Forms will be available in CampInTouch in February. At that time, we will send you an email detailing how to complete the forms.

CAMPER BIOGRAPHY

The Camper Biography is most important to us and is reviewed by Jed and Carolyn as well as your child's counselors and Unit Leader. It enables us to know as much as possible about each camper before he/she arrives at camp and helps us to provide each child with the best possible summer. Please include any information that you think would be important to ensure your child's success and happiness at camp.

We do not keep the biographies from year to year because children and circumstances change. We ask that you complete this form each year as we want the most updated information on your child.

We have two camper biography forms, one to be completed by the camper(s) and one to be completed by the parent(s). PLEASE SUBMIT BOTH FORMS BY MAY 1.

TRANSPORTATION FORM

Please fill out the transportation form for your camper's travel to and from camp.

HEALTH FORMS

The various required health forms include Camper Health History, Camper Medical, Immunization and Parent Authorization/Medical Insurance Card forms.

CAMPER TRAVEL TO AND FROM CAMP

Please fill out the online transportation form for your camper's travel to and from camp by **May 1st**.

CHARTERED BUSES

Campers travel to and from camp on chartered coach buses. There is no additional transportation charge. Buses leave from points in Westchester County, Connecticut and Massachusetts. You will receive the departure schedule in early June. Experienced counselors and leadership staff ride the buses to make the trip fun, introduce new campers, play games and prepare everyone for a comfortable arrival at camp.



We do not recommend bringing children to camp by car. The bus ride to camp gives new campers the opportunity to meet their cabinmates and to prepare emotionally for a successful separation from parents and home. Separation can be made more difficult by parents dropping off their camper after several hours of riding in a car together.

FIRST SESSION CAMPERS:

Parents should plan on taking home their child on Saturday, July 20 between 2:00 and 4:00 pm.

SECOND SESSION CAMPERS:

On Sunday, July 21, our bus will depart from Purchase, NY at 9:00 am for camp. Alternatively, parents who would like to drop off their camper may do so between 10:30 and 11:00 am.

CAMPER PICK-UP

If you would like to pick up your child on Wednesday, August 14, please plan on arriving between 9:45 and 10:30 am. Our charter buses will block entry to camp until 9:30 am. We do not have adequate supervision available for children after 10:30 am.



AIR TRAVEL

We offer a chaperoned flight from Southern Florida and Los Angeles, California. We will notify you by mid-February as to which flights our chaperones will be on.



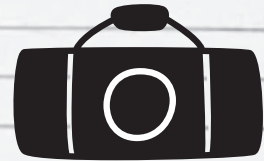
Campers traveling by air to and from places other than Florida and California should reserve flights that are scheduled to arrive at Logan Airport in Boston or Manchester Regional Airport in Manchester, NH on **June 26** between 1:00 and 3:00 pm and that depart Logan or Manchester on **August 14** between 2:00 and 4:00 pm. Walt Whitman representatives will greet arriving campers at the airport and escort them to the airport for their departing flights. **Please check with our office before any flight reservations are made.**

Because of space limitations, the logistics involved and airport regulations, we require that duffels be shipped directly to and from camp. Only a small travel bag or pack frame can be accommodated on the vans that we use to take campers between the airport and camp. Bags must be shipped to and from camp using R&B Shipping, our shipping provider.

BAGGAGE INFORMATION

R&B CAMP BAGGAGE

603-536-2197, www.rbcampbaggage.com



R&B Camp Baggage will again ship our campers' duffels to and from camp. Through a partnership with FedEx, R&B serves the entire United States. R&B has consistently provided Walt Whitman families with prompt, efficient and courteous service, and we encourage you to use them. We will send you an email with detailed information about how to register on R&B's website.

FIRST SESSION CAMPERS:

Parents will need to take the duffels with them when they pick up their campers on Saturday, July 20 or arrange to have them shipped home by R&B.

SECOND SESSION CAMPERS:

Parents dropping off their child on Sunday, July 21 (drop-off is between 10:30 and 11:00 am) may bring their camper's duffels with them or send them to camp by R&B. Parents utilizing our bus service to camp on Sunday, July 21 from Purchase, NY will need to send their child's duffels to and from camp via R&B. This can be done on R&B's website.

Remember, all duffels must be shipped to and from camp with R&B regardless of whether your camper is flying to camp or arriving on our chartered buses. Duffels cannot be taken on our buses.

CORRESPONDENCE TO AND FROM CAMP

MAIL TO CAMP

After June 15, please send all mail to:

Camp Walt Whitman
1000 Cape Moonshine Road
Piermont, New Hampshire 03779



Camper Mail Should Be Addressed To:

<div data-bbox="1218 556 1331 661">A small icon of a postage stamp featuring the American flag.</div> <div data-bbox="782 676 1182 819">Camper Name (*Cabin Number) Camp Walt Whitman 1000 Cape Moonshine Road Piermont, NH 03779</div>

****Cabin number will be sent to families at the start of camp***

Remember, just as parents look forward to getting letters, campers eagerly await their mail. It is especially important that campers receive mail in the first few days of camp.

MAIL HOME

While campers love receiving letters, they often "forget" or are "too busy" to write home. We will remind our campers that this is a responsibility they have to their parents and will do our very best to have them write home twice a week. Younger campers who need assistance will be helped by their counselors. We recommend sending younger campers to camp with a supply of pre-addressed envelopes. Mail will usually take 3 to 4 days to reach you from camp.

E-MAIL

Our e-mail system provides parents the opportunity to send electronic mail to their child. As you might imagine, the volume of email we receive is enormous. While emails are great, campers also love receiving "real mail".

REGULAR WEBSITE UPDATES

To keep you as current as possible with all that's going on at camp, we will regularly update our website. Website updates will include that day's Walt Street Journal (our daily newspaper), announcements of special events, trips, and pictures.

TELEPHONE PROCEDURE

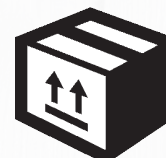


We know from experience that parent calls to children can often be difficult for both — happy campers can “fall apart” on hearing a parent’s voice, then go off to resume having fun with their friends, leaving parents worried and concerned. Nevertheless, we are not comfortable precluding campers from talking with parents by telephone.

Please don’t feel that telephone calls are necessary or encouraged. Letters are the best way to communicate. Campers look forward to receiving them each day and reread them often. However, to accommodate campers and parents who need to touch base by phone, we ask you to adhere to the following procedures:

1. **TIMING OF CALLS:** Campers and parents must wait until **Wednesday, July 3** before talking with each other. This will allow campers to acclimate to camp and to make the necessary separation from home.
2. **SCHEDULING CALLS:** Detailed information about how the online phone reservation system works will be emailed to you when it is ready to go live on **Sunday, June 30**. We schedule phone calls in advance because we do not have a loudspeaker to page campers, and the times when campers are available for a phone call are limited. We cannot have parents “calling in” at scheduled phone times since the lines are usually in use, and we can not always ensure that the camper has arrived to receive a call. We appreciate your understanding of this policy. Last minute scheduling changes due to weather, intercamp commitments, etc. occasionally result in missed camper phone appointments. We appreciate your understanding and will do our very best to reschedule another call as soon as possible. We schedule calls for the second half of the summer after Visiting Day.
3. **CALL TIMES:** Campers who have finished grades 2 through 5 by this summer can be scheduled between 12:30 pm and 1:15 pm and 6:45 pm and 7:15 pm. Campers who have finished grades 6 and 7 by this summer can be scheduled between 1:30 pm and 2:15 pm and 6:00 pm and 6:30 pm. Camper will call at some point in the window you schedule your call. These times are convenient for most campers on most days. Parents of Senior Campers, campers who have finished grades 8 and 9 by this summer, will receive our Senior Camp phone procedures later in the spring.
4. **TIME LIMIT:** **All calls are limited to ten minutes.** While there is often lots to say and tell, everyone must be considerate of other campers and parents who are eager to speak with each other. An active, fully scheduled camp day simply does not leave lots of time for talking on the telephone.
5. **FREQUENCY OF CALLS:** Campers and parents can speak up to four times over the 7 weeks of camp. More frequent telephone contact would disrupt campers and their summer experience. In point of fact, most parents speak with their child no more than two or three times during the summer.
6. **EMERGENCIES OR SPECIAL SITUATIONS:** If an emergency or special situation necessitates an immediate call, please call and speak with our Summer Office Manager, or if after office hours, leave a message. After 9:00 pm, our lines are answered by an answering machine and will be checked regularly until midnight by the Senior OD. Please do not call after 9:00 pm unless there is a true emergency.
7. **BIRTHDAY PHONE CALLS:** If your child has a birthday during the summer, please call our office in advance to set up a special birthday phone call.

PACKAGE POLICY



WE HAVE A NO PACKAGE POLICY AT CWW.

Of course, if there are any essential items that your child requires, you can email our Summer Office Manager, Matt Jackowitz (matt@campwalt.com), to let him know what the items is and when we should expect it. Any item that arrives other than a standard letter will be opened in our mailroom and only those items that have been pre-approved will be delivered to our campers. Any item that arrives without prior approval from our Office Manager will be held in our mailroom until Visiting Day or until the last day of camp. Our goal is to eliminate campers receiving non-essential items in the mail to limit competition within the cabin and relieve parents of any pressure.

BIRTHDAY PACKAGES:

Birthdays at camp are very special and we do allow birthday packages to be sent. Please address Birthday packages to "{Your Child's Name}, Attention: Matt Jackowitz" Label the package "Birthday Present" and email Matt Jackowitz (matt@campwalt.com) in advance to alert him to the package's arrival. Please note that no food can be sent in this package and that all packages will be opened to ensure this is followed. For this reason, we ask that you do not wrap items within this birthday package.

ELECTRONICS POLICY



ELECTRONIC GAMES: Campers are prohibited from bringing hand held electronic games to camp.

CELL PHONES: Cell phones are not permitted at camp. We do not have cell service at camp so cell phones do not provide a reliable means of communication for campers and parents. Our policy regarding cell phones extends to trips out of camp. This is primarily a security concern for us as we do not want campers telling people outside of our camp community where they are and where they are going to be. We ask for your help in enforcing our camp cell phone policy.

IPODS AND OTHER MP3 PLAYERS: With changes in portable electronics occurring so rapidly, we must continually update our electronics policy. We feel strongly that the break that camp provides to children from video games, the internet, television shows, movies, social media, and texting is an essential part of the Walt Whitman summer experience. Therefore any device that is equipped with a Wi-Fi connection, 3G/4G data connection, or has video playing capability is NOT permitted at camp. All tablets, smartphones, the iTouch, and e-readers fall into this category.

We understand that many campers like to listen to music during the summer and want to make sure they are able to do so. Here's what's allowed:

- If you have previously purchased an iPod Shuffle or Nano without a video screen (or if you can still find one in stores or online), these are still great for camp.
- Alternatively, we suggest you consider buying a non-Apple MP3 player. This is a much less expensive option. If you are going to go with a non-Apple MP3 player, you will also need a USB device that will allow you to transfer your music from an iTunes library to the MP3 player.

ELECTRONIC FANS: Large box fans which plug into a wall outlet are not permitted.

ELECTRIC TOOTHBRUSHES: We do not recommend sending these and cannot be responsible if lost.

HEALTH INFORMATION



We are fortunate to have a capable medical staff including a full time resident doctor, six nurses, one athletic trainer, and a health care assistant. They all work hard to provide excellent camper and staff medical care and to be responsive to parent inquiries and concerns.

COMMUNICATION ABOUT HEALTH ISSUES

Serving our very active campers and staff is hard work. We understand the importance of keeping you informed about health issues affecting your child. Our medical staff follows the guidelines below and responds to you as quickly as time allows:

1. We generally will not contact you if your child is seen in the Health Center for routine problems, i.e. minor skin abrasions, headache, cold, etc.
2. If your child is put on antibiotics or kept in the Health Center overnight, a member of our nursing staff will call you. **The phone numbers you provide on your child's Health Form will be used to contact you.**
3. If your child has a medical emergency, we will contact you immediately by phone.

REQUIRED HEALTH FORMS

PLEASE understand that we cannot permit a child to participate in activities unless we have completed Health Forms, including a current health history and physician's examination on file at camp. This helps us to ensure the best quality health care and is for the well-being of your child.

CAMPER HEALTH HISTORY FORM

Parents must complete and submit the online Health History form by **May, 1**. The information required is essential to meeting the possible medical needs of your child. We are required to have this form updated and signed (electronically) every year.

CAMPER MEDICAL FORM

This PDF form must be printed to be completed, signed by your child's physician, and then uploaded to CampInTouch. The annual physical examination form generated by your pediatrician's office is also acceptable. Documentation of a physical exam performed **after August 12, 2018** is required. **There is no need to send in an outdated form; if your child's check-up is late Spring, you may submit the paperwork after the visit to the doctor.**

IMMUNIZATION FORM

This form must be printed and uploaded to CampInTouch. Alternatively, we can also accept the immunization history form provided by your pediatrician's office.

PARENT AUTHORIZATION & INSURANCE CARD

This form must be printed, signed, and uploaded to CampInTouch in order to authorize emergency treatment to your child. Copies of the front and back of your insurance card(s) should be attached. Please remember to **SIGN THIS FORM.**



MEDICAL CHARGES

The camp tuition covers all medical services provided in camp. All medical bills from providers outside of camp will be sent directly to you by the provider to be paid by you or your health insurer.

MEDICATIONS

PRESCRIPTION AND NON-PRESCRIPTION MEDICATIONS



In order to ensure that our medical staff administers all medication sent to camp in the safest and most efficient manner, we work with CampMeds to prepare and prepackage all camper medications. This helps ensure that every camper gets the correct medication and dosage at the right time on the right day. **All daily medication, whether prescription or over the counter, must go through CampMeds.** All medication that is taken as needed can be mailed to camp, to Carolyn's attention, to arrive between June 10th and June 20th. This allows our healthcare staff enough time to prepare for your child's arrival. Additional and more detailed information will be sent in a separate mailing in the spring.

If a camper requires prescription medication from a pharmacy during the summer, the charge will be made to your medical insurance carrier. You will be billed for any deductibles greater than \$20.00.

If your child uses an inhaler or epi-pen, please send two, one for us to keep in the Health Center and one packed to go out on trips.

OVER-THE-COUNTER MEDICATIONS

Our Health Center stocks basic over-the-counter antibiotics and drugs. The following is a partial list of items we stock in the Health Center. Please do not send any of these items with your camper:

- **FIRST AID:**
Ace wraps or any type of band-aids, Bacitracin and/or any type of antibiotic ointment
- **PAIN MEDICATIONS/MUSCLE RELIEF/ ANTI-NAUSEA:**
Ibuprofen and Acetaminophen (pills and liquid), Aleve, Midol, Mineral Ice, Dramamine
- **COUGH/COLD:**
Sudafed, Robitussin, Robitussin DM, Delsym, Cough drops, Chlorospetic, non-pseudo nasal decongestant
- **ALLERGY:**
Claritin, Zyrtec, Benadryl (pills and liquid)
- **CREAMS/LOTIONS/SPRAYS:**
Benadryl, Lotrimin Ultra, Calamine, Caladryl, Hydrocortisone 1%, Gold Bond, Athlete's Foot Cream and Spray, Aloe Gel Sunburn Cream
- **GI HEALTH:**
Tums, Mylanta, Chewable Imodium, Lactaid, Fiber Pills, Metamucil
- **EYES/EARS/NOSE:**
Visine, Clear Eyes, swimmer's ear drops, wax removal ear drops, saline spray
- **ASTHMA MEDICATIONS:**
Albuterol solution and nebulizer



OTHER HEALTH CONCERNS

LYME DISEASE

All of us who live in the Northeast have a heightened concern and awareness of Lyme disease. Our doctors and nurses are trained and educated on the symptoms, tests and medications for the disease. We will contact you immediately should your child present any symptoms.

HEAD LICE

Head lice have reappeared over the past few years in schools and camps across the U.S. Self contained communities like camps are especially vulnerable and must be vigilant to control this problem. To combat head lice, we contract the services of an experienced company to check all campers on the first night of camp.

If any positive cases of lice are found, they will treat the camper on-site. For campers who arrive with lice, the camper's parent will be billed \$375 for this treatment. We will begin treatment immediately so that campers can stay in their cabins on the first night of camp. During the last week of camp, the lice company will return for a final inspection. Any camper found to have lice will be treated at the camp's expense.

We are committed to doing all we can to keep lice out of our community. We encourage you to have your child checked for head lice by a school nurse or pediatrician prior to camp. If any sign of head lice is found, arrange for appropriate and immediate treatment well BEFORE your child leaves for camp and let us know that such treatment has taken place.

ORTHODONTURE

If orthodontic problems occur at camp, we will notify you. With your concurrence (most times, home orthodontists want to be consulted as well), we will take your child to a local orthodontist to resolve the problem and keep your child comfortable at camp. We are unable to provide ongoing orthodontic care. You will be billed for the service.

EYEGASSES

If your child wears eyeglasses, we strongly suggest that you send an extra pair to the Health Center where we will keep them until the end of the summer. The extra pair can be used if your child's glasses are lost or broken. If the extra pair is not needed, we will return them to your child on packing day.

CLOTHING AND GEAR



PACKING LIST

Below is a detailed list of the clothing and equipment needed at camp based on a once a week laundry service (out one day, back the next). We supply a color coded laundry bag to every camper. Please do not send items that are expensive or have sentimental value to camp as we cannot be responsible for their loss. **Please do not overpack! Campers do not need more than what's recommended and storage space is limited.**

Required:

CLOTHING

- 2 CWW forest green tees (ordered through Camp Spot)(**required**)
- 1 pair hiking boots - please break in before camp (**required**)
- 1 water-repellant rain jacket (**required**)
- 8-10 pairs shorts (at least 6 pairs athletic)
- 3 long-sleeved t-shirts
- 2 sweat shirts
- 1 fleece
- 10 T-shirts
- 2 "climate control" T-shirts (not cotton, i.e. Under Armour, Gore-tex, synthetic, breathable) for hiking
- 2-3 pairs long pants
- 2-3 pairs pajamas
- 12 pair underwear
- 12 pairs athletic socks (1 pair of hiking socks)
- 3-4 bathing suits*

OTHER

- 1 pair flip flops/crocs for beach or pool only
- 2 pair sneakers
- 2 hats with brim
- 20 pre-addressed envelopes (campers under 10)
- 3 standard size towels
- 3 standard size beach towels
- 4 washcloths
- 1 shower caddy
- 1 wide-toothed comb (Girls)
- 1 comforter or 3 cot-sized blankets
- 1 pillow – 2 cases
- 4 twin or cot size sheets (2 flat & 2 fitted)
- 1 sleeping bag
- 1 flashlight
- 1 liter water bottle (**required**)
- 1 daypack
- 1 Crazy Creek chair (**suggested**)

***FOR GIRLS: Bikinis are not allowed.** Tankinis are acceptable, but they cannot have a bikini bottom and must cover the mid-section. We recommend that girls wear one-piece bathing suits.

Toilet Articles: (label clearly with full name)

Comb, brush, toothbrush, toothpaste, deodorant (older campers), shampoo, conditioner, liquid body soap, insect repellent, sunscreen.

Sports Equipment: (label clearly with full name)

- Shin guards (**required**)
- Soccer cleats (**suggested**)
- Boys: protective cup (**suggested**)
- Tennis racket (label clearly with full name on handle **and** cover) (**suggested**)
- Softball/Baseball glove (**suggested**)
- Lacrosse Stick (optional)
- Lacrosse Pads and Helmet (optional)

Optional: (make sure to label clearly with full name on all optional possessions)

Camera, Books, Fishing rod, Musical instrument

Please see page 21 for additional equipment and clothing for Senior Camp biking trips.

PURCHASING CAMP CLOTHING

The Camp Spot is our official camp supplier. To make camp clothes purchasing more convenient, Camp Spot's full clothing catalog is included with this handbook, as is a list of upcoming clothing shows at locations throughout the northeast. Please keep in mind that **purchase of the listed clothing from The Camp Spot is strictly optional except for the two Walt Whitman T-shirts** which are required and will be worn for intercamp sports and for trips out of camp.

Allow three weeks for fulfillment of your orders. ORDER EARLY TO ENSURE ON-TIME DELIVERY.

NAME TAPES AND LABELS

Name Tapes and Labels: All clothing and possessions, including sports and camping equipment and footwear, must be labeled with the **camper's first and last name**. Labeling clothes and personal items with initials or first names is not sufficient as many campers share initials and have the same first name. We recommend the following options:

- **The Camp Spot** - www.thecampspot.com - Our official camp supplier, also sells name tapes.
- **Label Daddy** - www.labeldaddy.com - Not only is their quality excellent, but if you use the promotional code **morryscamp** which is set-up for Walt Whitman families, 25% of your purchase will be donated to Morry's Camp.

Many campers have the same brand of rackets and gloves. Please label these appropriately and make sure to label both rackets and racket covers.

CAMPERS MISPLACE CLOTHING AND EQUIPMENT. PLEASE BE SURE THAT EVERYTHING IS LABELED (EITHER SEWN, IRON-ON, INDELIBLE PEN, STAMP, OR STICKER) WITH CAMPER'S FULL NAME.

PROHIBITED ITEMS

Each camper is provided with a cubby to store his/her belongings. Please do not send extra storage containers, including drawer units or under bed containers, as there is no space for these. Any storage containers sent to camp will be held for pickup on Visiting Day. We appreciate your understanding.

Also, please do not send or allow your camper to bring a pocketknife to camp. They are an unnecessary hazard and are prohibited.

BEDDING

We offer summer rental of one pillow, two pillowcases, four sheets, three blankets (70% wool, 30% fiber), and four towels. If you would like to rent bedding, the rental fee is \$50.00. Please complete and return the online rental form. Please note that most campers prefer to bring their own bedding as it is often a comfort from home.

LAUNDRY

Laundry will go out one morning and will be returned the next morning in individual color coded laundry bags provided by camp. Please remember, laundry is done by a commercial laundry service, and expensive/fancy clothes are not appropriate or necessary for camp, nor can the laundry service be held responsible for them.

CAMPING EQUIPMENT

HIKING BOOTS: Hiking boots are essential for all campers. They provide necessary ankle support and comfort. They can be purchased from any good outdoor equipment store and should be sized while wearing wool/dryfit socks. Recommended are boots with good ankle support, **not the low fitting style.**

CAMPING GEAR: All campers hike or are on a trip one day per week. All campers will need at least one 1-liter water bottle. They also should have at least two T-shirts made of synthetic material (such as used for sports wear-NOT cotton), a waterproof jacket, and thick over-the-ankle hiking socks. A daypack (ex. school backpack) is also required. Campers who have completed 6th grade have the opportunity to choose to take part in a multi-day camping/hiking expedition. Those participants also require, in addition to the equipment listed on the next page, a good quality rain jacket (**NOT a poncho**) preferably made of Gore-Tex or equivalent, rain pants, fleece, warm hat, and two pairs of hiking socks. Mess kits are not required for campers who have not yet completed 6th grade, but are required for older campers.

SLEEPING BAGS AND SLEEPING MATS: We highly recommend that all campers bring a sleeping bag to camp as every age group will participate in at least one overnight campout. It is a worthwhile investment to purchase a quality sleeping bag as it can last for a lifetime. While camp will provide campers in need with a sleeping bag, please note that these are communal sleeping bags that logistically cannot be cleaned after every usage.

Campers who have not yet completed 6th grade need only a summer rated bag, but older campers participating in an overnight expedition require a good quality sleeping bag that can go down to 30°F or below and pack to a small size. Closed-cell or inflatable (Therm-a-rest) sleeping mats are also a useful option for older campers.

FRAME PACKS: Campers who have finished 6th, 7th, 8th, and 9th grades will require a frame pack at camp in order to participate in our overnight hiking program. Camp will provide a frame pack to any child who needs one. However, while the packs we provide are high quality, over the years many campers have preferred to bring their own personal frame pack because of the increased comfort. Should you want to purchase a frame pack for your child, you can find our recommended packs below. The benefit to purchasing your own frame pack is that it can be individually fit to your child's body and can grow with him/her over time.

EQUIPMENT RECOMMENDATIONS:

DAYPACKS

- Option 1: Utilize your child's school backpack
- Option 2: Osprey Daylite Daypack \$50 (www.campmor.com)

SLEEPING BAGS

- Marmot Banzai Trestles 35 degree Mummy sleeping bag (kids) \$65 (www.campmor.com)
- Kelty Tuck 20 synthetic sleeping bag \$90 (www.backcountry.com)

FRAME PACKS

- Jansport Katahdin 70 Internal Backpack \$130 (www.backcountry.com)
A basic, adjustable pack suitable only for summer season use.
- REI Co-op Tarn 65 Pack – Kids \$165 (www.REI.com)
High quality, durable, adjustable pack suitable for campers who will have longer term use of frame pack.

SLEEPING MATS

- Therm-a-rest Ridge Rest SOLite Sleeping Pad \$20 (www.backcountry.com)
- Therm-a-rest Z Lite Sleeping Pad \$40 (www.backcountry.com)

MESS KIT

- GSI Outdoors Cascadian 1-Person Table Set \$13 (www.REI.com)

CAMPING EQUIPMENT *Continued*

The chart below is designed to help you determine what hiking and camping equipment is required for your child's age group. Please contact us with any questions.

EQUIPMENT ITEM	GRADE COMPLETED JUNE 2019							
	2	3	4	5	6	7	8	9
1 1-Liter Water Bottle	•	•	•	•	•	•	•	•
1 Climate Control Fabric T-Shirt	•	•	•	•				
2 Climate Control Fabric T-Shirts					•	•	•	•
1 Water-Resistant Hooded Jacket (Not Poncho)	•	•	•	•	•	•	•	•
2 Pairs Over-the-Ankle Hiking Socks	•	•	•	•	•	•	•	•
1 Day Pack (e.g: School Back Pack)	•	•	•	•	•	•	•	•
1 Pair Over-the-Ankle Hiking Boots			•	•	•	•	•	•
1 Pair Hiking Boots / Shoes	•	•						
1 Pair Rain Pants					•	•	•	•
1 Fleece	•	•	•	•	•	•	•	•
1 Warm Hat					•	•	•	•
Sleeping Bag	•	•	•	•	•	•	•	•
Frame Pack					•	•	•	•
Mess Kit					•	•	•	•
Sleeping Mat					•	•	•	•



OPTIONAL PROGRAMS

INTENSIVE TENNIS



For over 20 summers, we have been privileged to have Dave Porter as our tennis director. Dave is the longtime head coach of the men's and women's tennis teams at Brigham Young University in Hawaii and the former President of the United States Professional Tennis Association (USPTA). He is a member of the USPTA High Performance Coaching Committee and, along with six others (including Billie Jean King, Chris Evert and Nick Bollettieri), helps to develop the curriculum for coaches of elite players in the United States. He regularly gives seminars and tennis clinics to coaches around the world and has published numerous articles on tennis related topics.

Dave's teams at BYU-Hawaii have won a total of 10 NCAA Division II Championships. Dave has been named Collegiate Coach of the Year five times and has spent a month in China each of the past five years coaching the Chinese National Team. In 2003, Dave became the only coach in NCAA history to lead men's and women's teams to consecutive NCAA championships.

To take full advantage of Dave's exceptional teaching ability, we offer a special intensive tennis option for our campers. The intensive tennis program provides private and small group instruction from Dave and several of his top instructors. Participation in the program is limited to truly committed camper tennis enthusiasts. Campers receive an extra two hours of instruction per week (twelve hours in all over the course of the summer). For campers finishing 2nd-5th grade, these lessons will occur at rest hour. For campers finishing 6th-9th grade, these lessons will be before breakfast. The total cost for this additional twelve hours of instruction is \$400 per camper. The fee for First or Second Session campers is \$200. You may enroll in this program online by selecting it on your forms dashboard. The form should be mailed to our office accompanied by a **check made out directly to Dave Porter.**

PLEASE NOTE: Since Dave can only accommodate a limited number of campers, places are reserved on a first enrollment basis up to the maximum number Dave can accommodate by age.

WATERSKI SPECIALTY



All of our campers will participate in our regular waterski program; however campers finishing grades 4 through 9 by this summer may receive extra instruction by participating in our waterski specialty. The waterski specialty includes four additional 3-hour sessions of waterskiing. These sessions will be given by Camp Walt Whitman's own instructors and take place on Newfound Lake at Camp Wicosuta, a 30 minute drive from camp.

The cost for this program is \$200 per camper. Please complete the form online and return it to us by **May 1**. There is a limited enrollment space of 45 campers, and after May 1, we cannot guarantee a place in this program. Campers will be enrolled on a first-come first-served basis.

Campers who register for the waterski specialty may occasionally find that special activities and trips conflict with their waterski specialty. We will do our very best to reschedule missed waterski time, but please understand that this is not always possible, and a refund cannot be made for waterski time missed due to alternate group scheduling, camper selection of another activity, elective intercamp games or weather.

Because of the complexity involved with scheduling, this option is only available to 7 week campers.

INTENSIVE GOLF

Intensive Golf is for campers finishing grades 4 through 9 by this summer who are committed to developing their golf game. Campers will receive additional weekly instruction for a minimum of 6 hours of small group and individual instruction throughout the summer and will take at least two trips to local golf courses.



Because this program complements a very active day for all campers, we do not believe participation for younger campers (those finishing grades 2 or 3 by this summer) is appropriate. In addition, there is a limited enrollment of 16 and places will be filled on a first-come first-served basis. The cost for this program including lessons and greens fees is \$350 for 7 week campers (6 lessons) and \$200 for First or Second Session campers (3 lessons). **Please complete this form by May 1.**

HORSEBACK RIDING

Riding is an optional off-camp activity for campers who are passionate about riding. Riding is held bi-weekly from 4:00 - 7:00 pm. Campers will have a late dinner and then rejoin their cabin at their evening activity that is already in progress. Every rider must bring with them to camp a riding helmet and riding boots or sturdy shoes with hard heels. Hiking boots with treads or sneakers are not permissible.



Our experience has been that campers, particularly younger and new ones, prefer to participate in their group's scheduled activities rather than leave for horseback riding. We will not insist that a child ride but can only offer the opportunity. The fee for 7 week campers is \$300 (4 sessions) and the fee for First or Second Session campers is \$150 (2 sessions). Campers who register to ride may occasionally find that special activities and trips conflict with their riding schedule. We will do our very best to reschedule missed riding time, but please understand that this is not always possible, and a refund will not be made for riding time missed due to alternate group scheduling, camper selection of another activity, elective inter-camp games, or weather.

The enrollment and release form must be completed online, and payment sent to us before **May 1** to assure participation in the riding program. Space is limited, and places are reserved on a first enrollment basis.

ACADEMIC TUTORING

We offer tutoring to any camper needing academic support or requiring remediation in English or Mathematics. In addition to remediation in basic skills, we also offer a program for campers who need to work on their study/research skills or who simply need to do review work in a subject area to strengthen and prepare for the coming academic year. We have several certified teachers on our staff to offer this program, and it will be scheduled to minimize any interference with regular camp programming. Our tutors will be happy to speak with your child's school directly if necessary. If you would like to enroll your child, this form will be available in CampInTouch in February. If you have any questions, please contact Stephanie Herr at our Winter office at (914) 948-9151.



BAR/BAT MITZVAH TUTORING

We offer Bar/Bat Mitzvah tutoring for campers preparing for a Fall Bar/Bat Mitzvah. The cost for this program is \$150 for four sessions. If you would like to enroll your child, this form will be available in CampInTouch in February. If you have any questions, please contact Stephanie Herr at our Winter office at (914) 948-9151.

TRIPS



OFF CAMP TRIPS

Baker River:

Campers finishing 2nd and 3rd grade by this summer

Once a summer, our youngest campers get to spend a night and a day with their own cabin group at our Baker River Campsite, 10 miles from camp. It is a wonderful location where the water runs clean and cold over a rib of white granite rock that forms a beautiful clear pool. Campers arrive late afternoon and spend the evening eating a fabulous dinner, listening to stories and eating marshmallows around a campfire. The next day they have breakfast, explore the upper reaches of the river, have lunch and come back to camp mid-afternoon after a stop at Moose Scoops ice cream. A great time for all!

Special Excursions:

Campers finishing 2nd through 5th grade by this summer

Special excursions are exciting overnight trips that take place during the second half of camp and are a true highlight of each camper's summer. All special excursions involve an outdoor experience along with a visit to a unique, local attraction. Outdoor experiences from past trips have included nature walks along beautiful North Country landscapes, exploring cascades to see the wonder of natural rock slides and a chance to play in picturesque waterfalls. Some of the attractions our campers have visited include splashing around at the waterpark, incomparable views from the gondola as they scale a mountain and museum exhibits chock full of science and history. All trips include camping out at scenic sites complete with a campfire and s'mores under the beautiful New Hampshire stars. No special excursion would be complete without finishing the adventure with one last stop for ice cream at Moose Scoops or the Ben and Jerry's Factory.

Lake Placid Adventure Days:

Campers finishing 6th grade by this summer

Day 1: Children will depart CWW on deluxe coach bus and arrive early-afternoon at our campsite in the heart of Lake Placid. Campers will enjoy the afternoon and evening exploring this beautiful and historic village with their counselors, including the opportunity to tour the Olympic Museum.

Day 2: Campers will head to Whiteface Mountain where they will have options to participate in mountain top yoga, enjoy a highly rated disc golf course, participate in a Fun Zone park, and enjoy an Airbag jump. After lunch, campers will head to the Olympic Junior Complex where they will have the opportunity to pilot a training luge down a paved course, receive a hockey shot clinic (don't forget Lake Placid was home to The Miracle on Ice in 1980), and participate in a paintball biathlon. This will all be followed by a guided tour of the jumping complex, including a glass elevator trip to the top of the 120 meter ski jumping tower.

Day 3: Campers will head to Lake Placid's famous Olympic Bobsled track. Here, all campers get to experience the excitement of this Olympic sport as they enjoy a real bobsled ride accompanied by a professional driver and a professional brakeman on every sled. Afterwards, campers will return to camp with what we are sure will be wonderful stories!

The cost for this program is \$450 and will appear on your spring tuition statement. This includes admission fees, instructional fees, equipment rental, transportation, and meals and snacks each day.

White Water Rafting:

Campers finishing 7th grade by this summer

We offer campers in their final summer of Main Camp the chance to go whitewater rafting on Maine's Kennebec River. They have always returned describing their trip to everyone as "AWESOME," "INCREDIBLE," "THE BEST!!" This trip is an annual event for upper campers who will graduate to Senior Camp the following summer.

On Wednesday, July 24, they will travel by deluxe coach bus to Maine and stay for two nights at a beautiful campsite on Pleasant Pond. Thursday, they will have the "thrill of a lifetime" whitewater rafting on the Kennebec River, and they will end their day with a steak cookout on the Kennebec's shores. They will return to camp Friday night having spent a leisurely day of sightseeing on the way back to camp.

To make this trip the best and safest possible, we use Three Rivers Whitewater Rafting. Three Rivers has an excellent reputation, and we have been most pleased with their professionalism. Three Rivers provides specially equipped whitewater rafts, wet suits, all necessary equipment, and an experienced guide in every raft.

The total cost of this three-day trip is \$495 and appears on your spring tuition statement. This includes meals, guides, equipment, and transportation by air-conditioned deluxe coach bus. In the spring we will send additional information from Three Rivers. If, for any reason, you do not want your child to go, he or she will be able to remain at camp and participate in regular activities.

OPTIONAL BIKING TRIPS - FOR CAMPERS IN SENIOR CAMP

Please see next page for additional clothing and equipment needed for biking trips.

For our senior campers, we offer the opportunity to participate in 5 or 6-day biking trips. Due to concerns for camper safety, only those campers who are strong bikers can participate.

Bike Maine: From Camp to the Sea: *Optional: Campers finishing 8th grade by this summer*

This trip from camp to the Maine Seacoast, provides an opportunity for the first year seniors to experience this exciting sport through rolling hills and backcountry roads. The cost of this trip is \$425.

Mileage: 25 to 35 miles a day. Flat, moderate rolling hills, and a few tough climbs.

- Day 1:** Monday morning and afternoon meet with trip leaders for a bike workshop, trip prep and local practice rides.
- Day 2:** Meredith: We'll get an early start for a great ride into Plymouth where the group can stop for a snack at the wonderful bakery. Continue Southeast along the Pemigawasset River down to Ashland for a picnic lunch and ride the final distance to Meredith and the campground.
- Day 3:** Wolfeboro: It is a fantastic ride, although it's a little hilly, to the shores of Lake Winnepesaukee at Weir's Beach. You can play in the water, explore the pier, and then catch the ferry "Mt. Washington" across the lake to Wolfeboro. Cycle the last six miles to the Wolfeboro Campground.
- Day 4:** Sanford: This will prove to be your most challenging day as you pedal along the rolling hills that take the group across the border into Maine!!! You'll love riding on scenic route 109 to your destination east of Sanford.
- Day 5:** Wells Beach: From the moment you hop on your bike you can smell the salt air as you approach your final destination: WELLS BEACH. You and your friends will plunge in the ocean and play in the surf before you board the CWW van and head back to camp in time for dinner.

Bike Vermont: From Camp to Burlington: *Optional: Campers finishing 9th grade by this summer*

Travel through the scenic back roads of Vermont passing through Montpelier, Stowe and on to Burlington. For the second year senior camper who wants a new and different challenge. The cost of this trip is \$425.

Mileage: 25 to 40 miles per day.

Terrain: Moderate to hilly, with a challenging climb over Smuggler's Notch outside of Stowe.

Day 1: Sunday morning and afternoon you'll meet with trip leaders for a bike workshop, trip prep and local practice rides.

Day 2: Groton: Depart Camp Walt Whitman and begin your journey West across the Connecticut River. Get ready to climb out of the lush river valley and cycle past Vermont's famous dairy farms toward our campground in Groton State Forest.

Day 3: Montpelier: After breakfasting on the delicacies of one of Vermont's classic country stores, you'll take an easy cruise along Rt. 302 to Montpelier. Believe it or not, this cute little town, with a population smaller than some apartment buildings in New York City, is the capitol of Vermont.

Day 4: Stowe: Ahhh, you'll love the flat valley terrain during the first half of the day up to Waterbury Center. After a group feeding frenzy and tour at Ben & Jerry's Ice Cream Factory, we'll be ready for the climb to our campground at the base of Mt. Mansfield. Take a thrilling ride down the alpine slide or take a quick jaunt over to the Von Trapp Family Lodge - founded by the same singing family that starred in the movie Sound of Music.

Day 5: Underhill: The sense of accomplishment is overwhelming as you conquer the big climb up Smuggler's Notch and savor the long descent to the quiet town of Underhill. The campground is perfect for Ultimate Frisbee and other group games and has a pond for fast relief from the sun.

Day 6: Burlington: Complete your triumphant entry into Burlington where you will celebrate with a noontime feast, leaving time to explore this vibrant city. Return to Walt Whitman and share the memories of your journey.

Additional Clothing/Equipment List for Campers Going on Biking Trips

Developing a suitable clothing list is a difficult task at best! On the one hand, it is necessary to limit the number and variety of items in order to keep weight and bulk to a minimum. At the same time, we must be prepared for a wide range of weather conditions – heat, cold, wind, rain, etc. We have taken a layering approach in developing our clothing list. As weather conditions change, we add or remove items of clothing to maintain a satisfactory level of comfort. Please adhere closely to the suggested clothing list. It is acceptable to substitute items as long as they fulfill the same basic function as the item you are replacing. Do not bring additional items – they just take up room and add extra weight.

General Clothing and Equipment:

- 2 pairs cycling shorts (recommended) – *The best and most comfortable option is a lycra or wool cycling short with a synthetic or chamois liner. If you don't want to invest in cycling shorts, a comfortable, non-chafing, cotton or cotton/polyester short is acceptable. Whatever you decide to bring, be sure you cycle in them to ensure that they don't chafe.*
- Gloves (recommended) – *fingerless, padded riding gloves*
- Eye Protection – *sunglasses or clear eye wear*

The following items are provided:

- Helmet – S.N.E.L.L. &/OR A.N.S.I. approved
- Two water bottles & bottle cages – *attached to your bike*
- Handlebar bag – *for maps, camera, snacks, sunscreen, etc.*
- Rear rack
- Bike lock and cable
- Spare tube(s) and patch kit

SENIOR CAMP BUS TRIPS

Maine Seacoast Bus Tour: *Campers finishing 8th grade by this summer*

First year senior campers and staff will depart camp by deluxe coach bus on Monday morning, July 29, for five days of fun enjoying the Maine Seacoast. The first stop is Freeport, ME. Campers will explore the town before making their way to Brunswick where they will set up camp at Thomas Point Beach and have S'mores as the sun sets over Thomas Bay.

Day two we arrive at Mount Desert Island in Bar Harbor, ME. After an afternoon round of mini-golf at Pirate's Cove, we'll spend the afternoon exploring this historic fishing village, sampling the local food and watching a breathtaking sunset over the harbor.

Wednesday morning we head to Acadia National Park where we will spend a beautiful afternoon playing in the Atlantic Ocean at Sandy Beach. For campers who want to gain a unique perspective of the area, we'll offer a hike up Beehive Mountain which offers stunning panoramic views. In the afternoon we'll go out on a lobster boat to catch lobsters. Today's catch becomes tonight's dinner as campers enjoy the freshest lobster imaginable. This is followed by an evening at the Great Maine Lumberjack Show which provides a great night of entertainment.

Thursday morning we'll head to Portland, Maine which is highlighted by watching a Portland Seadogs minor league baseball game and then enjoying a concert in Monument Square in downtown Portland.

On the final day of the trip, campers will enjoy the beach and the carnival rides at Old Orchard Beach where a panoramic view of the coast can be seen from the top of the Ferris wheel. Then it's back to camp to share the experience with everyone at our Monday meeting.

The total cost for this trip is \$725 and will appear on your spring tuition statement. This includes all meals, lodging, admission fees and transportation by deluxe coach bus.

Montreal/Quebec City Bus Tour: *Campers finishing 9th grade by this summer*

On Monday morning, July 29, our second year Senior Campers will depart on an exciting five-day trip to Canada. The first two days will be spent in historic Quebec City where campers will explore the sights and sounds of the oldest city in Canada. Campers will explore this historic walled city and discover all that makes it so special, including an evening ghost tour of the city; learning about the history of the city's founding days and the ghosts that the locals claim still roam the streets today. Campers and staff will camp at a beautiful campsite just outside the city limits while visiting Quebec City.

On Wednesday morning, campers will pack-up camp and head to Montreal, stopping for some wet and wild fun at Valcartier Water Park. Afterwards, campers will check into our hotel in Montreal before spending an evening dining in Old Montreal and exploring the cobblestone streets of this beautiful city.

Thursday, our second year Senior Campers and staff will spend the morning in downtown Montreal, where they can visit the quaint shops and outdoor cafes, spend time at the Montreal Museum of Fine Arts, or relax in the park before heading to LaRonde Amusement park for an evening of roller coaster riding and a spectacular fireworks show!

On Friday, campers and staff will travel back to camp with lots of wonderful experiences and memories to share with our entire camp at our Monday Morning Camp Meeting.

The total cost of this trip is \$825 and will appear on your spring tuition statement. This includes all meals, lodging (2 nights at a campsite, and 2 nights at a hotel), tour guides, admissions fees, and transportation by deluxe coach bus.

From all of the past trips to Canada, we know that this trip will be a wonderful experience for our campers culminating a terrific last summer at CWW before many of them become Walt Whitman CITs in 2020.

IMPORTANT: PASSPORTS REQUIRED: All 2nd year Sr. Campers will be required to bring their passports to camp with them this summer. We will store their passports in our camp safe and provide them to our Sr. Camp Director for the trip. Each camper will have their passport returned to them on the last day of camp. Campers without passports will not be able to make this trip to Canada.

CAMPER BANK



Generally speaking, our campers have little or no use for money at camp. When campers are on trips, camp pays all expenses including snacks, etc.

Campers finishing 2nd through 4th grades have absolutely no use for money during their time at camp.

Campers finishing 5th through 9th grades do like to have some “extra” money to take with them on their special trips. We believe a reasonable perspective should be kept on camper spending away from camp. Therefore, we have built a “camper bank” payment into your March invoice. All families in each age group will be invoiced the same amount of “camper bank,” and we will distribute this money to campers while they are on their trips. When not on trips, this money will be held in our safe. Any unused money will be returned to the child on the final day of camp.

CHARGES WILL APPEAR AS FOLLOWS:

➤ **CAMPERS FINISHING 5th GRADE: \$30**

Fifth graders have the opportunity to visit the “Ben & Jerry’s” ice cream factory on return from one of their hikes. Campers like to buy mementos; \$30 is more than enough as CWW pays for those fabulous ice cream sundaes.

➤ **CAMPERS FINISHING 6th GRADE: Full/Second Session - \$65 First Session - \$20**

Adventure Days offer limited opportunities to spend money, and \$65.00 for mementos is more than enough.

➤ **CAMPERS FINISHING 7th GRADE: Full/Second Session - \$50 First Session - \$20**

White Water Rafting is an exciting three-day adventure and campers often like to buy a tee shirt or sweatshirt with Three Rivers Rafting’s design.

➤ **CAMPERS FINISHING 8th AND 9th GRADES (SENIOR CAMPERS): \$300 broken down as follows:**

• **Canada or Maine Seacoast Trips: \$200**

Although all expenses are paid on the five day Maine Seacoast and Quebec City/Montreal trips, campers like to have “extra” spending money for mementos; \$200 is more than enough.

• **Hanover: \$40**

The Hanover trip to visit Dartmouth College is a trip all senior campers enjoy at the end of the summer.

• **Biking: \$60**

Campers participating in five day bike trips like to have some “extra” spending money as well.

➤ **CAMPERS FINISHING 10th GRADE (CITS): \$450**

CITs will have their trip to Hawaii, a weekly day off out of camp as well as an overnight group trip.

VISITING DAY - Saturday, July 20, 2019

Visiting Day starts at 10:00 am on Saturday and ends at 4:00 pm. Please understand that with the exception of second year senior campers, it is firm camp policy that campers may not leave the campgrounds during Visiting Day.

We try to make Visiting Day a relaxed family time together. We do not believe in “putting on a show” for parents but rather want our camp families to simply experience camp and enjoy being together.

Saturday morning is spent visiting, touring camp, meeting counselors and friends. After a buffet lunch on the front lawn, the afternoon offers the opportunity for parents and campers to participate in activities throughout camp together. Parents depart at 4:00 pm.

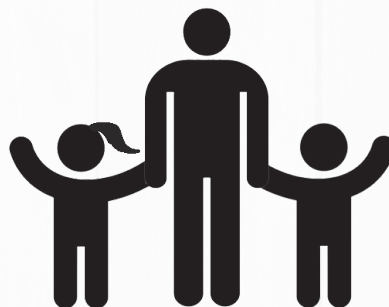
NO DOGS ALLOWED IN CAMP ON VISITING DAY – we appreciate your understanding.

PARKING

Our gates will open for parking on Visiting Day at 9:00 am. All cars will be parked on the upper softball field between 9:00 am and 10:00 am with only handicapped parking accessible in the main part of camp. Coffee and snacks will be served between 9:00 am and 10:00 am, at which time all parents will be permitted to walk the $\frac{2}{10}$ mile into the center of camp. Since everyone will be parked in the same general area no matter when they arrive, and everyone will be permitted into camp at the same time, there is no need to rush to camp “to get an early place in line.”

FOOD

Because we know campers like to have parents bring favorite treats to camp and we do not want to police visitors, we do not have a policy which limits what parents bring in. Unfortunately, many parents go to excess, often at the request of their child, and bring with them large amounts of candy, junk food, drinks and even “exotica” like pizza, Chinese food and bagels and lox. For the most part, all of these items are served at camp, but parents still feel the need to provide their camper with even more. The unfortunate result of this excess is that many campers wind up with stomachaches, and we have an overworked nursing staff seeing campers at all hours of the night. We urge you to limit what you bring into camp. We also want you to know that **all food is removed from cabins immediately after you depart** despite camper pleas to the contrary. We do this out of concern for the health of our campers and the general good of our camp community. As a reminder, camp is a **nut free** community and we ask that you keep this in mind when bringing food into camp. We appreciate your understanding.



JUNIOR CAMP PLAY

If your child is a 7-week camper finishing 2nd or 3rd grade in June 2019, they will perform their play on Thursday night for the whole camp and then again for you on Saturday morning of Visiting Day, at 11:00 am.

SECOND YEAR SENIOR CAMPERS

Second year senior campers, those who have finished the ninth grade, may leave camp with only their parents on Saturday afternoon of Visiting Day at 1:00 pm. They must return to camp by 10:00 pm. Before leaving, they must sign-out with the Senior Camp Director, and they must sign-in at the office upon their return. Younger siblings may not accompany their second year senior camper sister or brother out of camp. This is a special privilege for second years only. For families who prefer not to make a second drive back to camp, we provide transportation for campers from Hanover back to camp. Our vans will depart Hanover at 9:15 pm.

ANNUAL CWW SIBLING SLEEPOVER

Saturday night of Visiting Day, brothers and sisters entering 2nd, 3rd, or 4th grades in September 2019 are invited to sleepover at camp. They will enjoy our traditional Saturday night barbeque, have a specially planned evening with lots of games and fun, and then sleep in their brother's or sister's cabin or with a specially chosen "Big Brother or Big Sister" (we have to keep boys with boys and girls with girls). If your camper is in Upper or Senior Camp, his/her sibling will be assigned to an age appropriate younger camper for the sleepover.

At 8:30 am on Sunday morning, parents return to camp and meet their children at our Pavilion. From the Pavilion you will take your younger child home with you, and, after saying goodbye to your camper, he/she will rejoin his/her cabin for their 9:10 am activity.

If your child is a Second Session camper or Pioneer Camper, he/she will spend the night at a hotel with you, rather than spend the night at camp. We want to make sure that campers are fully rested in order to start their camp experience as fresh as possible. Also, please note that unfortunately it is not possible for younger siblings of First Session campers currently in grades 1-3 to spend the night with us on Saturday.

Because of space limitations and concerns for safety and supervision, we are sorry that we cannot invite former campers or siblings older than 4th grade to sleepover. If your child would like to stay over with us, please complete the sibling sleepover form online by May 1st.

HOTEL RECOMMENDATIONS



We suggest making your reservations as soon as possible.

Fairlee, VT (30 minutes to camp)

Silver Maple Lodge and Cottages - 800-666-1946/802-333-4326; www.silvermaplelodge.com

Hanover, NH (40 minutes to camp)

Element Hanover-Lebanon - 603-448-5000; www.elementhanoverlebanon.com

Six South St Hotel - 603-643-0600; www.sixsouth.com

Hanover Inn - 603-643-4300; www.hanoverinn.com

Haverhill, NH (15 minutes to camp)

Gibson House - 800-989-2150/603-989-3125; www.gibsonhousebb.com

Holderness, NH (approx. 60 minutes to camp)

Manor on Golden Pond - 800-545-2141/603-968-3348; www.manorongoldenpond.com

Lebanon, NH (45 minutes to camp)

Courtyard by Marriott - 888-236-2427/603-643-5600; www.marriott.com/hotels

Days Inn - 603-448-5070; www.daysinn.com/lebanonnh

Residence Inn by Marriott - 603-643-4511; www.marriott.com/hotels

Lyme, NH (25 minutes to camp)

Breakfast on the Connecticut - 888-353-4440 /603-353-4444; www.breakfastontheconnect.com

The Lyme Inn - 603-795-4824; www.thelymeinn.com

Norwich, VT (40 minutes to camp)

Norwich Inn - 802-649-1143; www.norwichinn.com

Orford, NH (20 minutes to camp)

White Goose Inn - 603-353-4812; www.whitegooseinn.com

Plymouth, NH (35 minutes to camp)

Federal House Inn - 866-536-4644/603-536-4644; www.federalhouseinnnh.com

The Common Man Inn & Spa - 866-THE-CMAN/603-536-2200; www.thecmaninnplymouth.com

West Lebanon, NH (45 minutes to camp)

Fireside Inn & Suites - 877-258-5900/603-298-5900; www.firesideinnwestlebanon.com

Sunset Motor Inn - 603-298-8721; www.sunsetinnnh.com

Baymont Inn & Suites - 800-337-0550/603-298-8888; www.baymontinns.com/westlebanon

White River Junction, VT (40 minutes to camp)

Comfort Inn - 802-295-3051; www.comfortinn.com

White River Inn and Suites - 802-295-3015; www.whiteriverinnandsuites.com

Holiday Inn Express - 802-299-2700; www.hiexpress.com

Hampton Inn - 802-296-2800; www.hamptoninn.com

Super 8 Motel - 802-295-7577; www.super8.com/whiteriverjunction

Hotel Coolidge - 802-295-3118/800-622-1124; www.hotelcoolidge.com

RESTAURANT RECOMMENDATIONS

Bradford, VT

Colatina Exit - 802-222-9008; www.colatinaexit.com

Hanover, NH

Pine Restaurant, Hanover Inn - 603-646-8000; www.pineathanoverinn.com

Molly's - 603-643-2570; www.mollysrestaurant.com

Lou's Restaurant & Bakery - 603-643-3321; www.lousrestaurant.com

Canoe Club, Main Street - 603-643-9660; www.canoecubhanover.com

Salt Hill Pub - 603-676-7855; www.salthillpub.com

Lebanon/West Lebanon, NH

Three Tomatoes Trattoria - 603-448-1711; www.threetomatoestrattoria.com

Weathervane - 603-298-7805; www.weathervaneseafoods.com

Lyme, NH

Stella's Italian Kitchen and Market - 603-795-4302; www.stellaslyme.com

Ariana's Restaurant - 603-353-4405; www.arianasrestaurant.com

Orford, NH

Peyton Place - 603-353-9100; www.peytonplacrestaurant.com

Plymouth, NH

Lucky Dog Tavern and Grill - 603-536-2260; www.luckydogtavernandgrill.com

Italian Farm House - 603-536-4536; www.thecman.com

Foster's Boiler Room at The Common Man Inn - 603-536-2764; www.thecman.com



CAMP
WALT WHITMAN
EST. 1948

DIRECTORS

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